

The White Horse Eaton Bray Beds Market Square Eaton Bray Beds

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From the horse's mouth

The team at the White Horse would like to thank you for your custom and also draw your attention to our current offers:

From Tuesday to Friday lunchtimes enjoy main courses from £8.50 and two courses for £12.95

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For more information contact:
John Hazell 01525 218142
Email northallchapel@btinternet.com
Web: www.northallbaptistchurch.org

There has been a Baptist Chapel in Northall for more than 200 years. Today we continue to seek to worship God, serve him in our daily lives and support and encourage one another in the difficult and the joyful times.

The Focus Magazine Committee

Editor: Sally Siddons 34 Wallace Drive, Eaton Bray 221733

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Focus accepts no responsibility as to the accuracy or content of any advertising or articles published in 'this' magazine, neither do they reflect the opinion of members of the Committee.

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Kindly Note

Focus would like to remind contributors that the deadline for articles is the 10th of the preceding month

If the event you wish to advertise falls in the first week of the month, it is advisable to get the details into Focus a month earlier. The magazines are not delivered from the printers until the first of the month, therefore it takes a few days for them all to be circulated throughout the village.

≊Editor

Village Diary March 2020

Weekly

Mon-Fri Eaton Bray Pre-school, Eaton Bray Lower School, 01525 220468

(term time)

Mon-Fri Dagnall Under 5's, Dagnall Village Hall, 9.15am - 12.15pm, Mrs Ann Tobin 07816

(term time) 358342

Mon-Fri Edlesborough Pre-School, Edlesborough School, 01525 220431

(term time) manager@edlesborough.bucks.sch.uk

Mon-Thu Totternhoe Pre-school, mornings, Totternhoe Lower School, Michelle Urbanowicz on

(term time) 01582 668841

Mondays Pilates, 10.45am, Totternhoe Memorial Hall, Lisa: 07832 230774 Mondays Dagnall Community Choir, All Saints Church 7.45 – 9.45pm

Mondays Dagnan Community Choir, Air Saints Church 7.43 – 9.43pm

Mondays Movement and exercise classes with a dance flavour, Northall Village hall 2-3.30.Contact

(term time) Jan 01442 864271.

Mondays Curtain Call Youth Theatre 5-7.30pm, Eaton Bray Village Hall, Gavyn 01525 220525

Mondays Curtain Call Theatre Group - 7:30-10:30pm Eaton Bray Village Hall, Sheila -

sdtwinkletoes@yahoo.co.uk

Mondays KFPA ISTD Classical Ballet classes, 3+yrs, 4.15pm, Edlesbrough Memorial Hall, www.

kfpa.co.uk

Mondays Cubs (8-10 ½ years old), 6.30pm - 8pm, 1st Eaton Bray & Edlesborough Scout Hut, High

Street, Edlesborough. Contact Liz Coates 01442 842550

Mondays Yoga, 6:45pm, Edlesborough Memorial Hall, contact 07837 727302

Mondays Barre, 8pm, Edlesborough Memorial Hall, contact 07837 727302

Tuesdays Pilates, 10-11am, Eaton Bray Village Hall, Nicky Roussou 07861 162680

Tuesdays Totternhoe Baby & Toddler Group, 9.30-11.30am, St. Giles Church Hall, Ruth Allen,

01525 222468 or 07796 265174 or email ruthallen002@gmail.com

Tuesdays Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall,

07800 518654

Tuesdays Beginner's Boxercise, 6-7pm Dagnall Village Hall, Josh Thompson 07456 574405 or

jtptinfo@gmail.com

Tuesdays Coffee Morning, Bring & Buy, Table Top Sale, 10-12noon, Salvation Army Hall, Booth

Fortnightly Place, Eaton Bray

Wednesdays Pilates, 8pm, Northall Village Hall, Lisa: 07832 230774

Wednesdays Northall & District Age Concern Wednesday Club, 10am - 3pm, Northall Village Hall,

Contact Barbara on 07854 230243

Wednesdays Caterpillars Baby and Toddler Group 10am to 11:30am, Grace Baptist Church, Moor End,

(term time) Edlesborough, £1 per family unit, Contact Alister 07572 395687

Wednesdays Pilates 6.45 & 7.45pm, Dagnall Village Hall, Andrea on 07855 138005 or andrea@

naturalpilates.co.uk

Wednesdays Art of Ju Jitsu martial arts class, Eaton Bray Village Hall, 7 -7.45pm ages 6-15yrs

Wed (term time) Art Courses, Whipsnade Village Hall, 9.30am – 12.30pm. Lorna Moore 07896 619660

Thursdays Yoga, Northall Village Hall, 11.30am-1pm 01525 377542

Thursdays Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208 Thursdays KFPA Street dance classes 4+yrs 4pm, Edlesborough Memorial Hall, www.kfpa.co.uk

Thursday's 11171 Succe dance classes 1. yrs 1pm, Edicsolodgi Hemoriai Han, www.kipa.co.da

Thursdays Tae Kwon-do, Dagnall Village Hall, 5.45-7.30pm 07813 755785

Thursdays Clubbercise 7.30 - 8.30pm. Eaton Bray Hall - Gina Flitton 07846421756

Thursdays Beavers (6 to 8 years old), 6.15-7.30pm, 1st Eaton Bray & Edlesborough Scout Hut, High

Street, Edlesborough. Contact: ebebeaverleader@ebescouts.co.uk

Thursdays Explorers Scouts (14-18 years old), 8pm-9.30pm, 1st Eaton Bray & Edlesborough Scout

Hut, High Street, Edlesborough. Contact Simon Betts, lionheartesu@hotmail.co.uk

Thursdays Intermediate Boxercise, 7.30-8.30pm, Dagnall Village Hall, Josh Thompson 07456

574405 or jtptinfo@gmail.com

Thursdays Eaton Bray Methodist Church Social Afternoons, 2 - 4pm, All Welcome

illage Diagy March 2020

Retro Line Dance Class, 11.15am to 12.45pm, Faton Bray Village Hall, Beginners Thursdays

welcome. www.jukeboxjunction.co.uk info@jukeboxjunction.co.uk 07864212171

Thursdays Mixed Ability Yoga Class, 11.30am to 1.p.m. Northall Village Hall, Contact Dee Lock on

01525 377542

Fridays Keep Fit class, Edlesborough Mermorial Hall 10 - 11am

Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall, Fridays

07800 518654

Fridays Stay & Play toddler group, 'Musical Monkeys' at the Eaton Bray Village Hall, 10-

11.30am, £4.50 for one adult and child, £1 for extra children/adults, 0-6 months free

Scouts, 10 ½ to 14 years old), 7.00-8.30pm, 1st Eaton Bray & Edlesborough Scout Fridays

Hut, High Street, Edlesborough. Contact Mark Owen, 07899 892344, ebescoutleader@

ebescouts.co.uk

"Little Luvvies" baby ballet classes 10am-11.30am. Contact Emma Whittemore on 01525 Fridays

(term time) 376124

Fri (term time) Art Courses, Whipsnade Village Hall, 9.30am – 12.30pm. Lorna Moore 078 9661 9660 Saturdays Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208

KFPA Musical Theatre classes 4+vrs www.kfpa.co.uk, 10am, Edlesborough Memorial Saturdays

Hall

Bootcamp Fitness, 9-10am, Dagnall Recreation Ground, Josh Thompson 07456 574405 Saturdays

or jtptinfo@gmail.com

Sunday Worship at 10:30am and 6pm Grace Baptist Church, Moor End, Edlesborough Sundays

(across from the post office). Alister King 07572 395687

Sundays Karate for kids & adults, 4-5:30pm, Eaton Bray Villaage Hall, Contact 07500 007779

Monthly

1st Monday Eaton Bray Parish Council Meeting, 7.30pm, The Coffee Tavern (except Jan-2nd Monday) 1st Monday

Eaton Bray W.I. Meeting, 7.30pm, Faton Bray Methodist Church Hall, Contact Margaret

Jones on 01525 220991

Knit 'n Stitch at Edlesborough Village Hall, 1:45pm to 3:45pm. Contact Heather 1st & 3rd Mon

(ex. Bank Hols) Westwood (01525 839083)

2nd Mon Film Society, Sep to May, 2pm, Eaton Bray Village Hall, Graham Chappell 01525 220883

Dunstable & District Orbit (social and charitable) Club meet at Dunstable Rugby Club at 1st & 3rd Tues

8pm. For details contact 01525 222441 or 01582 755147

St. Mary's Church, Eaton Bray Coffee Morning & Plant Sale, 10:30am - 12 noon 1st Saturday

1st Sunday St. Mary's Edlesborough Open Days, 2-5pm, May to September inclusive

2nd Monday SilverLink, 2.30-4.00pm, Grace Baptist Chapel Edlesborough – activities, talks, friendship

& refreshments for the over 60s

2nd Tuesday Dunstable & District Local History Society meeting, 7.45pm, Methodist Church Hall,

Dunstable (opposite Wilkinson)

Edlesborough W.I. Meeting, 7.30 pm, Edlesborough Memorial Hall. Contact Sue 2nd Tuesday

Bingham on 01525 222522

2nd & 4th Tues Dagnall Church Welcome Club, 2-4pm, Dagnall Church. Contact Catherine Hayden

01525 220527

2nd Wednesday St.Mary's Ladies Guild, 2pm, St.Mary's, Eaton Bray

2nd Wednesday Eaton Bray & Edlesborough Lions Club, 7.30pm, The Coffee Tavern

CAMEO Coffee, tea & chat, 10am-12noon, Edlesborough Methodist Church 2nd Thursday

Workshops Dynamic Yoga 9.30-11am £10 Eaton Bray Coffee Tayern, Keira 07936 2nd Saturday

693696

3rd Thursday Edlesborough Parish Council Meeting, 7.30pm, Memorial Hall

3rd Sunday Lunch club 11.30 to 2.00pm, Eaton Bray Village Hall, Chris Hewitt 222288

Last Saturday Coffee Morning, 10:00-12 noon, Edlesborough Methodist Church

Village Diary Merch 2020

Other Regular Events

1st Beds Area Narrow Gauge Model Railway Club Meeting, 10.30am-3.30pm, Eaton Bray

Village Hall

14th Cafe Community, 11am-1pm, Eaton Bray Methodist Church

13th Leukaemia Research Coffee Morning, 2 Dunstable Road, Dagnall 10.30am. All welcome.

