

The White Horse Eaton Bray Beds Mark Eator Bray Beds **Eaton Bray**

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Due to the current situation re
Coronavirus, this issue was unable to be printed and distributed and is only available online at www. thefocusmagazine. co.uk

NORTHALL BAPTIST CHAPEL

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(just beyond the 30 speed limit signs on the road towards Leighton Buzzard) Everyone is welcome to our Sunday worship each week between 11am and 12.30pm including tea/coffee and time to talk together.

For more information contact: John Hazell 01525 218142 Email northallchapel@btinternet.com Web: www.northallbaptistchurch.org

There has been a Baptist Chapel in Northall for more than 200 years. Today we continue to seek to worship God, serve him in our daily lives and support and encourage one another in the difficult and the joyful times.

The Focus Magazine Committee

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Focus accepts no responsibility as to the accuracy or content of any advertising or articles published in 'this' magazine, neither do they reflect the opinion of members of the Committee.

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Kindly Note

Focus would like to remind contributors that the deadline for articles is the 10th of the preceding month

If the event you wish to advertise falls in the first week of the month, it is advisable to get the details into Focus a month earlier. The magazines are not delivered from the printers until the first of the month, therefore it takes a few days for them all to be circulated throughout the village.

**Editor*

Focus is online at www.thefocusmagazine.co.uk

After Lockdown Village Diary

Eaton Bray Pre-school, Eaton Bray Lower School, 01525 220468 Mon-Fri

(term time)

Weekly

Dagnall Under 5's, Dagnall Village Hall, 9.15am - 12.15pm, Mrs Ann Tobin 07816 Mon-Fri

(term time) 358342

Mon-Fri Edlesborough Pre-School, Edlesborough School, 01525 220431

(term time) manager@edlesborough.bucks.sch.uk

Mon-Thu Totternhoe Pre-school, mornings, Totternhoe Lower School, Michelle Urbanowicz on

(term time) 01582 668841

Mondays Pilates, 10.45am, Totternhoe Memorial Hall, Lisa: 07832 230774 Mondays Dagnall Community Choir, All Saints Church 7.45 – 9.45pm

Mondays Movement and exercise classes with a dance flavour, Northall Village hall 2-3.30, Contact

(term time) Jan 01442 864271.

Curtain Call Youth Theatre 5-7.30pm, Eaton Bray Village Hall, Gavyn 01525 220525 Mondays Mondays Curtain Call Theatre Group - 7:30-10:30pm Eaton Bray Village Hall, Sheila -

sdtwinkletoes@yahoo.co.uk

KFPA ISTD Classical Ballet classes, 3+vrs, 4.15pm, Edlesbrough Memorial Hall, www. Mondays

kfpa.co.uk

Cubs (8-10 ½ years old), 6.30pm - 8pm, 1st Eaton Bray & Edlesborough Scout Hut, High Mondays

Street, Edlesborough. Contact Liz Coates 01442 842550

Yoga, 6:45pm, Edlesborough Memorial Hall, contact 07837 727302 Mondays Mondays Barre, 8pm, Edlesborough Memorial Hall, contact 07837 727302 Tuesdays Pilates, 10-11am, Eaton Bray Village Hall, Nicky Roussou 07861 162680

Tuesdays Totternhoe Baby & Toddler Group, 9.30-11.30am, St. Giles Church Hall, Ruth Allen,

01525 222468 or 07796 265174 or email ruthallen002@gmail.com

Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall, Tuesdays 07800 518654

Tuesdays Beginner's Boxercise, 6-7pm Dagnall Village Hall, Josh Thompson 07456 574405 or

itptinfo@gmail.com

Tuesdays Coffee Morning, Bring & Buy, Table Top Sale, 10-12noon, Salvation Army Hall, Booth

Fortnightly Place, Eaton Bray

Pilates, 8pm, Northall Village Hall, Lisa: 07832 230774 Wednesdays

Northall & District Age Concern Wednesday Club, 10am - 3pm, Northall Village Hall, Wednesdays

Contact Barbara on 07854 230243

Wednesdays Caterpillars Baby and Toddler Group 10am to 11:30am, Grace Baptist Church, Moor End.

(term time) Edlesborough, £1 per family unit, Contact Alister 07572 395687

Pilates 6.45 & 7.45pm, Dagnall Village Hall, Andrea on 07855 138005 or andrea@ Wednesdays

naturalpilates.co.uk

Wednesdays Art of Ju Jitsu martial arts class, Eaton Bray Village Hall, 7 -7.45pm ages 6-15yrs

Wed (term time) Art Courses, Whipsnade Village Hall, 9.30am - 12.30pm. Lorna Moore 07896 619660

Thursdays Yoga, Northall Village Hall, 11.30am-1pm 01525 377542

Thursdays Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208 KFPA Street dance classes 4+yrs 4pm, Edlesborough Memorial Hall, www.kfpa.co.uk Thursdays

Thursdays Tae Kwon-do, Dagnall Village Hall, 5.45-7.30pm 07813 755785

Thursdays Clubbercise 7.30 - 8.30pm. Eaton Bray Hall - Gina Flitton 07846421756

Thursdays Beavers (6 to 8 years old), 6.15-7.30pm, 1st Eaton Bray & Edlesborough Scout Hut, High

Street, Edlesborough. Contact: ebebeaverleader@ebescouts.co.uk

Explorers Scouts (14-18 years old), 8pm-9.30pm, 1st Eaton Bray & Edlesborough Scout Thursdays

Hut, High Street, Edlesborough. Contact Simon Betts, lionheartesu@hotmail.co.uk

Intermediate Boxercise, 7.30-8.30pm, Dagnall Village Hall, Josh Thompson 07456 Thursdays

574405 or jtptinfo@gmail.com

Thursdays Eaton Bray Methodist Church Social Afternoons, 2 - 4pm, All Welcome

After Lockdown Village Diary

Retro Line Dance Class, 11.15am to 12.45pm, Faton Bray Village Hall, Beginners Thursdays

welcome. www.jukeboxjunction.co.uk info@jukeboxjunction.co.uk 07864212171

Thursdays Mixed Ability Yoga Class, 11.30am to 1.p.m. Northall Village Hall, Contact Dee Lock on

01525 377542

Fridays Keep Fit class, Edlesborough Mermorial Hall 10 - 11am

Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall, Fridays

07800 518654

Fridays Stay & Play toddler group, 'Musical Monkeys' at the Eaton Bray Village Hall, 10-

11.30am, £4.50 for one adult and child, £1 for extra children/adults, 0-6 months free

Fridays Scouts, 10 ½ to 14 years old), 7.00-8.30pm, 1st Eaton Bray & Edlesborough Scout

Hut, High Street, Edlesborough. Contact Mark Owen, 07899 892344, ebescoutleader@

ebescouts.co.uk

"Little Luvvies" baby ballet classes 10am-11.30am. Contact Emma Whittemore on 01525 Fridays

376124 (term time)

Fri (term time) Art Courses, Whipsnade Village Hall, 9.30am – 12.30pm. Lorna Moore 078 9661 9660 Saturdays Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208

KFPA Musical Theatre classes 4+vrs www.kfpa.co.uk, 10am, Edlesborough Memorial Saturdays

Hall

Bootcamp Fitness, 9-10am, Dagnall Recreation Ground, Josh Thompson 07456 574405 Saturdays

or jtptinfo@gmail.com

Sunday Worship at 11am and 6pm Edlesborough Baptist Church, Moor End, LU6 2FL Sundays

Contact Alister on 07572 395687

Sundays Karate for kids & adults, 4-5:30pm, Eaton Bray Villaage Hall, Contact 07500 007779

Monthly

1st Monday Eaton Bray Parish Council Meeting, 7.30pm, The Coffee Tavern (except Jan-2nd Monday) 1st Monday

Eaton Bray W.I. Meeting, 7.30pm, Faton Bray Methodist Church Hall, Contact Margaret

Jones on 01525 220991

Knit 'n Stitch at Edlesborough Village Hall, 1:45pm to 3:45pm. Contact Heather 1st & 3rd Mon

(ex. Bank Hols) Westwood (01525 839083)

2nd Mon Film Society, Sep to May, 2pm, Eaton Bray Village Hall, Graham Chappell 01525 220883

Dunstable & District Orbit (social and charitable) Club meet at Dunstable Rugby Club at 1st & 3rd Tues

8pm. For details contact 01525 222441 or 01582 755147

St. Mary's Church, Eaton Bray Coffee Morning & Plant Sale, 10:30am - 12 noon 1st Saturday