17th Dagnall and Kensworth Friendship Club, Tea and Bingo in the village hall at 2pm

One Off/Annual/Irregular Events

21st Music @ St.Mary's - Buffalo featuring Katrina Grant, 7:30pm St.Mary's Eaton Bray,

Tickets £8 Box Office 01525 222283

29th Eaton Bray Spring Market, 10am, Market Square, Eaton Bray

Focus Magazine Distribution

Focus is looking for new distributors who would be prepared to cover Northall Close and Cantilupe Close in Eaton Bray each month to ensure that the residents receive a copy of the magazine. If you feel you could help out, or would like more information, please contact John Plater on 01525 221095.

Many thanks.

EATON BRAY PARISH COUNCIL

We currently have vacancies
Please come and help run your village

BECOME A PARISH COUNCILLOR

The Parish Council is nine members of the public

If you are just the person to help make a difference and create a better future for local residents, please contact the Parish Clerk.

We look forward to hearing from you.

Heidi Head, Parish Clerk

Email: co.uk - Telephone/Text: 07931479663- Website: www.ebpc.co.uk Office Hours: Tuesday/Thursday/Friday 09:30-13:30hrs [messages can be left on answerphone]





EDaN Community Transport

Peter Williams: 01442 842506

Village Hall Booking Contacts

Northall: Lorna Cubbage Tel: 07857 318696 www.edlesborough-pc.gov.uk/nvh

Email:northallvhbookings@gmail.com

Eaton Bray: Norman Lee Tel: 07975 797202

Email: bookings@ebvh.co.uk Website www.ebvh.co.uk

Dagnall: Liz Coates 01442 842550 & Trish Owen 07762 151364

Email DVH Bookings@outlook.com

Edlesborough Memorial Hall: Penny Pataky, Tel: 01525 229358

Email: manager@edlesborough-pc.gov.uk

Police Contact Numbers...

making neighbourhoods safer together

General Assistance (Recommended Number): 101 Emergency: 999

Bedfordshire Police (Eaton Bray)

Leighton Buzzard Police Station/Kathryn Horgan: 01582 473411

Typetalk: 18001 01582 473418

Email: LPT.LeightonBuzzardLinslade&Rural@bedfordshire.pnn.police.uk

Thames Valley Police (Edlesborough, Dagnall & Northall)

PCSO Jackie Dodson

Email: NHPT@thamesvalley.pnn.police.uk

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These units are registered with the Ambulance Services. To access them, please phone 999. You will be given the access code and the location of the unit will be confirmed. The defibrillator is easy and safe to use. The units can be found on the

outside walls of the following locations:

Dagnall: Red Lion Public House Eaton Bray: The Coffee Tavern Northall: The Swan Public House

Edlesborough: Edlesborough Memorial Hall & Baptist Church, Summerleys



Helpline: 07930987064

Manned phone hours:

9am to 5pm, Monday to Friday

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Services at St Mary's Church

SUNDAYS: 8.00am HOLY COMMUNIÓN

10.00am PARISH SUNG HOLY COMMUNION

On Third Sunday of each month:

10.00am – WORSHIP FOR EVERYONE a shorter, less formal service for families. (For anyone wishing to attend a service where Holy Communion is offered, there is a Family Communion at 10.30am at All Saints' Church, Dagnall, where visitors are assured of a warm welcome).

WEEK-DAYS:

Wednesday: 10.00am Holy Communion EVERYONE WELCOME AT THESE SERVICES

Dagnall Church Welcome Club



Tuesday 10th March 2pm to 4pm

Drop in for a chat, a cup of tea and cake.

All ages welcome.

Dagnall Church, Ringshall Road HP4

All Saints' Church, Dagnall



Services in March 2020

			W
Sun. 1st Mar.	9.00 am	Eucharist	
	10.30 am	Morning Service	1000
Sun. 8th Mar.	10.30 am	Morning Service	THE PERSON NAMED IN
Sun. 15th Mar.	10.30 am	Family Communion	Nie finale in the second
Sun. 22nd Mar.	10.30 am	Morning Service with Holy Cor	nmunion

Sun. 22nd Mar. 10.30 am Morning Service with Holy Communion Sun. 29th Mar. 10.30 am Morning Service Sun. 5th April 10.30 am Morning Service

If you are interested in your child attending Sunday School, as an introduction to church-going, please contact Liz Coates at lizcoates@btinternet.com

WORLD DAY OF PRAYER

FRIDAY 6TH MARCH
2.00PM
ST MARY'S CHURCH, EATON BRAY
ALL ARE WELCOME

Eaton Bray with Edlesborough Parish News

Vicar: Rev'd Joy Cousans

The Vicarage, 11 High Street, Eaton Bray - Tel: 01525 220261

Curate: Rev'd Stephen Burge

Church Warden & Pastoral Matters: Catherine Hayden (01525 220527)

Reader: Gordon Gray (01525 220136)

Website: www.stmaryseatonbray.org.uk Facebook: St Mary's Eaton Bray

On Wednesday March 11th St Mary's Eaton Bray will be hosting an open meeting of Dunstable Deanery Synod at which we will welcome Andrew Selous, MP for South West Bedfordshire, which includes Eaton Bray. He has recently been appointed the Second Church Estates Commissioner. There are three Church Estates Commissioners, the Second of whom is by convention a member of parliament selected from the governing party. They must also be a confirmed lay member of the Church of England. The Commissioner's primary parliamentary role is to answer oral and written questions from MPs about Church of England matters. The commissioner is an important link between the Government and the Church of England which is the established church in England. As such, the Church Commissioners are accountable to parliament.

The Second Church Estates Commissioner handles correspondence from MPs, parishioners and others on a range of church affairs and is often asked to comment on church matters by the press. He is supported in this role by the Parliamentary Unit and other relevant staff based at Church House in Westminster. He also plays an important advisory and advocacy role for other Church of England bodies in their contact with Government and with MPs about legislative issues affecting the wider church.

Prime Ministers' Questions is the famous example of a dedicated question time in Parliament but there is also a Second Church Estates Commissioner question time. Questions from MPs to the Church Commissioners takes place on the floor of the House of Commons once every four weeks when the House is sitting. The allotted time of fifteen minutes for questions is shared with representatives of other (non-Church) bodies that are accountable to parliament. The Second Church Estates Commissioner also answers formal written questions tabled by MPs. These can be on a range of issues related to the Church Commissioners' responsibilities for its nationwide ministry and its important role in maintaining the heritage of church and cathedral buildings.

The Church of England's own governing body, the General Synod has three houses: the house of Bishops, the house of clergy and the house of laity. The clergy and laity are comprised of elected representatives from each of the 42 dioceses of the Church of England. The Second Church Estates Commissioner is a Governor of the Church Commissioners and is an ex-officio member of the General Synod.

He is also an ex-officio member of the General Synod's Legislative Committee, which conveys draft legislation from the General Synod to Parliament. His role there involves advising Synod officers on the handling of the Church's relationships with Parliament. He is also a member of Parliament's Ecclesiastical Committee, the joint committee of both Houses that scrutinises draft legislation, and has responsibility for steering the legislation through the House of Commons (in the Lords this is done by the bishops). The

'steering' process also involves liaison with the House authorities to ensure smooth and timely passage of the legislation.

Andrew Selous will be coming to talk about his work in this important role. All are welcome at the meeting in St Mary's which will begin with tea and biscuits at 7.30pm ready for an 8pm start.

Every blessing, Joy, Vicar of Eaton Bray with Edlesborough

CURRY NIGHT

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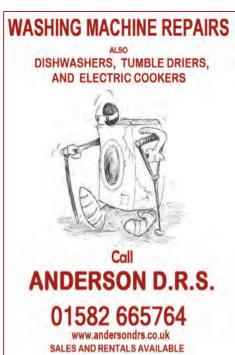
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Litter Picking in Northall and Edlesborough

Spring is here – well in my garden the daffodils are almost out (10th February) and the birds are looking optimistic despite being a bit battered by yesterday's storm. So, having been out and about to see the state of things, it is obvious that



it's time to get going with our "Keep the Villages Tidy" campaign and rouse our band of litter pickers from hibernation.

Last year our intrepid band collected a total (from my records) of 68 large bags of rubbish, 1 tyre, a wheel trim, 1 broom(!?) 2 traffic cones, 2 jackets, and some carpet. This is a rough total only, and, does not include the rubbish collected by Isobel Parker on her Duke of Edinburgh's award, or any privately collected by community spirited people on their walks and jogs around the villages or from their front gardens. Not a bad total for two smallish villages – but not a good total either! It's amazing that we should be able to collect these sorts of quantities and it begs the question just where does it all come from?? It's easy to blame the recycling lorries for some of the litter, but the majority is deliberately thrown from vehicles. Well, maybe not the traffic cones.... Having just completed a litter pick in Northall down a rural stretch, I notice that even our local litter louts have improved standards. They are now wrapping several cans and bottles in plastic bags before chucking them out of the window. Is this to make it easier for the litter pickers (it isn't – the bags disintegrate before you can lift them) or to cover their prolific drinking habits??