1st Sunday St. Mary's Edlesborough Open Days, 2-5pm, May to September inclusive

2nd Monday SilverLink, 2.30-4.00pm, Grace Baptist Chapel Edlesborough – activities, talks, friendship

& refreshments for the over 60s

2nd Tuesday Dunstable & District Local History Society meeting, 7.45pm, Methodist Church Hall,

Dunstable (opposite Wilkinson)

Edlesborough W.I. Meeting, 7.30 pm, Edlesborough Memorial Hall. Contact Sue 2nd Tuesday

Bingham on 01525 222522

2nd & 4th Tues Dagnall Church Welcome Club, 2-4pm, Dagnall Church. Contact Catherine Hayden

01525 220527

2nd Wednesday St.Mary's Ladies Guild, 2pm, St.Mary's, Eaton Bray

2nd Wednesday Eaton Bray & Edlesborough Lions Club, 7.30pm, The Coffee Tavern

CAMEO Coffee, tea & chat, 10am-12noon, Edlesborough Methodist Church 2nd Thursday

Workshops Dynamic Yoga 9.30-11am £10 Eaton Bray Coffee Tayern, Keira 07936 2nd Saturday

693696

3rd Thursday Edlesborough Parish Council Meeting, 7.30pm, Memorial Hall

3rd Sunday Lunch club 11.30 to 2.00pm, Eaton Bray Village Hall, Chris Hewitt 222288

Last Saturday Coffee Morning, 10:00-12 noon, Edlesborough Methodist Church

Rita Messett

Terry, Rita's partner, her children Giles, Clare, Lianne and Lianne's children would like to thank everyone for their kind thoughts, support, cards and flowers. Also the donations following Rita's passing on February 27th.

Rita was a lovely friendly intelligent lady who influenced many lives with her care, kindness and support. Despite fighting cancer for twenty years she never let it change her or affect her work with the Hospice at Home Volunteers Charity.

She was also the author of the monthly book review in the Focus magazine for the past twelve years and assiduously read each book, whether she liked it or not. Rita loved our villages and will be sadly missed by so many of us.

Friend of Bucks



The Wednesday Club



The Wednesday Club, who meet every Wednesday in Northall Village Hall, are seeking additional volunteer drivers of their 12-seat Minibus. We pick up members from their homes in the surrounding villages between 9:15am and 10am, and then take them home again at 3pm. If you are interested, please contact Peter Williams, Chairman of the Trustees, on 01442 842 506.

Meals on Wheels

Meals on Wheels deliver hot meals 365 days a year. The charge is £6.99 for a two course meal which is delivered to the home, and to the table if the person is disabled and cannot take delivery at the door. They also deliver a Teatime snack which comprises of a sandwich, piece of cake and fruit; the charge is £3.25.

There is a large choice of meals to choose from and payment is via direct debit.

So, if you are aware that somebody near you could use this service here is the telephone number: 01225 560440.





EDaN Community Transport

Peter Williams: 01442 842506

Village Hall Booking Contacts

Northall: Lorna Cubbage Tel: 07857 318696 www.edlesborough-pc.gov.uk/nvh

Email:northallvhbookings@gmail.com

Eaton Bray: Norman Lee Tel: 07975 797202

Email: bookings@ebvh.co.uk Website www.ebvh.co.uk

Dagnall: Liz Coates 01442 842550 & Trish Owen 07762 151364

Email DVH Bookings@outlook.com

Edlesborough Memorial Hall: Penny Pataky, Tel: 01525 229358

Email: manager@edlesborough-pc.gov.uk

Police Contact Numbers...

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General Assistance (Recommended Number): 101 Emergency: 999

Bedfordshire Police (Eaton Bray)

Leighton Buzzard Police Station/Kathryn Horgan: 01582 473411

Typetalk: 18001 01582 473418

Email: LPT.LeightonBuzzardLinslade&Rural@bedfordshire.pnn.police.uk

Thames Valley Police (Edlesborough, Dagnall & Northall)

PCSO Jackie Dodson

Email: NHPT@thamesvalley.pnn.police.uk

Defibrillator Locations

These units are registered with the Ambulance Services. To access them, please phone 999. You will be given the access code and the location of the unit will be confirmed. The defibrillator is easy and safe to use. The units can be found on the

outside walls of the following locations:

Dagnall: Red Lion Public House Eaton Bray: The Coffee Tavern Northall: The Swan Public House

Edlesborough: Edlesborough Memorial Hall & Baptist Church, Summerleys



Helpline: 07930987064

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9am to 5pm, Monday to Friday

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We help people of Eaton Bray and adjacent villages

Eaton Bray with Edlesborough Parish News

Vicar: Rev'd Joy Cousans

The Vicarage, 11 High Street, Eaton Bray - Tel: 01525 220261

Curate: Rev'd Stephen Burge

Church Warden & Pastoral Matters: Catherine Hayden (01525 220527)

Reader: Gordon Gray (01525 220136)

Website: www.stmaryseatonbray.org.uk Facebook: St Mary's Eaton Bray

As I write this we are still in lockdown, confined to our homes as a result of the coronavirus pandemic. This is the most challenging situation which many of us have faced in our lifetimes. It is calling for great resilience, courage and inventiveness from us all. Many are worried about friends and family; about finances and the future. How will life be after the pandemic? Will we ever get back to normal? At times of deep difficulty, like many Christians I turn to the Bible. Within its pages are words of wisdom for almost every situation we can face. It covers the writings of generations of people. In fact, the Bible is a collection of books written over more than 2000 years. So I believe it has things to say to us even in our current situation.

During Holy Week, the week leading up to Easter, some of the Bible readings are from the Old Testament book of Lamentations. This is a collection of five poems lamenting the destruction of Jerusalem in 586 BCE. The poet talks of utter destruction, shattered lives, ruin and exile. There is a sense of grief, of profound sorrow and lament for what had gone before. Yet in the midst of it all, there is hope. The poet writes:

'The thought of my pain, my homelessness, is bitter poison; I think of it constantly and my spirit is depressed. Yet hope returns which I remember this one thing: the Lord's unfailing love and mercy still continue, fresh as the morning, as sure as the sunrise, the Lord is all I have, and so I put my hope in him.' (Lamentations 3 verses 19-24)

There is hope in God. And there is also hope in the wonderful expressions of solidarity and neighbourliness during this pandemic. Just to quote one email I received: 'In amongst the enormous life changes, the fear, hardship and uncertainty there are also wonderful examples of courage, humour, kindness, generosity and caring. Many, many silver linings to be sure!' Times of crisis often bring out the very best in people and the current crisis is no exception. If you are in need of support or a friendly chat, please call Gaye from St Mary's Pastoral Group on 07807924218.

I believe that we can take comfort from the Easter message. Jesus has been raised from death so that we too can have the gift of eternal life as we put our trust in him. Like the first disciples, we will not be immune from trouble, challenges and difficulties. But we need not be afraid for God is with us, whatever our circumstances. He loves each one us. His 'unfailing love and mercy still continue, fresh as the morning, as sure as the sunrise.' There is hope for the future.

A prayer for the coronavirus pandemic.

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord.



Amen.

A Message From Joy

Sunday services are available on the website www.stmaryseatonbray. org.uk from Sunday. It is very easy to use- simply press the button on the homepage. You can also access it via YouTube and the St Mary's Facebook page. Thank you to Eileen Bennett who has contributed this week's intercessions. As always, thanks to Stephen Axford for his wonderful music and to Stephen Burge for leading and producing the service.

It is always good to hear from you so do keep in touch.

With love and prayers,

∠Joy

Services at St Mary's Church

SUNDAYS: 8.00am HOLY COMMUNION

10.00am PARISH SUNG HOLY COMMUNION

On Third Sunday of each month:

10.00am – WORSHIP FOR EVERYONE a shorter, less formal service for families. (For anyone wishing to attend a service where Holy Communion is offered, there is a Family Communion at 10.30am at All Saints' Church, Dagnall, where visitors are assured of a warm welcome).

WEEK-DAYS:

Wednesday: 10.00am Holy Communion EVERYONE WELCOME AT THESE SERVICES

In light of the current Coronavirus situation the Pastoral Care Team at St. Mary's, Eaton Bray welcomes your assistance in identifying any of our parishioners who might be sick or otherwise benefit from their support during this challenging time. Please contact Gaye Soule on 07807924218 (m) or send an email to admin@stmaryseatonbray.org.uk in this regard.



During these troubled and worrying times, Eaton Bray Good Neighbours have been there to help in our Community. Since the start of this emergency, our volunteers **NeighbourS** increased by 30 caring people coming forward to give their time and help to so many members of our community. We

have helped lots of the older people in our village with their shopping, and medication collection. During the last week, our phoneholders have received some 70 phone calls, with requests for various forms of help. We have assisted in arranging a broken hearing aid replacement, liaising with Social Care to commence daily carers, and setting up meals on wheels accounts for those in need. Our Nisa local store donated toilet rolls which kind volunteers delivered around the village.

'Good Neighbours In Touch' has been launched. We now have over 70 people in our community who are receiving a regular phone call from one of our volunteers. So many kind volunteers have come forward to help with a phone call. A chat on the phone when you are living on your own, is always very welcome. It is a good way to find out if any help is needed and to have a chat about the worries and concerns we all have at the moment.

We had an established Befrienders Group within the Eaton Bray Good Neighbours Scheme of some 10 people who met up monthly with those we visited. This has now tripled in size, with the kindness of more volunteers, as we pull our precious community together.

A small group of volunteers operate the Good Neighbours phone each day, this is manned from 9am 'til 5 pm. These dedicated volunteers have had very busy days, and sorted many problems for those with worries or in need of help. A big thank you must be extended to these kind-hearted members of our group.

Some 14 volunteer bakers made cakes and delivered to all those people in the village who had called upon our help in the past year. We also delivered to sheltered housing in both Edlesborough and Eaton Bray. Over 100 deliveries were made to people's houses.

We have a wonderful volunteer who has come forward to do the many medication deliveries each day from our local Pharmacy. He has personally taken on this task and our sincere thanks go out to him for his amazing help.

Good Neighbours want you to know that we are here during this time of crisis and much worry for us all. As a village, we can feel comfortable that we all have our wonderful community around us; our neighbours and friends have never been such a strength to us all. Keep safe and strong, we know we can get through this together.

For help, please ring our help-line: 07930987064 9.am to 5pm, Monday – Friday when a friend will answer your call.

&Pamela Richardson, Eaton Bray Good Neighbours



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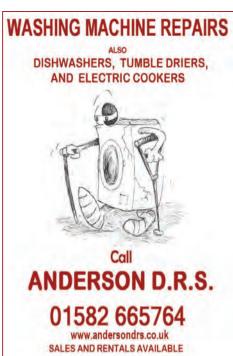
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Litter Picking in the Villages

Well! You really have to feel sorry for the litter louts, don't you! Not only have they closed McDonald's where they find most of their ammunition, but they are now confined to home, and have to make do with putting their rubbish in their bins. You wonder whether they go

into their gardens and scatter it around in frustration, but more likely, they save it up and go out to dump it in the dark....

We have had to call a halt to the formal litter picking in the Villages due to the Coronavirus lockdown, but many of our intrepid band are using their daily walk to collect litter as they go so things should not be too bad when we finally emerge. The Great British Spring Clean, which was due to be held in early April was postponed until the Autumn. I will keep you posted once we come out of lockdown.

In the meantime, thank you to everyone who has been helping this year, both by helping to keep the verges clear or clearing the pavements around their homes. It all helps to make a difference.

∠ Lorna Cubbage
lornacubbage@btinternet.com

Eaton Bray Bloomers



Have you ever wondered who keeps the flowers growing in the various tubs and beds through the village? Or perhaps you have seen a woman or two pottering over them with trowel and compost etc? Well it is all done by the Eaton Bray Bloomers-Christina, Judy, Maggie, Gillian, Jackie,

Beryl, Barbara and Jenny plus honorary members Bob and John.

My introduction to this group came a year or two after I moved to the village.

I had decided to start a bit of guerrilla gardening on the verges near Knights Close and Eaton Park by planting drifts of daffodils in what was obviously not my land. Some while after I got a knock on the door and one of the parish councillors asked me if I

would keep my planting to designated beds if he put some in. Of course I agreed and now look after a rectangular bed and two tubs.

The group all work on a volunteer basis and the parish council fund the plants. So next time you see us working or watering do say hello or give wave, from two metres distance of course!





We are expanding! We have a fantastic new building and have spaces in classes up to Year 3. From September 2020 we will have children up to Year 4, then up to Year 5 in 2021 and Year 6 in 2022. This is a very exciting time for our small, nurturing village school with high expectations.

It really has been the best possible start he could have hoped for.

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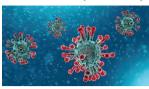
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Edlesborough Parish Council News

Including Edlesborough, Dagnall and Northall

Coronavirus (Covid-19) Pandemic



Edlesborough Parish Council wishes to thank all the parishioners who are

practising Social Distancing and those who are stepping up to help their friends and neighbours during this difficult time.

The Council also thanks all those parishioners involved in the Eaton Bray Good Neighbours Scheme and the St Marys Church Pastoral Team. Additionally, the Council thanks the team of volunteers coordinated by Cllr Mrs Trish Owen who are looking after the residents of Dagnall.

The Council is using its website and Facebook page to share important information about the pandemic and precautions parishioners should be taking.

Some of the precautions taken by the Council following government and County Council advice include:

- Closing the play area and taping off the children's roundabout on Edlesborough Green.
- Attaching notices to all the benches on the Green with the aim of discouraging social gatherings.
- Temporarily closing Edlesborough Cemetery with the exception of funerals (these will need to adhere to strict Government guidelines).
- Temporarily closing Edlesborough Memorial Hall and providing all its affected hirers with full refunds.
- Providing guidance to all allotment holders with regard to safety at the allotments during the pandemic.

The Council asks that all parishioners continue to follow the Government guidelines.

Buckinghamshire Council



On the 1st April your council changed. The new Buckinghamshire Council replaced all five of the district and county councils in Buckinghamshire, and over the coming weeks and months you'll start to see some changes as you come across the new look council.

What does the new council mean for me?

- The same services, better together. For most people there will be no change to the day-to-day services you use. This includes bin collections, looking after our elderly and young people, libraries and parking. The focus for the future will be on improving these services as a new council together.
- One council. Getting in touch with the council will be simpler because you'll only need to contact one council for all the services currently provided by the county and district councils.
- Face-to-face advice, support and information from your council through a network of 17 local Council Access Points based at the heart of your local community in current council offices and libraries across the county. The five council offices in Aylesbury (Walton Street and The Gateway), High Wycombe, Amersham and Denham will be 'access plus' points, geared up to handle more complex enquiries.
- Stronger links with local communities.

 Buckinghamshire Council councillors

will work closely with local people and community organisations to understand and respond to the key issues affecting their local area through 16 Community Boards.

The new council website is https://www.buckinghamshire.gov.uk/



Grass & Hedge Cutting in the Villages

Now that the spring time has arrived the cutting of the grass verges has

resumed. EPC requests that parishioners do not park on the grass verges as this causes damage to them and inconveniences the contractors.

EPC asks all parishioners whose hedges border the pavements to ensure that their hedges are kept well-trimmed ensuring that the maximum pavement width is available for pedestrians, pushchair and wheelchair users.

EdleFest 2020

Unfortunately, EdleFest 2020 has been cancelled due to Covid-19 all tickets sales have been refunded. The team have managed to secure many of the acts for EdleFest 2021, June 11th and 12th.

Allotments

All tenants have been issued with guidelines to follow in light of the Covid-19 pandemic.

EPC currently has plots available at the Dagnall site. Anyone wishing to take on an allotment should contact the Clerk for more information. Fees are £2 per pole and plots range in size from 5-10 poles.

New Pavilion

At the March Council meeting Cllrs agreed to the following Resolution:

Edlesborough Parish Council will make a loan application, at interest rates available to local councils, to the Public Works Loan Board for £175,000 to complete phases three and four of the New Pavilion on Edlesborough Green.

- The loan will be over a 30 year period.
- Repayments will be in the order of £8,480 per

annum for principal and interest. Repayments will be made from the Special Projects fund currently in place. It is planned that the loan will be repaid when the S106 monies from two of the remaining three S106 sites, in our Neighbourhood Plan, becomes available.

• There is no effect on the Parish Precept which will not be increased to meet loan repayments.

Work on the new Pavilion has temporarily ceased due to contractors self-isolating and the difficulty in obtaining building materials at present.

Streetlights

Please report failed streetlights in Edlesborough, Dagnall and Northall to the Clerk for repair.

When making a report please ensure you provide the Clerk with the information displayed on the lamp post.

EPC Meetings

EPC will continue to hold their monthly meetings throughout the Covid-19 pandemic however these will be held via the social meeting platform Zoom. Any parishioner wishing to observe the meeting or speak during the Open Forum should contact the Clerk for the meeting access information.