So be prepared to see your wonderful group of litter pickers in their hi-vis jackets out and about in the villages and surrounding roads during the next few months. It would be great if you felt you could join us, but be aware that every little helps, as the advert goes, and the more you collect and bin from the immediate area surrounding your home, the less we will have to do in the centre of the villages, leaving us more opportunity to collect in the outlying rural parts of the villages.

Of course, our efforts only touch the surface of what is a national problem. If you have driven to Milton Keynes along the A4146 bypass and the A5, or around Heathrow, you can't help but notice the vast amounts of litter lying on the verges of the busy roads. Once you start noticing, you can see it everywhere, and it is frustrating to realise that clearing these verges is an impossible task for volunteers and unlikely to be addressed by cash strapped councils. The Great British Spring Clean will be taking place again at the end of March and beginning of April and it will be interesting to see if there is any change in this situation. I shall be organising some litter picks to mark the event.

Details in next month's Focus and on the Village Facebook if you are interested in taking part. If you live in Dagnall or Eaton Bray, there are local litter picking groups who are bound to be organising something similar and would be very glad of your help I am sure

So, let's make 2020 the year that our local environment improves, so that our haul decreases. Take your litter home. Bin those cans, bottles and MacDonald's debris. Go on! Give our volunteers nothing to do!!.....

ZLorna Cubbage. lornamcubbage@btinternet.com



St Mary's Village Carnival 2020

In aid of St Mary's Church Eaton Bray Fabric Fund,
Dunstable Foodbank and other local charities & good causes
This year the Carnival will be held on Saturday the 4th of July 2020 with the theme of 'HEROES'.

CARNIVAL OUEEN 2020

If you are aged between 7 and 12 years and live in Dagnall, Eaton Bray, Edlesborough or Northall you could be leading the procession in the Carnival Queen carriage. This year's Queen and assistants will be chosen by draw on Sunday the 19th of April 2020 in Eaton Bray village hall.

Visit www.stmarysvillagecarnival.com for further details and an application form.

INFORMATION FOR LOCAL BUSINESSES

The Carnival is the perfect opportunity for businesses and organisations to be part of a local community event which is attracting an ever increasing amount of visitors and gaining a reputation as one of the best rural carnivals around.

In order to make sure you have a presence at the Carnival, the carnival committee are urging local businesses, schools, youth groups and organisations to make contact and be part of this brilliant event. With visitors attending from all over Bedfordshire, Buckinghamshire and beyond the Carnival offers the perfect platform for business' to come and meet their current and potential customers. The committee will work in partnership with a business or organisation to ensure that they get the best out of what the carnival can offer. Just a few ways the carnival can help are:

- Advertising in the carnival programme, delivered to over 2500 homes locally.
- Advertising in the carnival arena, offering prime exposure within the heart of the carnival.
- Having a stall at the carnival. Prices unchanged from last year.
- Donating a prize towards either the grand draw or the silent auction.

To book a stall, arrange advertising, offer prizes or for a chat about how the carnival can work for your business or organisation, visit the carnival website.

WE NEED YOUR HELP

Many members of the Carnival Committee are highly experienced **but** we need new and enthusiastic people to help therefore ensuring that the tradition of Carnival can be continued for many years; so, we need fresh faces to help organise the event.

There are some specific roles where we need help urgently:

- · Assist with the Church tombola
- Arrange and running the BBQ on Carnival day

If you know someone who is itching to help then please contact us through the website or Facebook page.

www.stmarysvillagecarnival.com



Edlesborough Parish Council News

Including Edlesborough, Dagnall and Northall

Parking on Grass Verges in the Parish

Some time ago, Buckinghamshire County Council devolved some contracted services to EPC including the maintenance of the grass verges at the road margins. Following damages to some verges EPC has been



made aware of the responsibilities regarding the grass verges.

At the December 2019 and January 2020 Council meetings the Council discussed the damage being caused to the grass verges by drivers parking their vehicles on them.

Accordingly the Council wishes to inform Parishioners that the Byelaw made by Bucks CC in 1956 "makes it an offence to drive, place a vehicle or cause a vehicle to be driven or placed upon any road margin, to which the byelaw applied in such a manner as to injure or be likely to injure any turf or any tree, shrub or plant growing thereon....The byelaw applies to any road margin, which was in or beside a public road and was laid or sown with grass or planted with trees and shrubs and maintained constantly in good order for ornamental purposes and has a sign on it indicating that the byelaw applies." More information can be found at https://www. buckscc.gov.uk/services/transport-and-roads/ parking/parking-on-verges-and-footpaths/

EPC are now trialling "Please do not park on grass" signs are locations in the village where the most damage is being caused. EPC is also reminding all residents that parking on the grass verges in the villages is not permitted. Parking on pavements should be avoided to ensure freedom of access by pedestrians, especially for pushchairs and those with mobility issues.

The Anne Thompson Young Peoples Cup for Excellence

The Anne Thompson Young Peoples Cup for Excellence is an award that is presented by EPC

to a young person in the Parish who has come to the attention of the Council. The cup may be awarded for excellent achievement. raising awareness. contributing to the local community or for another reason that makes the young person stand out to the Council.



Nominations for the 2020 recipient should be submitted to the Parish Clerk by 30th April 2020. Please ensure you include the nominee's full name, age, address and a detailed explanation as to why this young person should be considered for the award.

Council Elections

Elections to Edlesborough Parish Council are due to take place on the 7th May. If you are interested in becoming a parish councillor, please contact the clerk for further information.

Pebblemoor Car Park

Over the past year vehicles have managed to gain unauthorised access to Edlesborough Green via the Pebblemoor Car Park.

With this in mind and the costs of replacing the wooden posts EPC has agreed to remove the wooden posts and replace them with a grass "bund" similar to the one on Mill End Close in Eaton Bray. At the time of writing this report it is anticipated that the improvements will have been made to the Pebblemoor Car Park during February half term (weather permitting).

To begin with the bund will resemble the first picture below.



Once the grass seed has become established the Council is sure you will agree that this will be a secure and more attractive way of preventing unauthorised access to the Green from this car park.

County Cllr Anne Wight

Cllr Wight attended the January EPC meeting and reported on the following matters, her full report can be found on the EPC Website:

- The Brownlow Bridge repairs
- Winter Health Awareness
- Speed Awareness
- · Community Boards

District Cllr Chris Poll

Cllr Poll attended the January EPC meeting and gave the following report; "Our VALP process is moving forward. We are scheduled to have our final scrutiny meeting on the 9th March followed by cabinet consideration on the 10th and adopt the whole plan at a special council meeting on 25th March.

I will be attending a Buckinghamshire Council Shadow Authority meeting on Monday next week where the draft budget will be discussed. This is just before the budget goes to the full membership for approval. I will let you know if there is anything to report back.

We have only a few meetings left before the transition from 5 councils to 1 and the next few weeks will be a very busy time for us all."

Speedwatch

The EDaN Traffic Management team are looking for new members and volunteers to help with



their new Sentinel device. If you have an interest in traffic management in the villages or are concerned about Road Safety, please contact Cllr Alan Williams at Alan.williams@edlesboroughpc.gov.uk or 07828 398371

Salt Bins

The responsibility for filling these bins is with

Transport for Bucks. When supplies are running low a refill request should be submitted via the website http://www.



transportforbucks.net/report-it-general.aspx It is more appropriate if a parishioner living close to the salt bin makes the request but in practise anyone can make the request.

EdleFest 2020

The EdleFest dates for 2020 have been confirmed as 12th and 13th June. More information and tickets are available via the EdleFest website https://edlefest.site123.me/

Allotments

Are you a keen gardener in the family? We currently have plots available at all our sites. Anyone wishing to take on an allotment should contact the Clerk. Fees are £2 per pole and plots range in size from 5-10 poles.

Streetlights

Please report failed streetlights in Edlesborough, Dagnall and Northall to the Clerk for repair.

When making a report please ensure you provide the Clerk with the information displayed on the lamp post.

EPC Meetings

The next Edlesborough Parish Council Meetings will take place as follows:

- Edlesborough Memorial Hall, Thursday 19th March 2020
- Edlesborough Memorial Hall, Thursday 16th April 2020

The meetings will commence at 7:30pm.

All Parishioners are welcome to attend all Ordinary Parish Council meetings and may ask questions, raise issues and give suggestions during the Open Forum before the formal start of the meeting. The full minutes of the Parish Council meetings are available to view on the website or from the Parish Clerk.

17th Eaton Bray Beer Festival

Eaton Bray Hall Friday June 5th and Saturday 6th

Who would have thought back in the dark evenings of 2003/04 that a few local people, who supported our village hall came up with idea of talking to Roy Chatto (chair of CAMRA in Beds, now and then!) to see if they would help us organise a Beer Festival. Well as we approach our 17th Festival, it's interesting that on average over 500 people have come each year to enjoy not only the beer, but just as importantly, the pleasure of meeting other local people having a chat along with a some great food (much better now than merely a burger!) and of course some great entertainment.

This year will be no exception. Roy and his merry band of helpers will be supplying some superb Beers, Ciders and Perrys. Whilst there will be one or two old favourites, there will be plenty of new ones to try.

On Friday 5th we have Corruption playing and they have graced our event on Saturday for the last couple of years, but then we thought, Friday attendees are a different crowd from Saturday, so let's change it round. On Saturday we always start with Smartie Artie at 2pm, for those of us who are younger or think they are! And in the evening we have our old favourite Jerome Chance, he might object to calling old but then he doesn't read Focus!

This year we are producing a new Festival glass which will be yours to keep, after you have paid to enter. As many may remember, we cleared out our old glasses last year and will probably be doing the same in 2030.

Lastly a plea. We started this in 2004 and not unnaturally we are all a lot older than then. To put this event on, means that those involved are putting 7-8 hours in each so that it runs smoothly. If you could just give us a couple of hours on either day it would really help (and there could be a perk involved!). If you're really keen, we would welcome you onto the organising committee. It's not a lot of work but is great fun, think about it, then call Ross, on 07974 715222 or email ross.bagni@btinternet.com. Thanks and see you all in June.

Friend of Bucks



The Wednesday Club



The Wednesday Club, who meet every Wednesday in Northall Village Hall, are seeking additional volunteer drivers of their 12-seat Minibus.

We pick up members from their homes in the surrounding villages between 9:15am and 10am, and then take them home again at 3pm.

If you are interested, please contact Peter Williams, Chairman of the Trustees, on 01442 842 506.

EATON BRAY PARISH COUNCIL

HIGHLIGHTS OF THE MINUTES

A full/detailed copy of the minutes for Eaton Bray Parish Council can be found on our website.

A hard copy of the minutes can also be viewed on the Parish Council's notice board at The Coffee Tavern.

PARISH COUNCILLOR VACANCY

The Parish Council has a vacancy for a Parish Councillor. If you are interested in this role please contact the Parish Clerk.

Meeting of Eaton Bray Parish Council Held on Monday 13th January from 7:30pm at the Coffee Tavern Central Bedfordshire Council (CBC):

Cllr Philip Spicer, email Philip.Spicer@centralbedfordshire.gov.uk

CBC Website: www.centralbedfordshire.gov.uk / CBC Email: customers@centralbedfordshire.gov.uk CBC Customer Services: 0300 300 8301

*Potholes – if you see potholes on the parish roads, take a photo/note down location and report to CBC to investigate further. Link: https://beta.cb-report-it.co.uk/

*Public Footpath repairs – when walking around the parish you see problem footpaths, take a photo/note down location and report to CBC to investigate further.

Link: https://forms.centralbedfordshire.gov.uk/officeforms/Reporting issues on a right of way.ofml

Bedfordshire Police:

Eaton Bray Police contact: PCSO Ellie Vaughan-Springate, Bedfordshire Police - Community Policing Team, Leighton Buzzard, Police & Fire Hub, Lake Street, Leighton Buzzard, LU7 1RT. For general Police contact/enquiries: Non-emergency call 101 / All emergencies 999



Speedwatch

The Parish Council now have a fully trained Speedwatch Group and are regularly carrying out Speedwatch checks within the parish. The Speedwatch Group are always on the lookout for additional members, if you are interested in getting involved please contact the Parish Clerk.

Parish Council Website: The Parish Council website will be going through updates/maintenance to ensure it falls in line with new government guidelines. During the update minutes/documentation should be accessible, however if you experience difficulties obtaining information during the maintenance period please contact the Parish Clerk for assistance.

Village Market:

The Village Market Group are on the lookout for additional volunteers to help get involved with the running of the markets. If you are interested, please contact the Parish Clerk.

Parish Council Meeting Dates:

Held in The Coffee Tavern, 1st floor, from 7:30pm (please check website for any changes to date/times) *Monday 2nd March 2020 *Monday 6th April 2020 *Monday 4th May 2020



Heidi Head, Parish Clerk

Email: clerk@ebpc.co.uk – Telephone/Text: 07931 479663 – Website: www.ebpc.co.uk Office Hours: Tuesday/Thursday/Friday 09:30-13:30hrs





How Can We Pull That Off Again?



The trouble with putting on a great show, is you've got to do it all over again the next time. And let's be honest, we did get rather lucky last year. I was in the kitchen when an unknown caller on my phone introduced himself as Chris Difford from *Squeeze* and asked if I'd mind if he brought along Steve Nieve (*Elvis Costello and the Attractions, Madness*) to play keyboards with him at our village music festival. Suffice to say, I didn't mind one bit, although in my excitement I did rather overdo my salmon fillet. A few weeks later and I find myself listening to Olivers Army being played on our church organ as Steve was 'messing around' before the soundcheck. All very surreal and the start of a fantastic night.

But for the EdleFest team, with the Pimms packed away and the strains of **Cool for Cats** still buzzing around our heads, we needed to start booking acts for this year. Could we get that lucky again? Well, we'll probably claim it was good judgement rather than luck, but the first band we booked was *The Trials of Cato*, our headline act for Saturday, June 13. Sure enough, a few weeks later they were collecting their award for BBC Best Folk Album of the Year and are on their way to the big time – but meantime, you can see them right here in the village!

And alongside them are *The Magpies*, an all-female virtuosic blue-grass line-up fresh from their success at Glastonbury 2019. And I haven't even started on Friday night, which could get pretty lively, as we have splashed out on *JigJam*, one of the biggest names in Irish/bluegrass/Americana. They will be joining us after completing their fifty night US tour – from Nashville to New York to Edlesborough – they are clearly keeping the best 'till last.

So, for those of you that were there last year, you'll know just what a fantastic event our local village music festival has become. For those of you who weren't – well maybe this is the year to find out!

Tickets will be available in the village from Janes Flooring from March 30th (cash or cheque only, please). Or you can get them on-line now via the website, or by calling 01525 221744. We've held the same low prices as last year and there's a discounted rate if you come for both nights – and when you look at the whole line-up, why wouldn't you?

Find out more about it online by searching for *EdleFest*, or visiting *edlefest.site123.me*, by calling 01525 221744, *or by email to EdleFest@gmail.com*. See you there!

Richard Brandon



The Magpies



The Trials of Cato

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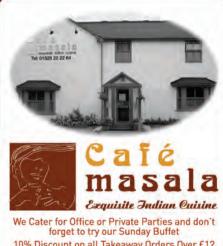
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Dagnall Community Choir

Please spare a thought for Dagnall Community Choir on the evening of Saturday

7th March, when we will be taking part and competing with other choirs in the Bedford Music Festival, singing possibly the most challenging song in our repertoire to date!

We have all been practicing hard to ensure that Astor Piazzolla's "Invierno Porteno" sounds just about as good as we can make it sound, and hoping that the judges will be impressed... We will also be singing Vivaldi's "Gloria", which is an absolute breeze in comparison - who would have thought when the choir formed, just over ten years ago that Vivaldi would be so firmly within our comfort zone?

And please spare another thought for us the following weekend, when we will be doing it all over again, at the Milton Keynes Music Festival, which takes place on Friday 13th March.

Rest assured though, that DCC isn't just about learning complicated classical pieces for competitions. Our repertoire includes a whole range of musical styles, including show tunes, traditional songs, rock and pop and much more. At the moment we are loving "Circle of Life" from the Lion King, and "Flying Free" by Don Besig, and are looking forward to learning some new music in the coming weeks.

Our next concert is on Saturday 2nd May,

7.30pm at St Mary's Church, Eaton Bray. This is a combined concert, with the South Beds Concert Band, who we have enjoyed performing with many times at the Poppy Prom, and who we know will provide a fantastic evening of music. Tickets are £10, available from the Box Office on 01525 222283 or 01525 220189.

In September, we will be celebrating ten years of Dagnall Community Choir with an anniversary concert in Dagnall Village Hall. This will take place on Saturday 12th September, so put that date in your diary now! We also have some fun social events to look forward to in the coming months, including a Quiz Night in the summer, and a visit from a Norwegian choir in May, which will no doubt be an interesting and entertaining evening.

We have had several enquiries from people interested in joining us recently, and are grateful to the members of the local Facebook page who have sparked discussion alerting more people to our existence. It seems there are many people living within our community who are keen to sing with a choir, and we look forward to welcoming them at any of our Monday night rehearsals. Come along and see how much fun we have!

For more details about the choir or to get in touch, please visit our website at www.dagnall-community-choir.co.uk.

EASTER TENNIS CAMP 2020 EATON BRAY LAWN TENNIS CLUB



EATON BRAY EASTER TENNIS CAMPS 2020						
WEEK 1	Mon 6 th April	Tues 7th April	Weds 8th April	Thurs 9 th April		
WEEK 2		Tues 14 th April	Weds 15th April	Thurs 16th April	Frid 17 th April	

COSTS				
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£40	£48			
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And 2) Year 5 - Year 11 at 9-11am

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Gordon's Christmas Puzzle 2019

Another record breaking year

Thank you to everyone who has entered this year's Puzzle and for your remarkable generosity. 2019 has been a record year in a number of ways: a record number of entries (368 compared with 349 in 2018) and a record amount of money raised (£7,500 compared with £7,300 in 2016) meaning that each of the charities **Berks, Bucks & Oxon Wildlife Trust, Changing Faces, Ieuan the lion** and **Noah Enterprise** and **St Mary's Church** will receive £1,500. The total raised by the Puzzle has now reached £98,900 and, over the years the Puzzle has now exceeded 1,000 entrants from around the world of whom 346 have scored full marks on at least one occasion.

A draw was held at St Mary's Church, Eaton Bray, on 2 February 2020 Those selected who had scored full marks and who will receive a cheque for £50 are: J M Edwards, Barbara Gillion and Dawn Odam. In addition four names were drawn from among all the entrants; those chosen were: John Parish, Colin & Jan Vout, Alistair Eden and June Bryant; they each receive prize of £10. Two of these winners live within a few miles of St Mary's.