The next Edlesborough Parish Council Meetings will take place as follows:

- Edlesborough Memorial Hall, Thursday 21st May 2020
 - This evening will include the Annual Meeting of the Parish Council and will be followed by the Ordinary Parish Council Meeting.
- Edlesborough Memorial Hall, Thursday 18th June 2020

The meetings will commence at 7:30pm.

All Parishioners are welcome to attend all Ordinary Parish Council meetings and may ask questions, raise issues and give suggestions during the Open Forum before the formal start of the meeting. The full minutes of the Parish Council meetings are available to view on the website or from the Parish Clerk.





NOVIRUS

No handshakes, no hugs, No quiz nights - no pubs! It was a quiet Monday morning in September 2053, when John awoke with a need to go to the bathroom. To John this wasn't just any ordinary day! This was the day he would open the last package of toilet paper his parents bought in the year 2020.

No gatherings, no restaurants, no proper way of meeting

No U3A groups, no golfing, no cruise

No wedding, no shopping slots of any description

No lack of compassion, no absence of hope

No April, no May, no contact -

No virus!

Poem by John Hockey, based on a piece called 'November' by Thomas Hood, 19th century writer

Jean Jaggs

Graham, David and Rachel would like to thank all who sent their condolences following the passing of Jean Jaggs on the 18th April after a short illness.

Jean lived in Eaton Bray for 20 years and participated in a number of village events.

Special thanks go to the Luton and Dunstable Hospital and the St Francis Hospice, Berkhamsted.

Pizza Baked Potatoes

By Katy Greenwood

Recipe from Good Food magazine, March 2014 and BBC Good Food Website https://www.bbcgoodfood.com/recipes/pizza-baked-potato

Prep: 5 mins

Cook: 1 hr, 45 mins

Serves 4

This budget-friendly supper combines two favourites in one dish. Top your jacket spuds with cheese, tomato, pepperoni and basil

Ingredients

4 baking potatoes
1 tbsp olive oil
½ red onion, finely chopped
1 garlic clove, crushed
60g pack sliced pepperoni, torn
400g can chopped tomato
½ small pack basil leaves, shredded
100g grated mozzarella



Method

Heat oven to 200C/180C fan/gas 6. Scrub the potatoes and dry well, then prick several times with a fork. Bake directly on the oven shelf for 1-1½ hrs, until they feel soft. If you are short of time, prick each potato with a fork, wrap in a sheet of kitchen paper and microwave on High for 8-10 mins until soft inside.

While the potatoes cook, heat the oil in a small pan and sauté the onion for 5 mins to soften. Stir in the garlic and pepperoni, and cook for 1-2 mins, then add the chopped tomatoes. Bring to the boil, then simmer for 5 mins. Season and stir in half the basil. Spoon over the split potatoes and top each one with a good handful of cheese and the rest of the basil.

Cubs Do Their Best During Lockdown

On Monday 16th March we held our usual Cubs meeting at the Scout Hut in Edlesborough but suspected that it would be our last meeting for some time because the Government had just that afternoon announced measures to protect against Covid-19 by discouraging social gatherings. Sure enough, the Scout Association issued instructions that evening for all Scout Groups to stop holding meetings until further notice. I'm sure the Cubs were disappointed to be finishing early for Easter, if only because they would be missing out on the Easter Egg Hunt planned for the final meeting of term! So how would Cubs continue if we couldn't get together for meetings? The solution was for Cubs to work independently towards the Community Impact Badge, where

the aim is for Cubs to make a difference in a community by helping other people, to try to make the world a better place. This is all very much part of the Scouting ethos as Cubs promise to "do my best" and "help other people".

The Government had also advised those most vulnerable to Covid-19 (those over 70 and those with certain health conditions) to self-isolate at home for 12 weeks from Sunday 22nd March. Cubs were asked to imagine how lonely, isolated and sad those people might feel if they had to stay at home, without visitors, for 12 weeks. We suggested that they should ask their parents to help them select a neighbour who was self-isolating that they could



write letters to or draw pictures for during the isolation period. Cubs were encouraged to make Easter cards for their chosen neighbour too. Hopefully the recipients will feel less lonely when they read their letters.

Of course, within a week the schools were closed and we were all in lockdown so the Cubs no longer needed to use their imagination to



understand what self-isolation was like! When home-schooling took a break for the Easter Holiday, we sent the Cubs a list of suitable badges to work towards at home. These included Animal Carer (for those with pets) and Home Help, DIY and Gardener so that they would be able to help their

parents with jobs around the home.

Scouts have trialled holding virtual online meetings. Our next task is to adapt our programme for the summer term so that we can also use virtual meetings. As we usually do lots of outdoor activities such as fire-lighting, shelter building, tracking and navigating this could prove quite challenging!

ZLiz Coates, Cub Scout Leader, 1st Eaton Bray & Edlesborough Scout Group

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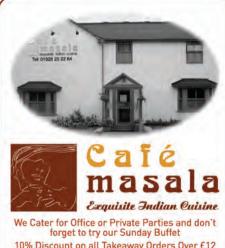
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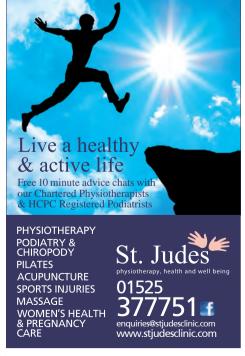


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The 5th Generation Family Business. on your door step A Family History of JANES

You may often wonder how on earth does a small family business selling appliances, televisions and carpets end up in the middle of the village of Edlesborough?

1888 - After more than two centuries of farming and farrier background Ezra Janes broke away from the village based family tradition and began making shoes for people instead of horses. Three years after operating his business from a cottage, Ezra decided that he would build a house and a shop. Firstly he negotiated the purchase of a property round the green, only to find that he had bought it from a man who didn't even own it and so lost his deposit. In 1891 the original eight room building was erected which now forms the main part of Janes. To make way for his new edifice, 'Glass Bottle Row' had to be demolished. This consisted of thirteen cottages, which adjoined Broomstick Cottage (behind 8 High Street) and the newsagents and housed over one hundred people. There was an open stream running along the front, which is now in a brick culvert under the pavement and also until recently marked the Beds/Bucks border. Ezra did rounds in Dagnall, Ringshall and Little Gaddesden collecting shoe orders and repairs.

Meanwhile Erza continued as a Deacon for Edlesborough Baptist Chapel and as Clerk to Edlesborough Parish Council, retiring after 36 years. His first official



Ezra Janes



appointment came in 1894 he was appointed when Assessor and Collector of Taxes.

1918 - Charles Janes, Ezras son, returned from service in the First World War to became involved in the business and after he married Ethel in 1921 moved into the shop. Charles introduced the hire and recharge of accumulator batteries for wirelesses, from that he went on to sell radios

and cycles.

1941 - When Philip, Ezra's Grandson, finished school at the Cedars in Leighton Buzzard he began to get involved in the business but on being called up for service in 1943 Charles had to hold fort until war was once again over.

1948 - Philip moved into the shop with his new wife Mary and remained there for 20 years. Throughout



Philip Charles Janes 1935



this period with the help of his brother, Don, the business grew and with the demise of shoe making and repairing. the shoe retail side grew, along with the addition of electrical appliances such as kettles, irons, wash boilers and spin driers etc. Bv the business had been separated into two shops with shoe the shop

the cycle/electrical and shop standing next to one another in the High Street. **1970** - During the seventies Martin and Peter, Ezras Great grandchildren. became involved in the business and in 1976 the house was converted into extended shop premises. Carpet sales were also now becoming a more significant part of the business.

1994 - One hundred and three years of local history came to an end when Martin



Janes in 1955





Louise Janes 1976

and Peter closed the shoe shop doors for the last time. Whilst the cycle, electrical and carpet side of the business was very much alive they saw that, with the current trend in shopping habits, it was prudent to finish the shoe business and concentrate on the other areas of trading.

2004 - The shop at No. 8 High Street became vacant and the decision was taken to open up through the present store and fit it as the carpet showroom. Martin's daughter Louise came to manage the new store and the business has seen a real growth in this area of the company's trading.

2005 – to present day 2020 Andrew & Louise Janes the brother and sister team, Ezra's Great, Great Grandchildren continue to strive to achieve the same customer service



and expectations of their predersors. Andrew has introduced a very successful Appliance Repair Service to add to the business and Louise focuses on Interior Design and Advice for the Carpets & Flooring department, visiting customers at home, ensuring a smooth transition from start to finish with her fantastic team of fitters.