On behalf of all the charities supported "Thank you for your generosity".

Danesborough Chorus

Saturday 28th March, 7.30 pm St Mary's Church, Woburn

Come with us on an adventure in musical contrasts!

Enjoy Baroque masterpieces by Antonio Vivaldi and Georg Philipp Telemann and a hauntingly beautiful anthem to peace that is an 'up and coming' modern classic by Cecilia McDowall.

Vivaldi *Gloria* Vivaldi *Magnificat* Telemann *Suite in D* McDowall *Ave Maris Stella*

The choir and its conductor, Ian Smith, are joined by the Alina Orchestra and soloists Susan Gilmore Bailey (soprano) and Anna Huntley (mezzo-soprano).

Tickets: £20 and £15 (reserved), £10 (unreserved), under 18s £5. Available by post from Danesborough Tickets, 3 Rock Lane, Leighton Buzzard LU7 2QQ or by phoning 01908 583460 (to 29th Feb) and 01525 373512 (from 1st Mar). Send stamped SAE and cheque payable to 'Danesborough Chorus'. Or visit www.danesborough.org.uk for booking form.



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Knitting at Dagnall C of E

At Dagnall C of E we have started a knitting club for Years 2 & 3. After only 3 weeks the children can all knit a row on their own. Great job! We have a new classroom! We currently have capacity for children from Reception to Year 3 and for up to Year 4 from September 2020. Please come and look round our village school with small classes and a strong ethos of being nurturing as well as having high expectations.

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Northall Baptist Church

A little Church with strong local links

'When did we see you a stranger and welcome you?' Matthew 25: 38

One of our members, Reverend Ruth Bottoms reports on her work as a Chaplain in London:

If you have travelled to London recently to shop, visit the sights, or take in a show you are likely to have noticed the number of people sleeping rough on the streets. For those of you like me who commute, it is a daily occurrence to see people in sleeping bags on the streets, or begging or selling the Big Issue. The long-term trend for rough sleeping has been rising over the last ten years, with 8855 people found in the year 2018/19¹. This is a pattern repeated across the country but is acute in London and the borough of Westminster in particular which has the highest recorded rough sleeping levels at 2,512. 49% of those in London were from the UK but 126 different nationalities were recorded. 84% were male. The most frequently reported support need amongst people sleeping rough was mental health at

50%. As in previous years the most frequently cited reason (31%) for new rough sleepers leaving their last settled base was being evicted or asked to leave by the person they were staying with. As someone who works in the homelessness sector, there is no such thing as a standard rough sleeper. These are all unique individuals with strengths and challenges, likes and dislikes, hopes and dreams. Some rough sleepers are working, but on zero hours' contracts and the minimum wage cannot find anywhere to rent in central London. Every year in November St Martin's in the Fields church in Trafalgar Square hosts a service to remember those who have died homeless



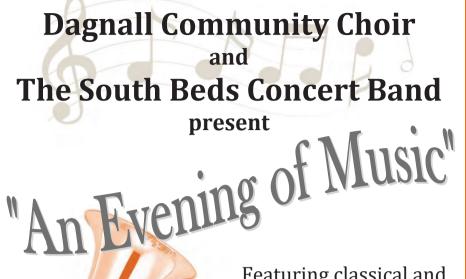
St Martin's in the Fields church in Trafalgar Square

or vulnerably housed in hostels (pictured). Last year we read out 126 names. Life expectancy for those living on the streets is considerably lower than average. Amidst all this, one of the signs of hope is the increased partnership working between the charity and public sectors which means a complete mix of services can be offered to help people move on. I work as the Chaplain for the charity WLM, based in Marylebone, whose mission is to empower people affected by homelessness, poverty and trauma to live more fulfilling lives (www.wlm.org.uk). I am privileged to hear many stories of courage and change amidst the challenges and difficulties that people face. I value the fact that the small rural church I belong to is supportive of me and my ministry through prayer and giving, and we are as a fellowship seeking to play our part in responding to the challenge of Jesus to us to welcome the stranger.

Our Sunday services are at 11 am. If you come and join in the worship, music and song, you'll get a very warm welcome. We're holding some Lent discussions on Wednesday evenings from 4th March. Please contact me on the number below if you would be interested in joining us.

For those interested in the history of Northall Baptist Church, a free copy of the booklet, Rebels in Green Pastures can be supplied or downloaded from our website: http://northallbaptistchurch.org/ Ruth Cox Tel: 07791 425625

¹ All statistics are taken from CHAIN Annual Bulletin Greater London 2018/19 http://data.london.gov.uk/dataset/chain-reports



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Saturday 2nd May 2020 7.30pm St Mary's Church Eaton Bray

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St Mary's Eaton Bray



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St Mary's Church, Eaton Bray Saturday 21st March at 7.30pm

Vegan BBQ Pulled Jackfruit Kebab with Spicy Slaw and Vegan Tzatziki

Over recent years on my Weekend Kitchen show, it's been really interesting to watch the way our perceptions of vegan food have developed. Initially met with a lot of scepticism, vegan food on my show would usually have been met with "that's better than I expected" or "you wouldn't know it's vegan". Now we no longer need to make excuses - vegan food is just food, which happens to be vegan. This wonderful vegan kebab stands on its own as a brilliant meal. It was created by a vibrant and clever chef. Paul Nicholls (@chefpaulnicholls on Insta), who runs the kitchen at Woburn Golf Course and his own catering company, Olive and Basil, named after his grandparents. Packed with flavour, fun and texture, it's absolutely delicious, and so easy to make too.

Serves 4

1 tin jackfruit

1 tsp smoked paprika

4 tbsp BBQ sauce

1 large carrot, grated

1 small red onion, finely sliced

1 handful shredded cabbage

1 handful grated celeriac

1 tsp harissa paste

2 limes, zested and juiced

4 tbsp vegan cream cheese

1/2 cucumber grated

1 clove garlic, finely chopped

4 mint leaves, finely chopped

4 large pita breads

Firstly make the zesty slaw. Mix the cabbage, carrots, onion and celeriac in a bowl. Season with salt and pepper, then add a little lime zest and juice and finish with the harissa.



In a separate bowl, mix the vegan cheese with the garlic, mint, cucumber and a little lime juice to taste.

Fully drain the jackfruit from the tin and fry it, with the paprika, in a little oil in a pan. You want it to start to pull apart and caramelise a little. Finish by mixing in the BBQ sauce.

Warm up your pittas and fill them with the pulled jackfruit and the coleslaw and drizzle over some of the tzatziki. Serve immediately.

Hear wonderful recipes on Nick Coffer's Weekend Kitchen every Sunday morning

BBCThree on Counties radio at 11am. You can also ioin Nick every weekday afternoon middav at for brilliant local guests with great stories to tell and all the music you want for your early afternoon.





Eaton Bray Methodist Church

Much to the congregation's delight it was Rev Wallace

Edwards who took our Covenant Service on the first Sunday in January. Referring to the flood-prone areas of Britain and the ancient causeways which were built to safeguard travellers' lives, he reflected on Jesus's words: "I am the Way....". As Christians in this service of rededication. we are asked to make choices about our direction and follow the path he offers. which is not always an easy one. On the second Sunday Fiona Arscott-Smith made a welcome return to our pulpit. She reminded us that we are all the beloved children of God but, for some people who have never heard the words "I love you..." as children, it is very difficult to understand and believe this. How can we get this across to such people, making it clear that we are not there to judge them, whatever they have done? Our third Sunday service was an revelation: Chris Curtis of Youthscape in Luton visited us for the first time. He gave a presentation of young people's poetry and artwork which was a complete inspiration. He challenged us to recognise the amazing depth, range and originality of thought that young people have to offer and asked us to re-evaluate our approach to the young generation; we need to see beyond the immediate, to stand back and allow new ways and open ourselves to the deeper, more profound needs. Our final service in the month was a Communion Service with our Minister, Rev Nigel Bibbings. In an act of moving praverful remembrance we marked the Holocaust Memorial of the following day. We also listened to an Encyclical from the President of the Methodist Conference, acknowledging the forthcoming withdrawal from the EU and we prayed together as '....one people determined to love our neighbour, support the weak and welcome the stranger'. The sermon was a warm and powerful encouragement to share Christ's story and find new ways to reach out to others.

Dates for your diary: Café Community

Saturday 14th March 2020 11am – 1pm We will be delighted to see you if you come for a cup of tea/coffee and/or a light lunch.

Social Afternoons

Thursdays 1.30pm – 3.30pm Chat, meeting friends, games, refreshments. All Welcome.



Eaton Bray Cricket Club Est 1914

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1 Senior team Beds Sunday League

6 Junior teams at U9, 2xU11, 2xU13 and U15

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Enjoy your cricket with Eaton Bray in 2020



Edlesborough Cricket Club



The days are getting longer, the nights are becoming lighter and the Community Sports Club is taking shape. Obviously we are excited by the prospect of a new cricket season, and are looking forward to using this major village asset as our base, welcoming our supporters and visiting teams to enjoy the new facilities with us. We encourage all friends to visit us on the Green during matches.

In 2020, we will again be performing on Saturdays in Division 5 of the Four Counties League, with most of our opponents within a twenty-mile radius of the village. Weekend friendly fixtures will also be arranged when necessary for a slightly less intense experience. As always, new players are welcome -please contact Cerid56@ gmail.com for further details.

Want to play but feeling a bit rusty? - indoor nets begin at Dunstable Town CC (in Totternhoe, past the football club and follow the signs for bingo) on Thursday 9th April at 8pm, and run for four weeks as we head into the new season at the beginning of May. For the past three years, the club has worked with the England and Wales Cricket Board (ECB) to provide a grounding in cricket for youngsters aged 5 to 8 through the All Stars programme. This has proved very popular and involves a lot of running around, batting, bowling, throwing and catching with the emphasis on fun in a safe environment rather than getting bogged down in technique. We are planning to run All Stars for two months again this year, on Sunday mornings starting at the end of May. Find out more by Googling All Stars cricket and see what's on offer.

This year, the ECB have realised that talented and trained 8 year-olds are a good thing, but that it might be useful to take it a bit further and bridge the gap between

All Stars and hard-ball junior team cricket, so they have introduced an initiative for 8 to 11 year-olds called Dynamos. We don't know how much interest there will be yet, but the plan is to run sessions after All Stars on Sunday lunchtime, which will be open to new players and to graduates of All Stars who just got a bit too old. As for All Stars, get your Google out and look up Dynamos Cricket for more details.



Nigel's Thoughts

Methodist Minister

As you read this copy of Focus the church will be observing the season of Lent.

Lent is a time of looking at the direction of our lives and seeing if there is anything that doesn't seem right, any of our thoughts, feelings or actions we might want to change. Having broken most of our New Year resolutions (not so very long ago) maybe because we only had our own will-power to rely on. Lent offers an opportunity to begin again with others and with God in a more focussed way, relying on his power to help us.

The mid-point of Lent this year is 20th March, which is the day on which the church remembers the life of someone called Cuthbert. Chances are if you have ever been to Lindisfarne (also known as Holy Island) off the coast of Northumbria you might know a little about Cuthbert. He became Abbot of the Abbey there and also chose a lonely life of prayer and contemplation for many years on the island of Inner Farne.

Perhaps you have been out on the boat from the village of Seahouses to look at the

puffins on the island (I was surprised at how small they are) and maybe you were able to land on that wind swept little island. It is not hard to imagine Cuthbert there on his own learning what it might mean to seek God above all other things. Here are some verses attributed to him:-

"Lord, I have heard your voice calling at a distance.

Guide my steps to you, Lord. Lord, I have heard your voice calling at a distance.

Guard my way to you, Lord. Lord, I have heard your voice calling at a distance,

Keep my heart for you, Lord. All whom I love, into your safe keeping;

all that I am, into your tender care:

all that will be, into your perfect will. Amen.

God bless you on your journey this Lent.

∞Nigel



March at the Grove

Film

1917 - 1 & 12 Mar

1Spies in Disguise - 1 Mar

A Hidden Life - 2 Mar

A Beautiful Day in the Neighborhood - 3 & 30

Mar

Little Women - 5, 10, 12, 15 & 16 Mar

Bombshell - 9 Mar

The Personal History of David Copperfield -

15 & 23 Mar

Dolittle - 22 & 28 Mar

Birds of Prey - 22 Mar

Emma - 31 Mar

Comedy

Barnstormers Stand Up Comedy - 26 March Joel Dommett – Unapologetic (If that's ok?) -21 Mar

Children's Theatre

A World Book Day Celebration: Talking Tales

Two! - 5 Mar

Exciting Science - 15 Mar

Dance

Dancemania 2020 - 29 Mar

Musicals

Friends! The Musical Parody - 7 Mar

Live Music

California Dreamin' - 4 Mar

Rule the World - 6 Mar

A Musical Journey Through Stories & Time - 8

Mar

Come What May – The Ultimate Tribute to

Moulin Rouge - 13 Mar

The Fizz 2020 - 14 Mar

Day at Night the Doris Day Songbook - 18 Mar

Islands in the Stream - 19 Mar

Michael Starring Ben - 20 Mar

Foster and Allen - 25 Mar

The Elvis Years The Story of the King - 27 Mar

Encore Screening

Cyrano de Bergerac - 18 Mar

Live Screening

Fidelio - 17 Mar

Friends! The Musical Parody

Sat 7 March 2020, 4.30pm & 7.30pm

Friends! The Musical Parody celebrates and pokes fun at the wacky misadventures of the group of 20-something pals we love from the hit TV show as they navigate the pitfalls of work, life, and love in 1990's Manhattan.

Friends! The Musical Parody is a hilarious good-hearted romp through our favourite moments from the hit TV show in an uncensored, hilarious, fast-paced, music-filled

production.

Ross, Chandler, Monica, Phoebe, Joey and Rachel, haven't gone anywhere and are singing and dancing their way back into our hearts in Friends! The Musical Parody the first UK and Irish tour of the hilarious off-Broadway and Las Vegas hit musical that lovingly lampoons the popular TV sitcom. You'll laugh! You'll cry! You'll Unagi! It's a typical day at New York's only coffee shop, Central Perk, until an unexpected runaway bride enters the picture and kicks the whole gang out of second gear!

With friends like these, who needs television? PIVOT!

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LOCAL HERALDRY BY JOHN HOCKEY

In this series, we take a look around local towns and villages to find interesting

and unusual heraldry.

ALDBURY

Last time we looked at some interesting tombs in Aldbury church. This time I want to look at a monument on the wall of the nave to John Duncombe, who lived at Stocks, a prominent house in the village. (Note, this house was near the Georgian mansion known by the same name today).

What is unusual about the coat of arms at the base of the monument is that it is divided into three.

Almost always, this signifies that the man in question had two wives and that is the case here. There are various ways the three sections



Duncombe Shield

may be arranged and in this case the central coat of arms



Duncombe Monument

is for the man (John Duncombe who died aged 67 in 1746). His first wife, Elizabeth Lowndes of Chesham is to the left and his second wife, also Elizabeth (Arnold) is to the right. Perhaps unsurprisingly we are also told that a daughter was called Elizabeth!

In the way that monuments such as these are written we hear that John Duncombe '..enjoyed the uncommon blessing of being happy beyond expression in the sweet society of both his first and of his second wife...'

As luck would have it, Chesham, where the first Elizabeth was from has some funeral hatchments to

the Lowndes family and if, like me, you have a hatchment book divided by county, you will find the exact description or *blazon* of their coat of arms. It is 'Argent fretty Azure each interlacing charged with a bezant, on a canton Gules a leopard's head erased Or' (see hatchment picture). Rather than trawl through all the description, I will just mention that

a bezant was a gold coin or roundel and here it is used almost as a rivet would be holding together some trellis (= fretty). To the right we have the Arnold coat of arms and this has three golden pheons or barbed arrowheads. The central coat of arms is for the husband and this Duncombe coat has '...three talbots heads erased...' A Talbot was a large hunting dog and erased in heraldry means torn off.

One last thing to mention is that the central shield has a smaller shield of the Arnolds on it showing that Elizabeth Arnold was an heiress.

Next time: Lady Marian Alford



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Quick Salmon Miso Ramen Noodles with Crunchy Vegetables

On my Weekend Kitchen show, I often take a microphone into my own kitchen and record myself making recipes at home. They are great ways of showing how you can make lovely home-cooked food in double-quick time. This lovely broth is a great example of that. It can be on the table in barely five minutes and just feels so healthy and good for you. I cheat with the store-bought ingredients, but that makes it all the easier to make.

Serves 2

1 litre vegetable stock (use a good quality cube, powder or pot)

2 tsp Miso paste

Garlic and ginger stir-fry oil

Chilli sauce (to taste)

Japanese soy sauce

1 pack ready cooked noodles

2 x 150g salmon fillets, cut downwards into 1 cm thick squares

1 large leek, sliced

1 pack mange tout, or similar

Make up your stock and stir through the miso paste. Check it for taste – you can always add a little more if you like more of the salty, nutty taste that miso paste gives.

Add a few drops of chilli sauce depending on your taste and spice levels.

Keep the stock on a gentle simmer.

Prepare two deep large round bowls.

Give the noodles a quick blitz in the microwave to heat them and soften them a little. Share them between the two bowls.

Heat a pan on a high heat and pour in a good glug of the stir-fry oil. Flash fry the leeks and greens for a minute. They won't need more as they'll continue to cook in the broth.

Share the veg between the two bowls, on top of the noodles.

Add a little oil again and chuck in the salmon.



Cook the pieces quickly on both sides. Drizzle in some soy sauce so they take on a colour.

Again, share the salmon between the two bowls and fill each bowl with stock.

Serve immediately and enjoy.

Hear wonderful recipes on Nick Coffer's Weekend Kitchen every Sunday morning on BBC Three Counties radio at 11am. You can also join Nick every weekday afternoon at midday for brilliant local guests with great stories to tell and all the music you want for your early afternoon.



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166	Arable					98'450
167	Arable					15.071
165	Road					5.883
186	Arable					103'214
215)	D. 11.11	-		5	905
214	House and Buildings				2.102	
Pt. 244	Grass					1'336
245	Moat					'947
246	Grass					'904
247	Grass					7'014
248	Grass					17'452
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274	Grass					1.703
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276	Grass					4.954
278	Garden					'248
168	Chalk					10.515
	Tenants, B	ucks Comm	ounty ittee.	Educat	tion	
Pt. 244	Garden					126
	Ten	ant, E.	Rollin	ıgs.		
212	Cottage					162
		TOTAL	ACRE	s		295'912

The Farm is let to Mr. Alfred Sharratt on a Yearly Michaelmas Tenancy.

				£	S.	d.
Outgoings.—Tithe (Com	nmuted	Amount)	 	26	11	7
Land Tax			 	7	15	5

The Timber is included in the Purchase.

LOT 15

(Coloured Brown on Plan No. 2).