Retail has always had its challenges and our business is no exception, from the financial Crash of the 1930's, Rationing in the wars, Power Strikes in the 1970's, slumps in the 1980's, then the rise of large companies and internet businesses destroying the high streets, it's been tough for each generation.



Andy & Louise

JANES and the team have remained steadfast

in our customer approach, always putting our customers first, going the extra mile when all else would fail.

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Dagnall Community Choir



The choir had so many plans for 2020 – our tenth anniversary year – music festivals, concerts, a quiz

night, an evening hosting a choir from Norway... As with everything else due to take place this year, all our events have been postponed, and our rehearsals are suspended until further notice.

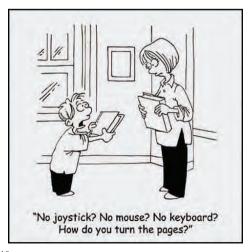
We were able to attend the Bedford Music Festival, at the beginning of March, before any restrictions on movement and social gatherings were introduced. This took place at the Bedford Corn Exchange, which is a wonderful and historic venue, that has hosted some big names over the years.

This was the first time we had entered the Bedford Music Festival, so it was a bit daunting for the choir when we realised we were the first on the bill in our section! But we performed well, earning praise from the adjudicator for Vivaldi's "Gloria" ("a confident start, the tone is warm and clear, a secure rendition") and Piazzolla's "Invierno Porteno" ("a challenging piece, tackled with gusto, most enjoyable") and were awarded a merit for our performance.

Meanwhile we were delighted that Parkside Singers, our friends from Ampthill, were awarded a well deserved second place in the Community Choir section. We have close links with this choir as James Banville, our accompanist, also plays for them, and their Deputy Musical Director, Helen Wingate, helps us out when needed. We were happy to see their excellent performance rewarded. Little did we know that the Monday night rehearsal following this would be the last time we would meet for the foreseeable future. The next event in our diaries was the Milton Keynes Music Festival, scheduled to take place the following weekend. The festival went ahead but Dagnall Community Choir took the (wise) decision not to attend. Our rehearsals were then cancelled from Monday 16th March.

We all miss one another. We miss the friendship and fun of our Monday nights together. Most of all we miss singing together, and the absolute joy that brings. But thanks to social media and digital technology, we are able to keep in touch. We've created a Facebook group for choir members, where we can chat, share news, and give and receive support for one another. Some choir members have recorded themselves singing and shared that with the group - others haven't been quite so brave! Our Chairman, Stephen Holder, emails us all daily, with links to Youtube videos of different choirs singing some of our favourite arrangements. which are great to listen to - and learn from! On Mondays, Michelle Garrard, our Musical Director, sends us a list of music to rehearse at home if we so wish. It's all far from perfect of course, but in these challenging times, it helps to know that we are there for one another, and we do what we can, until we are finally able to meet again.

For more information, or to get in touch, please take a look at our website www. dagnall-community-choir.co.uk.





Eaton Bray Methodist Church

meeting and greeting.

has given us a lifeline in this strange new world of lockdown and physical isolation. With very heavy hearts we closed our doors in March, like all other churches and places where people gather. Immediately the phone networks started humming, bringing friends and congregation members together. Like so many of the



ZOOM, the new way of village organisations, our first priority was to support and enable isolated people to access food, company and medication, especially older and vulnerable ones. Then one of our members, Ed Syrett, a computer expert, set up some ZOOM 'virtual coffee mornings' which were so welcome, allowing a number of us to see each other, chat, share experiences and ideas, exchange anecdotes and jokes.

Following the success of this. much to our delight, Ed and our Minister, Rev Nigel Bibbings, planned a short ZOOM service on Palm Sunday. We were able to share in prayers, sing a number of hymns and listen to a short, inspiring sermon. Its theme was this wonderful period of Spring, new life, birth and regeneration: as we approach Easter, walking with Christ to the Cross, we need to wait patiently, putting our trust and confidence in Him alone. He is always present with us in grief and joy and self-isolation.

St Mary's 100 Club

The lucky prize-winners are:

March 2020

1st prize - Ken Robinson 2nd prize - Martin Day 3rd prize - John Benness

April 2020

1st prize - Patricia Quartermaine 2nd prize - Roger Wilkinson 3rd prize - Robert Feaviour

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Cow and sheep photos by Sally Siddons





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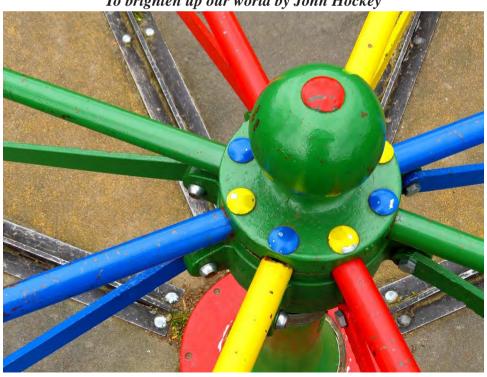
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To brighten up our world by John Hockey









Look! It's the National Health Service, They work hard and long, They work all day and night, They don't have to be big and strong.

There are many different jobs here, Most I cannot name, Doctor, nurse, midwife and more, Other countries better step up their game.

It's very busy here in the NHS, A lot don't get a break, Some don't even get their dinner, And almost always come home with a headache. But even in this difficult time, They are still working strong, And since some are stuck in quarantine, NHS staff are working twice as long.

Now it is my time to go, I have to go to sleep, I hope you all support the NHS, Whilst we're all stuck in this big heap!

∠Eloise Sherwood Age 11



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...long words

Ideas of Things To Do in Lockdown



Learn a language Organise your wardrobe Update your CV Get fit

Write a novel

Clear out your kitchen cupboards

Learn to paint or draw Learn Photography

Learn to code

Learn to do make up

Do an online course

Host a virtual pub quiz

Start a virtual book club

Phone a friend

Get stuck in a new podcast

Clean your oven

Did out an old favourite film

Take a yoga class using online tutorials Transform your living room into a cinema

> Get out in the garden Learn to juggle

> > Read

Have a virtual talent show with family and friends

Do a crossword

Do some colouring

Make a post-lockdown list

Do a jigsaw
Relax
Make a den with the kids
Paint pebbles
Write a letter
Cook something new









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Print off pages 46 and 47 and find the four villages' streets, listed on page 47, in the word search above

BOOTH PLACE BOWER LANE BROOK STREET BROWNLOW AVENUE CANTILUPE CLOSE CHAPEL LANE CHILTERN AVENUE CHURCH CROFT CHURCH LANE COOKS MEADOW **COW LANE** DAGNALL ROAD DEANS MEADOW DUNSTABLE ROAD EATON BRAY ROAD EATON GATE CLOSE EATON PARK

GOOD INTENT

GURNEY COURT HIGH STREET HUNTSMANS CLOSE JACKSON CLOSE KINGS MEAD KNIGHTS CLOSE LEIGHTON ROAD MAIN ROAD NORTH MEDLEY CLOSE MILL END CLOSE MILL TOWER MOOR END NELSON ROAD NORTHALL ROAD PEBBLEMOOR SCHOOL LANE SLAPTON LANE SLICKETTS LANE

SOUTH END LANE ST MARYS GLEBE STUDHAM LANE SUMMERLEYS TASKERS ROW THE COMP THE GREEN THE NURSERIES THE ORCHARDS THE PASTURES THE RYE TOTTERNHOE ROAD **TOWNSIDE** TRING ROAD WALLACE DRIVE WATERSIDE WIVELSFIELD YEW TREE CLOSE

Prediction: There will be a minor baby boom in 9 months, and then one day in 2033, we shall witness the rise of THE QUARANTEENS. THEY SAID A MASK AND GLOVES WERE ENOUGH TO GO TO THE GROCERY STORE

THEY LIED, EVERYBODY ELSE HAD CLOTHES ON



THE ASHRIDGE ESTATES SALE 1923

Continuing our articles on the historic sales of local property

LOT 21

(Coloured Green on Plan No. 2).

A Pair of Well-built Brick & Tiled Gabled Cottages

with Porch Entrances, being Nos. 18 & 19 in the Village of Edlesborough, each containing Five Rooms, with Detached Wash House and Wood Barns and E.C.'s, and good Gardens.

Let to the Bucks Constabulary and Hy. Gray at Rents amounting to £17 10s. 0d. per annum.

Outgoings.—Land Tax 5s. 0d.