A BLOCK OF

Three Picturesque Brick & Tiled 5-Roomed Cottages

(Nos. 15, 16, 17), with Wood Barns and E.C.'s and Long Gardens at front and side, and a Productive Orchard at the rear, the whole containing about

3.476 Acres.

Let to Messrs. Sharrat & Oakins and the Rev. W. C. Perry at Rents amounting to £29 15s. 6d. per annum.

Outgoings.—Land Tax 17s. 6d.

LOT 16

(Coloured Purple on Plan No. 2).

A Pair of Attractive Brick & Tiled 6-Roomed Cottages

(Nos. 2 and 3), with Gardens and Wood Barns and E.c.'s, with small Orchard at rear, being No. Pt. 22 on Ordnance Survey, containing about

'357 Acre.

Let to Ezra Bearton and Ezra Impey at Rents estimated at £18 Os. Od. per annum.

Outgoings.—Land Tax 6s. 8d.

LOT 17

(Coloured Brown on Plan No. 2).

A Desirable Brick & Tiled Detached Dwelling House

being No. Pt. 201 on the Ordnance Survey (and No. 1 Edlesborough), containing Seven Rooms, with Timber and Corrugated Wash House and E.C. adjoining, small Lawn Kitchen Garden.

Let to the Bucks County Education Committee on a Yearly Tenancy subject to Six Months' Notice expiring at Michaelmas in any year.

Bearly Awake...

Bears play chase in the sun as they come out of hibernation at ZSL Whipsnade Zoo

European brown bears at ZSL Whipsnade Zoo have been playfully celebrating the end of winter. The three bear sisters, Cinderella, Sleeping Beauty and Snow White, were splashing joyfully in the pond of their wooded home for the first time since beginning their long snooze last November, playfighting and chasing each other in the sun.

Whipsnade Zoo bear keeper Felicity Ball said: "This was the first time we've seen the girls since they started to come out of their deep winter sleep, and it was great to see them so playful and happy—they even gave themselves a good old-fashioned cold water wake-up wash!

"They enjoyed the February sunshine for a good 20 minutes before heading straight back to their den for another nap, so they're obviously not quite ready to be fully up and about yet — when bears come out of hibernation they tend to hit the "snooze button" a few times, just like some of us in the morning!"

The bears will spend the next month napping less and venturing outdoors more before the longer days fully wakes them up in time for spring.

"The bears get up at their own pace, which is perfectly natural but visitors could very well catch them on another of their playful bursts, which really is an amazing sight to see."

To book tickets and find out more visit zsl.org.



70kg Bundle of Christmas Joy

Zookeepers celebrated the birth of a giant after welcoming a baby rhino to the herd at ZSL Whipsnade Zoo, just in time for Christmas.

The female greater one-horned rhino (Rhinoceros unicomis) was born to mum Behan and dad Hugo at 5am on Sunday 8 December.

At 70kg, the youngster weighed more than twenty times the average 3kg human at birth and was born with furry ears and soft pink folds of skin, which will toughen to form the characteristic 'armourplate' the rhinos are known for.

ZSL team leader Mark Holden, explains: "We knew Behan was expecting so ZSL's zookeepers have been keeping a close eye on her throughout the 16-month-long pregnancy - we checked on her the night before and found her calm and relaxed in her indoor dens. Coming in early the following day they were delighted to find a healthy female calf standing next to her mother, having been born in the early hours. Since then, she has been getting

more adventurous every day: under her mum's watchful gaze she has ventured outside, so lucky visitors will be able to spot her."

Born as part of the European Breeding Programme (EEP) for the species, the calf is Behan's fifth calf and the 15th greater one-horned rhino to be born at ZSL Whipsnade Zoo, which was one of the first zoos in the world to breed the species in 1957. There are only around 3,500 greater one-horned rhinos left in the wild.



ZSL WHIPSNADE ZOO

Surely These Must Be The Cutest Zoo Babies

Our Zoos have welcomed lots of new arrivals recently including these lovely baby Mongoose pups. Dwarf mongoose mum Norma gave birth to her two pups in November. They're becoming very inquisitive - and of course are already adorable!

See them for yourself - you'll find them next to ZSL **London** Zoo's Land of the Lions.







MEETING PLACE AVAILABLE

Does your leisure group/voluntary organisation need premises for your regular meetings?

Edlesborough Methodist Church, centrally located on the corner of Cow Lane opposite The Green, has accommodation that might suit your purpose.

Please contact 01525 223093 for further details.



Dunstable & District Local History Society 10th March 7.45pm

The Berkhamsted Regicide

Murray Neil tells the story of Daniel Axtell, a grocer's apprentice from Berkhamsted, who fought on the Parliamentary side in the English civil war. Daniel was captain of the Guard at King Charles I's execution, which resulted in him being convicted of treason as a Regicide when the monachy was restored. The talk will follow the society's annual general meeting.

Methodist Church Hall, Dunstable Visitors always welcome £2

Taking The Strain Out Of Housework



Spring cleaning maybe on our minds but housework can put a huge strain on our backs. Follow these tips on how to look after your back safely and

avoid unnecessary injury.

Vacuuming - keep the vacuum cleaner close to your body, avoid reaching excessively forward, causing your back to bend. If you need to reach further forward, bend your knees not your spine. If you suffer from back pain, vacuum a little at a time and take regular breaks.

Cleaning the bath - use a long-handled mop or stand in the bath to clean the opposite side. Do not lean across the bath - this puts significant stress on your spine. Use a spray cleaner to save you reaching and scrubbing and let the detergent do the work!

Ironing – adjust the height of the board so that it is about 15cm (6 inches) below the elbows. Spread your feet apart and place them slightly in a lateral (side) lunge position. Then begin ironing by transferring your weight from one leg to another.

Laundry - reach down to pick up a basket by bending your hips and knees, not your waist. To lift the basket, use your legs. Hold and carry the basket close to you at all times.

Removing low items - when reaching for an object under the counter, do not lean forward and bend at the waist - instead, bend your hips and knees, while keeping your back straight.

Cleaning high items – when you ae cleaning high up, use a step stool. Keep your feet flat, and your neck and back straight.

Sweeping - make sure your legs are doing the work instead of your back. Place your legs in a stepping position (forward lunge) and transfer your weight from one leg to another while keeping your back straight. Remember to think about your posture and take regular breaks – this should take the ache and strain out of your housework. Tips by St Judes Clinic.



26 Lake Street
Leighton Buzzard
LU7 1RX
1525 377751
www.stjudesclinic.com
enquiries@stjudesclinic.com

St Judes Clinic

Grace Baptist Church Edlesborough

Pastor Designate: Alister King gbcepastor@gmail.com

Weekly Activities

Sunday Services

10.30am Morning Worship6.00pm Evening Worship

2nd Monday

2.30pm SilverLink for over 60s

Wednesday

10am (term time) Caterpillars Toddler Group 7.30pm Bible Study & Prayer Meeting

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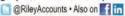
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If you need to complain about Heathrow flight noise the number is 0800 344 844. Email: noise complaints@heathrow. com



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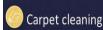
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the WI

Eaton Bray W.I.

There was a good attendance for our

February meeting when we made our votes for this year's WI Resolutions. We welcomed Iain Stubbs to our meeting, as our speaker for the evening. Members were reminded that annual subs were due to be paid that evening.

A Coffee morning is planned for Thursday 21st May from 10.30 until 12.30 am when we will invite the local community to come along. These coffee mornings have proved very popular in the village.

Members were reminded that we will be hosting the Autumn Group Meeting to be held in September.

The vote for 2020 WI Resolutions was taken and would be forwarded to WI Head Office.

Our speaker for the evening, Iain Stubbs from the Dunstable Foodbank, gave us a very interesting talk. The Trussel Trust, who runs the Food Bank Scheme, was founded by Paddy and Carol Henderson in Salisbury in 2004 in a garden shed. The Dunstable Branch was opened in September 2012.

When donations arrive, the food is checked, then sorted and boxed. Vouchers are issued and referrals made by Professionals. For some of those who use the Foodbank, there is a cup of tea and a listening ear when they arrive. Families in Crisis receive food for three days. Dunstable has a 160+ volunteers and is sponsored by 20 local churches, 15 warehouses, 5 local schools and businesses, 5 supermarkets and three distribution centres. As well as food donations, it is also important that cash donations are received to cover the Van

good running costs, and the new Warehouse, our which is expensive to rent. Margaret e our thanked Iain for a very interesting s. We talk and gave him a donation from the ng, as EBWI.

Our speaker for our March meeting on Monday 2nd March is Sue Mitchell who will be telling us about "Birds of Bray". Meetings are always on the first Monday of the month (except Bank Holiday when it is the second Monday). Meetings are held in Eaton Bray Methodist Hall. The contact for Eaton Bray WI is: Margaret Jones, on 01525 220991. A warm and friendly welcome awaits new members. At each meeting there is an interesting speaker or demonstration, followed by social time and refreshments.

The Salvation Army Booth Place



Sunday

Footprints (Sunday School) 9.45 - 10.45am (Term time only)

Morning Worship 11am

Tuesday

Coffee Morning 10 - 11.30am

(Alternate weeks)

Wednesday

Home League 2.30 - 3.30pm (Ladies meeting but all welcome)

Champion's Club (*Term time only*)

5.30-6.30pm (*Ages 5 to Year 5*) 6.45-7.45pm (*Year 6 and above*)

Thursday

Girls' Night Out

(1st Thursday of the month) 7.45pm

Ladies Fellowship

(Last Thursday of the month) 7.30pm

For further details please contact us on 01525 222087 or email eaton.bray@salvationarmy.org.uk



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Edlesborough W.I.

came and went, with much joviality and goodwill, excellent musical entertainment, delicious food and wine, general fun and laughter, with especial mention of the super 'puds' (many thanks to the clever ladies who made these). A super evening altogether.