LOT 22

(Coloured Blue on Plan No. 2).

A Brick and Tiled Five-Roomed Cottage

being No. 2 in the Hamlet of Northall, with Large Garden, No. Pt. 354 on Ordnance Survey, and containing about

'320 Acre.

Let to Ephraim Howard at £6 15s. Od. per annum.

Outgoings.-

LOT 23

(Coloured Blue on Plan No. 1).

A Compact Small Holding

In the Hamlet of Northall,

comprising a Brick and Tiled **DOUBLE COTTAGE** containing Ten Rooms, with small Garden, detached Brick and Tiled Barn, Harness Room and Stable for 3, detached Timber and Corrugated Barn, being **Nos. 351 and 398** on Ordnance Survey, and containing altogether about

2.607 Acres.

Let to Mr. James Cheshire on a Yearly Michaelmas Tenancy at the Apportioned Rent of £17 10s. Od. per annum.

Outgoings.—Tithe

LOT 24

(Coloured Blue on Plan No. 2).

Three Brick and Tiled Cottages

Two containing Five Rooms each, and the other four, with Detached Barn and E.C.'s. and Gardens back and front, being Nos. 12, 13 and 14 in the Hamlet of Northall.

Let to Messrs. Cook, J. Ruffett and W. Tibbitt, at Rents totalling £15 4s. Od. per annum.

Outgoings .-

LOT 25

(Coloured Pink on Plan No. 2).

A Brick and Slated Four-Roomed Cottage

with Garden and Wood Barn adjoining, being No. 19 in the Hamlet of Northall. In the occupation of Mrs. Charles Cook, on a Yearly Tenancy at £9 0s. 0d. per annum.

LOT 26

(Coloured Blue on Plan No. 2).

A Pair of Brick and Tiled Five-Roomed Cottages

with Detached Barns, and E.c.s and Gardens Back and Front, being Nos. 17 & 18 in the Hamlet of Northall.

Let to John Gurney and Wm. Smallbones at £6 15s. Od. each Yearly.

Outgoings .-

LOT 27

(Coloured Pink on Plan No. 2).

A Small Enclosure of Garden Ground

in the Hamlet of Northall, being No. Pt. 353 on Ordnance Survey, and containing about

'210 Acre.

Let to Mr. Henry Vasey on a Yearly Michaelmas Tenancy.

LOCAL HERALDRY BY JOHN HOCKEY

In this series, we take a look around local towns and villages to find interesting and unusual heraldry.

HARPENDEN CATHOLIC CHURCH

In the Roman Catholic Church of Our Lady of Lourdes, Harpenden, there is some beautiful stained glass including a window portraying Saint John Fisher, who was executed at Tower Hill, London in 1535 after refusing to accept the King (Henry VIII) as Supreme Head of the Church of England and for upholding the Catholic Church's doctrine of papal supremacy. Prior to this he attracted the King's displeasure by being the chief supporter of Queen Catherine of Aragon when Henry tried to divorce her. In May 1535, the newly elected Pope Paul III created Fisher Cardinal Priest of San Vitale, apparently in the hope of inducing Henry to ease Fisher's treatment. The effect was precisely the reverse: Henry forbade the cardinal's hat to be brought into England, declaring that he would send his head to Rome instead.

After a decent interval, Fisher was beatified in 1886 and canonised in 1935, just 400 years after





his martyrdom. His feast day is on the 22nd of June (the date of Fisher's execution).

The coat of arms shown has the arms of the Bishop of Rochester (one of his titles) on the left or dexter side and Fisher's personal arms on the right or sinister the position normally reserved for a wife - clearly the bishopric takes precedence. The Saint's arms are a pun, known heraldically as canting arms as the main charge is a dolphin (a fish) and the correct blazon or description is as follows: 'Azure, dolphin naiant* between three ears of wheat all within a bordure engrailed Or' *naiant means swimming horizontally.

Next time: Back to basics



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Eaton Bray Gricket Glub

At the time of writing, 2nd April, Eaton Bray Cricket Club will have been formed for 106

years. Only the two World Wars have prevented Cricket in the village but needs must overtake all.

What follows is a brief history of the club since its move in 1981 from the Village Green to the Rye Gardens. It was penned by long time Bray stalwart Michael Jarrett for the Centenary fixture against the MCC in 2014.

Please all stay safe and hopefully soon we can all enjoy some cricket and hospitality with Eaton Bray CC in 2020.

The Recent Years started on 13th June 1981 with the first game at The Rye Gardens, the new ground. The actual start was delayed by 2 weeks as the planned start, against Edlesborough was rained-off. The first opposition was Stoke Hammond. A game which ended in defeat by 62 runs, but fittingly, two of the clubs finest cricketers, Barry Meakins and Eric Pratt took the first wicket and scored Eaton Brays first run.

Prior to playing at The Rye Gardens, the club played its home games on the Green at the end of The Rye, with the wicket placed in the centre circle of the football pitch. As the football season extended it became impossible to prepare a safe wicket and outfield in time, despite the efforts of the then President, George French and his willing team of helpers. Ken Bearton, the Chairman, and members took the decision to find an alternative ground in 1978.

A piece of land was found within the year. Prior to its conversion to a cricket ground, The Rye Gardens had been a former allotment site. The club obtained permission from its owner, the Parish Council and from the Ministry for the Environment for the loss of this type of local amenity. However the County Council were initially less supportive and its officers suggested an alternative site on the corner of Totternhoe Rd and Stanbridge Rd . The development of the Nurserys site in the centre of the village was even mentioned as a future home of the cricket club. The club finally secured The Rye Gardens on the understanding that it could be further located when the Parish Council provided a comparable ground and facilities.

So whilst the first game was in the middle of 1981 the planning, preparation and fund raising took almost three and a half years. Indeed the fund raising continued for many vears after the move. The cost of the initial very basic infrastructure amounted to £1680 yet the club only had £90.41p in 1979. Fund raising events were arranged. Grants applied for and annual subscriptions were introduced for the fist time at £5 per member. The club kept costs low by doing the work themselves such as painting the pavilion and de-stoning the outfield. Drainage media to the wicket was excluded as it was considered too expensive. Builder Brian Scott was however adamant that costs should not be cut with the toilet facilities.

A year after moving to the Rye Gardens the club helped to form the Beds and Bucks Border League. This was a league of ten clubs who all played friendly fixtures. The introduction of a league sought to add further competition to the existing games. Although the club were runners up in the second season it was largely unsuccessful for the first 16 years. Captains Larry Ryan and Mick Flecknell however changed the fortunes of the club laying the foundation for seven Division 1 titles between 1998 and 2008. By 2008 the original league had increased in size and merged with another league which

evolved into the Four Counties Cricket League with six divisions. By this time the club, like many others were fielding two league teams on a Saturday.

Since 1981 the rudimentary facilities of pavilion and ground have been steadily improved. The ex Wimpy site office (Pavilion) was extended in 1989 to house three showers. For eight years the players had to rely only on the great smell of Brut!. Two sight screens, boundary rope, score box, lock up, bar and a veranda were all added through the years, as were neighbouring properties either side of the ground. The wicket and outfield have improved too with local help and support. Perhaps the most significant development of the club in recent years has been the formation of a Junior section in 2011. Since then a lot of investment has been made by the clubs coaching staff to develop and encourage juniors into playing cricket and playing for Eaton Bray Cricket Club.





I heard a little rumour, I don't know if it's true, that the world is going to be at peace for at least a month or maybe two...

I heard that the folk must stay at home and spend time with their kin, slow down, relax, take a breath and find some peace within And though we may be worried about money, jobs and bills, we will notice beauty everywhere... Blue skies, fresh lakes, green hills

And when a month or two is over and we can all go back to our lives, people will show gratitude

that their loved ones all survived #StaySafe

Anon

shared by silversurfers.com



Northall Baptist Church

A little Church with strong local links

COVID-19

How the world has turned upside down but the Coronavirus has not stopped our Church Since I wrote our last article, it feels like being in a different world. So many worries, suffering, death and unimaginable changes to our lives. We think particularly of those grieving for loved ones and those with concerns for their families both health-wise and financially.

And we do not forget the many on the front line who are helping to support us, some at cost of their own lives, from the doctors and nurses in the NHS, staff in care homes through to delivery drivers and dustmen and also the many volunteers.

Some of us may have relatives who died in the 1918 flu pandemic when around 50 million worldwide died of the virus – many in tragic circumstance because of the war. However distressing, we seem better equipped to deal with the situation and just pray that work being done on improved treatments and vaccine development come on stream to prevent such a big number of deaths.

I turned to the Psalms for some comfort as this situation is all encompassing. Psalm 7 v 1 says 'O Lord my God, I take refuge in you; save and deliver me from all who pursue me.'

The virus seems to be pursuing us all, country by country. We are all having to keep away from our family, friends and usual lives and learn how to do things differently. We have been learning how to hold our services differently. It seems that when pushed, we can change how we do things.

Even as a small church we have worked out how to see and hear our usual congregation through digital services. It is really amazing at times like this that we are now able to continue to worship together, even though we are separated in our own homes. I am amazed at the inventiveness of everyone, including our elderly members and to be reminded how much we all need each other.

We don't know how long this will be going on, but it doesn't mean that we have to give up everything we value. Keeping in touch with family, friends and our faith, although differently, is what keeps some stability in these troublesome times. When we can't remember what day of the week it is, our church service is a regular point in the week to bring things back to more normal. However the tea/coffee and shortbread afterwards is more of a challenge!

Our Sunday services, now on Zoom are at 11 am. If you come and join in the worship, music and song, you'll get a very warm welcome. Just contact us through the website (details below) for instructions on how to join us or ring the number below. If you don't have a computer with video and sound, you can still listen in and speak using a landline or mobile.

For those interested in the history of Northall Baptist Church, a free copy of the booklet, Rebels in Green Pastures can be supplied or downloaded from our website: http://northallbaptistchurch.org/



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Poem by Carrie Lovell from Focus May 1979

Beauty

The world is full of beauty
if we have eyes to see
the things of joy around us
the land, the sky, the sea,
We watch the flowers blooming
the birds and butterflies,
each tree is proudly standing
reaching upwards to the skies,
The sky which holds the treasures
of beauty greater still,
the clouds, the moon, the sunshine
our gladness to fulfil.



Adjusting to Lockdown Life

by Amanda Akien

In these unprecedented times, an extended lockdown can challenge people in different ways. Whether you are now trying to work from home, complete with the children off from school, or you are retired and missing the usual visits from family and friends, restrictions can play havoc with our thoughts and feelings.

After a period of adjustment to the new (and hopefully temporary) norm, many people have developed a new routine, from a daily walk around the villages to embarking on some arts and crafts to fill their days.

However not everyone has adjusted, and fatigue, stress, boredom, worry, loneliness and depression can easily creep into daily life. Here are some top tips to make these unusual days more meaningful.

Morning

Start the day by writing three objectives for the day. These can be as challenging or as easy as you like. Whether it is to go on a three mile walk, bake a cake or learn five words of Spanish, setting some simple tasks for the day can provide some extra motivation.

Wake up naturally. If you are not working, then try to wake up naturally without an alarm clock a couple of times a week. This will help you connect with your circadian rhythms (bodily cycles).

During the day

Take a break. If you are working from home, rest your eyes from the computer screen every 15 minutes. Allow your eyes to roam around the room and adjust to the longer distance.

Make potpourri. If you are looking for an easy craft, using the leaves of dried herbs or flower petals can make a natural potpourri. Sage, pine, rosemary, roses, lavender, lemon verbena bergamot and / or peppermint can be easy to find in the house and garden. Mix in an attractive bowl with cinnamon or ground cloves and stir occasionally to release the scents. If you have essential oil, sprinkle a few drops to revive it.

Relive those travels. With travel on hold for the foreseeable future, relive former trips by journaling. Gather an empty notebook or journal, scraps of paper and find photos, travel tickets or other memorabilia you may have and place in a book. It is a great activity for adults and children alike and can remind us of the beauty in the world when travel is off limits for now.

Evening

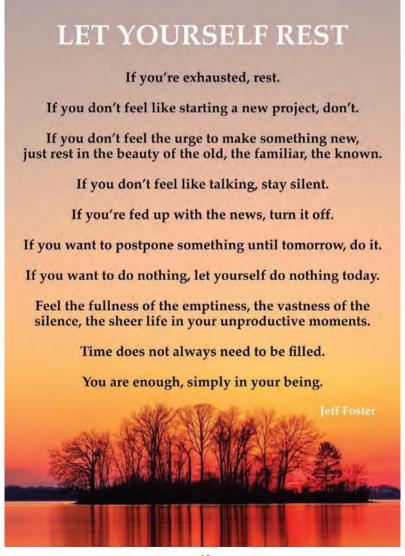
Take a deep breath. We are lucky enough to live in a beautiful part of the world, with Edlesbourough, Eaton Bray, Northall and Dagnall located in the heart of the countryside. If you have a garden, stand outside for a few minutes before your presleep routine. Soak up the beauty of the stars at night time. This is a good way to detach yourself from daytime worries.

Select bedtime reading. Current affairs can re-energise your mind at the wrong time so restrict yourself to fiction or magazines suitable for mulling over as you drift to sleep. Never take work to bed. With many people now working from home and balancing family life, it might be tempting to read that report in bed or reply to emails, but this

will blur the boundaries between work and rest, making it more difficult to sleep. Subconsciously, your brain will begin to associate your bed with work, which is certainly counter-productive to a good night's sleep.

For those with a thirst for knowledge, there are a variety of online courses, from cooking and exercising, to painting and learning new skills, many of which are free. However, not everyone has access to the Internet and sometimes it can be healthy to take a break from the digital world.

Everyone adjusts differently to the current situation, but it is safe to say that we will all have positive and negative days. These suggestions could well help you through these challenging and unusual times.



Nigel's Thoughts

Methodist Minister



What to write for this online edition of Focus, given that we are all seeking to do our best and the 'right thing' in these demanding deeply painful and

to do our best and the 'right thing' in these demanding, deeply painful and truly unsettling days?

A friend recently wrote these words

"Although this time is awful

All of us are trying.

In the aftermath, may the ache for those lost

and the teachings taken from this trying time

augment our affections and attach us to what is true" (Ali Tebbs)

It was Pontius Pilate, the Roman Governor, who asked Jesus "What is truth". Maybe the answer to that question is, for each one of us a subjective one. Or maybe, just maybe, as a society we are beginning to learn that truth has something to do with that which is beyond ourselves. We may call this society, community, caring, living generously and with wider horizons, or simply love: expressed in a hundred different ways as we seek the means to support one another through these dark days.

Will we be kinder, gentler, more connected people as a result of all that we have faced together? Time will tell. I do hope so.

Gideon Heugh wrote: -

"These are the days to remember who we're made to be: loved, accepted, worthy, free Days to see that a saviour is shining in the dark

Declaring that love is alive and its designed for our hearts,

These are the days for stones to be rolled back

For joy to rise up and peace go on the attack,

These days will show that darkness, is just a place where light begins, And that no matter how strong the fear, love always wins"

God bless.

∠Nigel









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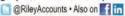
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If you need to complain about Heathrow flight noise the number is 0800 344 844. Email: noise complaints@heathrow. com



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Edlesborough Baptist Church

Pastor: Alister King gbcepastor@gmail.com 07572 395687

Weekly Activities

Sunday Services

11am Morning Worship 6.00pm Evening Worship

2nd Monday

2.30pm SilverLink for over 60s

Wednesday

10am (term time) Caterpillars Toddler Group
7.30pm LIFE Groups
(ring for details and to confirm venue)

Find us on Facebook @gbce2014

The Salvation Army Booth Place



Sunday

Footprints (Sunday School) 9.45 - 10.45am

(Term time only)

Morning Worship 11am

Tuesday

Coffee Morning 10 - 11.30am

(Alternate weeks)

Wednesday

Home League 2.30 - 3.30pm

(Ladies meeting but all welcome) Champion's Club (Term time only)

5.30-6.30pm (*Ages 5 to Year 5*) 6.45-7.45pm (*Year 6 and above*)

Thursday

Girls' Night Out

(1st Thursday of the month) 7.45pm

Ladies Fellowship

(Last Thursday of the month) 7.30pm

For further details please contact us on 01525 222087 or email eaton.bray@salvationarmy.org.uk



Stay & Play Toddler Group

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£4.50 for one adult and child £1 for extra children/adults 0-6 months free

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A Lazy Morning for Mikumi and Clara

Behind the closed gates of the Zoo, life goes on for our team of dedicated zookeepers, grounds staff, security and vets. At ZSL Whipsnade Zoo our white rhinos Mikumi and Clara were caught enjoying a lazy morning by zookeeper Charlotte, who is still working at the Zoo to care for our resident animals through this time.