Thirty intrepid ladies made it to the Memorial Hall on a horrible, very windy, January night for our first meeting of 2020, and we enjoyed listening to Philip Nalpanis explaining how our very beautiful and unspoilt National Parks came about and are administered and maintained (think The Dales, Lake District etc etc). The members, between them, managed to name all of the parks themselves, and there are quite a few of them. Slides were shown.

Surprisingly, the National Parks are not owned by the Government – they are all owned by a mixture of private landowners, interested groups and bodies of which the National Trust is one, and by no means, the largest of the groups. Each Park has its own Administrative Team and we all agreed that they do an amazing, and sometimes, difficult job of balancing the need of the public to use them without spoiling what they came to see in the first place. Sadly, our corner of England (approximately up to the Midlands), does not have its own National Park, as we are too densely populated, too much infrastructure etc. A great pity.

The Campaign for National Parks carry out sterling work when it comes to controlling unsuitable development within the Parks. It's a good job they do.

Readers, see how many National Parks in England you can name (a surprising number). Scotland and Wales have their own arrangements.

At our February meeting, we all greatly enjoyed an illustrated talk by David Dilworth

on 3D imaging. We were a little apprehensive as to whether this topic would appeal to our members, but we needn't have worried, David's talk was informative, instructive and interesting and sometimes funny and it all resulted in many questions and answers to and from members throughout the whole talk. I myself am totally "non technology" (no computer even and a mobile phone is beyond my understanding!) and even I understood and enjoyed the talk. (what an "eye-opener") 3D imaging is now "part and parcel" of our everyday life whether we notice it or not and it is involved with every aspect of it. Everything that is manufactured is now designed by 3D imaging as it saves time, money and waste which is all very necessary. It does much good work, a special example of this being creating prosthetics for children which can be "tweaked as the child grows wonderful!

David also showed us various ornamental items made via 3D imaging and we were all able to handle these. They were inspirational, but obviously involving many hours of work, 3D imaging is now taught in all secondary schools in England and David is working hard to make sure it also gets taught in Primary Schools and Buck's schools are leading the way with this. I should think that David was exhausted after this well received talk, with so many questions being fired at him. He did well.

Coming soon! – Pub lunch, March meeting entitled Frogmore paper Mill "Rags to Riches" and on the "drawing board", a coach outing to Bury -St-Edmunds. To date April members night - we've no idea what this will entail.

You are welcome to join us any time you like ladies, on the 2nd Tuesday of each month, 7pm at the Memorial Hall.

≤Sue Parker 221416

Dagnall Weather Station (AONB)

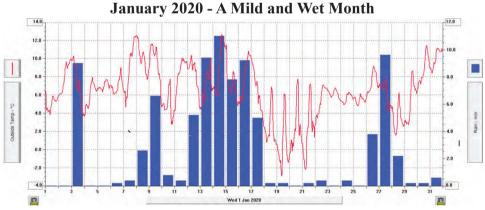
Weather Conditions for January 2020 Elevation: 450 ft - Latitude: 51° 50' 13" North - Longitude: 0° 33' 34" West



January was mostly mild and unsettled with rain and high winds. It did start on a dry note, but it was wet by the third day. Temperatures rose from the 7th and this wet and mild weather continued until 17th. We had the highest temperature of the month during this period, with 12.7°c on the 14th. High pressure then brought clearer, colder dry weather with little or no wind and temperatures dropped below zero on the 19th, 20th and 21st. By the 27th, it turned unsettled again. Other significant events were six days of high winds – with the highest of 37mph on the 16th – and the mean temperature which, at 6.4°c, is high for January (it was 3.8°c in January 2019).

In Station News: there has been a problem with the wind speed and direction data over the past few weeks. This is a sensor fault which has persisted despite my attempts to fix it. It is a big job as the anemometer is fixed to a mast ten metres off the ground, but I plan to replace it with a new unit shortly.

	High	Date/Time	Low	Date/Time			
Temperature:	12.7°c	14 Jan 16.00	-3.1°c	19 Jan 09.00			
Mean Temperature	6.4°c						
Dewpoint:	11.6c	14 Jan 16.30	-3.7°c	19 Jan 09.00			
Humidity:	96%	5 days	73%	29Jan 15.00			
Barometer:	1048.6mb	19 Jan 22.30	988.2 mb	28 Jan 02.00			
Wind Speed	37mph W	16 Jan 18.30	Months avg.	No reading			
Wind Chill:	12.7°c	14 Jan 16.30	− 2.9°c	19 Jan 09.00			
Dominant Wind:	W						
Rainfall * T = total rain days and moisture. R = Actual rain							
*Rain Days: 24(T), 2	3(R) Wet	ttest Day 14 Jan	11.0 mm	0.433ins			
Monthly Rain:	Total	January 2020	85.6 mm	3.370 ins			
Yearly Rain:	Total	1 Month	85.6 mm	3.370 ins			



For weather data 24 hours a day, updated every 1 mins, and this site forecast visit: http://bit.ly/weather_dagnall and the original site www.dagnallweather.co.uk. If anyone has a question, comment or wishes to contact me please email: david@dagnallweather.co.uk or telephone: 01442 843883. Dagnall weather now has an app for your ipad & iphone! Just go to the apple store, search for Wunderstation and follow the instructions to Dagnall Weather Station. Now updated every minute.



Eaton Bray Cricket Club

We have had some good numbers old and new attending Winter Nets at Dunstable Town Cricket Club. If you fancy a go pop along between 8 and 9 on wednesday evenings from now until April. The web site is up and running for all up to date information about the club including the latest news and future events.

You can find us at https://www.pitchero.com/clubs/eatonbraycricketclub

Saturday season 2020 fixtures are out. All support will be very welcome.

Saturday season 2020 fixtures are out. An support will be very welcome.						
	1st X1 FCCL Div 2	2nd X1 FCCL Div 6				
April 25th	Old Bradwell Home	Shenley Church End Away				
May 2nd	Old Bradwell Away	West Oxley Kings Home				
May 9th	Cranfield University Home	Milton Bryan Away				
May 16th	Luton Caribbean Home	No Fixture				
May 23rd	MK Warriors Away	North Crawley 3rds Home				
May 30th	Aspley Guise Home	M K Stallions 2nds Away				
June 6th	Eggington Foresters Away	Newport Pagnell 2nds Home				
June 13th	Printers Home	M K Warriors 2nds Away				
June 20th	New City Away	Westcroft 3rds Home				
June 27th	Newport Pagnell Home	New City 2nds Away				
July 4th	No Fixture	West Oxley Kings Away				
July 11th	Cranfield University Away	Milton Bryan 2nds Home				
July 18th	Luton Caribbean Away	Shenley Church End Home				
July 25th	M K Warriors Home	North Crawley 3rds Away				
August 1st	Aspley Guise Away	M K Stallions 2nds Home				
August 8th	Eggington Foresters Home	Newport Pagnell 2nds Away				
August 15th	Printers Away	M K Warriors 2nds Home				
August 22nd	New City Home	Westcroft 3rds Away				
August 29th	Newport Pagnell Away	New City 2nds Home				
Faton Bray Cricket Club are always on the lookout for new players of any age or ability. We are a						

Eaton Bray Cricket Club are always on the lookout for new players of any age or ability. We are a

progressive family friendly club fielding 2 senior teams in the FCCL on Saturdays and a senior side in the Beds Sunday League. We also run 6 junior teams at under 9, 2 at under 11.2 at under 13 and an under 15 side.

This year the club are offering advertising opportunities in the shape of banners situated around the boundary fences and also match day ball sponsorship. For more details please get in touch via Facebook and Twitter @ EatonBrayCC.

We would again like to thank our current sponsors Meadow Marquees Houghton Insurance and the Focus for their continued support.

Enjoy you cricket with Eaton Bray in 2020.

Eaton Bray Cricket Club 100 Club Winners December 2019

	December	2019					
£25	Brian Hing	No14					
£10	Graham Coug	Graham Coughtrey					
January 2020							
£25	Kerrie Kerins	N	No36				
£10	Isabel Pearson	Isabel Pearson			No ₅₀		
February 2020							
£25	Ian Jones		No78				
£10	Jane Tickell		No63				
Eaton	Bray Cricket	Club	is	kindly			
sponsored by Meadow Marquees and							

Houghton Insurance.



The Salvation Army hall in Booth Place LU6 2DR

Salvation Sound



Dear Reader

I shall be 88 years old next month and this is causing me, as I sit here in front of my laptop, to review my life. My parents were Salvation Army officers and we moved, as part of the job, every two years. This meant I went to 19 schools with not much time to make friends which in some way has helped me to be interested and open with folk I meet. I enjoyed Sunday School and took on board much of the love and learning that was offered. Then with time a commitment to serve God with eagerness as an adult. I met the lovely girl to whom I was married 57 years and we had three children. When I was thirty-one and life seemed so wonderful a policeman came to our house and informed me that my father had died in the street and would I come next day to identify him. As I approached his body he spoke to me "If you think this is all there is of me, then you have never known me". That for me was the start of really being serious about seeking to understand the purpose of living and finding that this involved a closer walk with Jesus Christ not just a man like us but as a divine being who was in the beginning with God, all things were made by him, and without him was not any thing made that was made. This is my testimony. I have found him to be faithful. **Bob Coulter.**



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