ZSL Whipsnade Zoo's Keepers are Celebrating some Positive News, with the Arrival of an Adorable New Yak Calf

Born to Mum Hermione and Dad Voldemort at the UK's largest Zoo on Thursday 26 March, the yak (bos mutus grunniens) calf will be named after its first health check, when vets will be able to determine its sex.

Whipsnade's zookeepers have a tradition of naming members of the yak herd after characters from JK Rowling's Harry Potter books – and are looking forward to finding out if this one will be a Ginny or a Draco in a few weeks.

Team Leader Donovan Glyn said; "It's magical to be able to share the wonderful news of the newest arrival at ZSL Whipsnade Zoo. The calf is doing really well, sticking close to mum while they are exploring the herd's paddock together.

"While so much is changing in the world,

it's wonderful to be able to come to work and see life go on with our animals – and even more so to see new life beginning."

The youngster joins Luna, Harry and Bellatrix at ZSL Whipsnade Zoo's Asia section, an area shared with other fantastic beasts, including Asian elephants and Asian rhinos.

ZSL Whipsnade Zoo, run by international conservation charity ZSL, is appealing to its supporters, neighbours and animal lovers alike to help care for the thousands of animals, including the yak herd, who call the Zoo home while it is closed to the public.





ZSL WHIPSNADE ZOO

Mammoth Matchmaking

It's often said that spring marks the start of new life and ZSL Whipsnade Zoo's new male elephant appears to have taken the adage to heart.

12-year-old Asian bull elephant, Ming Jung, was recently introduced to the females in the herd for the first time since arriving at ZSL Whipsnade Zoo in 2019, and as photos taken by keepers demonstrate; the mammoth matchmaking appears to have been a success. Moving to Whipsnade from Antwerp, as part of the European Endangered Species Programme (EEP), where a studbook holder coordinates the breeding programme for an entire species to ensure a healthy and genetically diverse population is protected in zoos. Classified as Endangered and with numbers in decline a birth would be a celebration for the whole species - Ming Jung has clearly taken his role very seriously. ZSL Animal Operations Manager, Matthew Webb said; "We're absolutely delighted that the introductions between Ming Jung and

Tiny Trotters

Litter of wild boar piglets born at ZSL Whipsnade Zoo

Zookeepers celebrated a bumper Easter weekend with the birth of five wild boar piglets. Resembling a wriggling bundle of mint humbugs, the piglets were born to wild boar parents Wilma and Otis.

Zookeeper Gracie Gee said: "Wilma has taken motherhood in her stride, but dad Otis seems a bit more overwhelmed by the arrival of five littles ones – his plans for a relaxing bank holiday weekend went straight out of the window. We're excited to see them develop – currently weighing just 1kg, they've got a lot of growing to do – a fully grown adult male can weigh up to 100kg! The piglets are a really welcome new arrival to Whipsnade and a nice boost for us keepers



our girls has been so positive – we just didn't realise how well they would go!

"Animal introductions are something we carefully manage to ensure they are all content and ready – the elephants 'meet' over fences first and we observe their behaviour. The girls seemed really receptive to Ming Jung, and he is quite obviously smitten with them!"

Matthew continued; "Ming Jung is a genetically important animal for the future of the species – he represents a new lineage. We work really closely with the elephants and know their personality traits and quirks – so we'll watch those for any signs, and in six weeks a scan should tell us if we can expect a new arrival in 22 months!"



who are still working hard while the zoos are closed to the public."

Born with black stripes down their backs, the infants will lose the stripes as they get older and develop the all-over dark fur of their parents.

While closed to the public, the UK's largest Zoo, run by international conservation charity ZSL, is appealing to supporters and animal lovers to help care for the thousands of animals who call the Zoo home while it is closed to the public. Donate now by visiting zsl.org/support-our-zoos

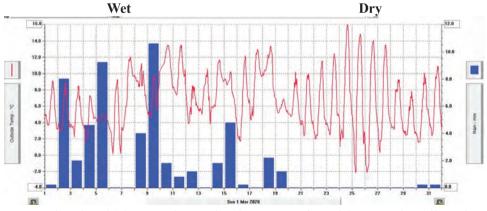
Dagnall Weather Station (AONB)

Weather Conditions for March 2020 Elevation: 450 ft - Latitude: 51° 50' 13" North - Longitude: 0° 33' 34" West

The first few days of March were unsettled, showery and cool. Although it became milder by the 7th, it remained unsettled. On the 16th, slightly warmer weather arrived with a mix of cloud and brighter intervals. Then, by the 21st, high pressure was over us which gave us warmer days and cool nights. There were only two nights where the temperature dropped below zero: on the 25th and 26th when we recorded 2.2°c. At the end of the month, we had a light dusting of snow. The wind reached 42mph, becoming the norm, and the rain was 96% of the 12 year average.

	High	Date/Time	Low	Date/Time
Temperature:	16.0°c	24 March 15.30	– 2.2°c	25 March 06.30
Mean Temperature	6.7°c			
Dewpoint:	11.2c	10 March 11.30	– 2.2°c	21 March 12.30
Humidity:	95%	5,6,10,14,16	31%	25 March 16.00
Barometer:	1039.6mb	29 March 20.30	983.7 mb	2 March 03.00
Wind Speed	42 mph W	10 March 15.00	Months avg.	6.9 mph
Wind Chill:	15.6°c	12 March 15.00	− 2.2°c	25 March 06.30
Dominant Wind:	W			
Rainfall * T = total rain days and moisture. R = Actual rain				
*Rain Days: 17(T), 17(R) Wet		test Day 9	10.95 mm	0.431ins
Monthly Rain:	Total	March 2020	53.00 mm	2.087 ins
Yearly Rain:	Total	3 Month	268.8 mm	10.582 ins

March 2020 - A Month of 2 Parts



For weather data 24 hours a day, updated every 15mins, visit: www.dagnallweather. co.uk and http://bit.ly/weather_dagnall, including this site forecast and much more. If anyone has a question, comment or wishes to contact me please email: david@dagnallweather.co.uk or telephone: 01442 843883.

Dagnall weather now has an app for your iPad & iPhone! Just go to the apple store, search for Wunderstation and follow the instructions to Dagnall Weather Station. Now updated every minute.



the W

Edlesborough W.I.

I am pleased to report that we enjoyed an interesting talk from

Peter Burford about the Frogmore Paper Mill entitled, 'Rags to Riches'. This particular Frogmore is on the outskirts of Hemel Hempstead alongside the River Gade. Paper mills and paper making require a plentiful supply of clean, fresh water, which as a chalk stream, the Gade provided.

Paper was originally discovered in China, many, many centuries ago and it took a very, very, long time, before paper 'made it' across Europe and eventually to England. Before paper, there was only parchment which was made from animal hides and it took a great many of these and was, therefore, expensive. This also meant that before paper, there were no books, no children going to school and absolutely nobody could read because of this. Originally, paper was made

from rags i.e. cotton and flax — hence the Rag and Bone man's collection. In the 19th century, wood became the main component of paper.

Peter talked us through the way paper is made along with its detailed history accompanied by explanatory slides. Frogmore played a very important part in this and in 1803 it hosted the first paper making machine. Of course, in more recent times it has become much more technically advanced. Watford also became the centre of the paper making industry.

It is worth noting that paper nowadays can be recycled up to seven times in all and, at least, half of all paper nowadays, is recycled.

The Frogmore Paper Mill is still open for visiting groups etc. There is much history attached to it and it was, in its time, a very important local industry.



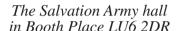


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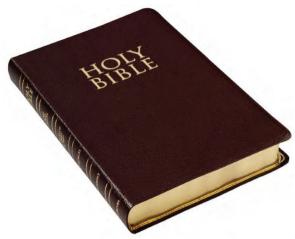






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1 In the beginning was the Word, and the Word was God. The same was in the beginning with God.

All things were made by him; and without him was not anything made that was made. In him was life; and the life was the light of men. And the light shineth in the darkness; and the darkness comprehended not.

There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the Light, that all men through him might believe. He was not that Light, but was sent to bear witness of that Light. That was the true Light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto

his own, and his own received him not. But as many as received him, to them gave he power to become sons of God, even to them that believed on his name: Which were born, not of blood, nor the will of the flesh, nor the will of man, but of God. And the Word was made flesh and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth. John bare witness oh him, and cried, saying, This is he of whom I spake, He that cometh after me is preferred before me: for he was before me. And of his fulness have all we received, and grace for grace. For the law was given by Moses, but grace and truth came by JESUS CHRIST.

St John. Chapter 1. Verses 1-17.



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