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For more information contact: John Hazell 01525 218142 Email northallchapel@btinternet.com

There has been a Baptist Chapel in Northall for more than 200 years. Today we continue to seek to worship God, serve him in our daily lives and support and encourage one another in the difficult and the joyful times.



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Focus would like to remind contributors that the deadline for articles is the 10th of the preceding month

Kindly Note

If the event you wish to advertise falls in the first week of the month, it is advisable to get the details into Focus a month earlier. The magazines are not delivered from the printers until the first of the month, therefore it takes a few days for them all to be circulated throughout the village.

Focus is online at www.thefocusmagazine.co.uk

≪Fditor

Village Diagy October 2018

Weekly

Mondays

Fortnightly

Mon-Fri Eaton Bray Pre-school, Eaton Bray Lower School, 01525 220468 (term time)

Dagnall Under 5's, Dagnall Village Hall, 9.15am - 12.15pm, Mrs Ann Tobin 07816 Mon-Fri

(term time) 358342

Mon-Fri Edlesborough Pre-School, Edlesborough School, 01525 220431

(term time) manager@edlesborough.bucks.sch.uk

Mon-Thu Totternhoe Pre-school, mornings, Totternhoe Lower School, Michelle Urbanowicz on

(term time) 01582 668841

Mondays Pilates, 10.45am, Totternhoe Memorial Hall, Lisa: 07799 893489 Mondays Dagnall Community Choir, All Saints Church 7.45 – 9.45pm

Movement and exercise classes with a dance flavour, Northall Village hall 2-3.30, Contact

(term time) Jan 01442 864271.

Curtain Call Youth Theatre 5-7.30pm, Eaton Bray Village Hall, Gavyn 01525 220525 Mondays

Mondays Curtain Call Theatre Group - 7:30-10:30pm Eaton Bray Village Hall, Sheila -

sdtwinkletoes@yahoo.co.uk

KFPA ISTD Classical Ballet classes, 3+vrs, 4.15pm, Edlesbrough Memorial Hall, www. Mondays

kfpa.co.uk

Mondays Cubs (8-10 ½ years old), 6.30pm - 8pm, 1st Eaton Bray & Edlesborough Scout Hut, High

Street, Edlesborough. Contact Liz Coates 01442 842550

Tuesdays Pilates, 10-11am, Eaton Bray Village Hall, Nicky Roussou 07861 162680

Totternhoe Baby & Toddler Group, 9.30-11.30am, St. Giles Church Hall, Ruth Allen, Tuesdays

01525 222468 or 07796 265174 or email ruthallen002@gmail.com

Northall Baby & Toddler Group, 9:30-11:30am, (open in the Summer School Holidays) Tuesdays

Northall Village Hall, Sarah Cox: 07765 158182

Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall, Tuesdays

01582 620576

Tuesdays Beginner's Boxercise, 6-7pm Dagnall Village Hall, Josh Thompson 07456 574405 or

itptinfo@gmail.com

Tuesdays Coffee Morning, Bring & Buy, Table Top Sale, 10-12noon, Salvation Army Hall, Booth

Place, Eaton Bray

Wednesdays Pilates, 7.15pm, Northall Village Hall, Lisa: 07799 893489

Wednesdays Northall & District Age Concern Wednesday Club, 10am - 3pm, Northall Village Hall,

Contact Barbara on 07854 230243

Caterpillars Baby and Toddler Group 10am to 11:30am, Grace Baptist Church, Moor End. Wednesdays

Edlesborough, £1 per family unit, Frances King 01582 475896 (term time)

Pilates 6.45 & 7.45pm, Dagnall Village Hall, Andrea on 07855 138005 or andrea@ Wednesdays

naturalpilates.co.uk

Wednesdays Art of Ju Jitsu martial arts class, Eaton Bray Village Hall, 7 -7.45pm ages 6-15yrs

Yoga, Northall Village Hall, 11.30am-1pm 01525 377542 Thursdays

Thursdays Baby & Toddler Group, Salvation Army Hall, Booth Place, Eaton Bray, 9.30-11.30am

Thursdays Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208 KFPA Street dance classes 4+yrs 4pm, Edlesborough Memorial Hall, www.kfpa.co.uk Thursdays

Thursdays Tae Kwon-do, Dagnall Village Hall, 5.45-7.30pm 07813 755785

Clubbercise 7.30 - 8.30pm. Eaton Bray Hall - Gina Flitton 07846421756 Thursdays

Beavers (6 to 8 years old), 6.15-7.30pm, 1st Eaton Bray & Edlesborough Scout Hut, High Thursdays

Street, Edlesborough. Contact: ebebeaverleader@ebescouts.co.uk

Explorers Scouts (14-18 years old), 8pm-9.30pm, 1st Eaton Bray & Edlesborough Scout Thursdays

Hut, High Street, Edlesborough. Contact Simon Betts, lionheartesu@hotmail.co.uk

Thursdays Intermediate Boxercise, 7.30-8.30pm, Dagnall Village Hall, Josh Thompson 07456

574405 or jtptinfo@gmail.com

Thursdays Eaton Bray Methodist Church Social Afternoons, 2 - 4pm, All Welcome Village Diary October 2018

Fridays Keep Fit class, Edlesborough Mermorial Hall 10 - 11am

Fridays Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall,

01582 620576

Fridays Stay & Play toddler group, 'Musical Monkeys' at the Eaton Bray Village Hall, 10-

11.30am, £4.50 for one adult and child, £1 for extra children/adults, 0-6 months free

Fridays Scouts, 10 ½ to 14 years old), 7.00-8.30pm, 1st Eaton Bray & Edlesborough Scout

Hut, High Street, Edlesborough. Contact Mark Owen, 07899 892344, ebescoutleader@

ebescouts.co.uk

Fridays "Little Luvvies" baby ballet classes 10am-11.30am. Contact Emma Whittemore on 01525

(term time) 376124

Saturdays Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208

Saturdays KFPA Musical Theatre classes 4+yrs www.kfpa.co.uk, 10am, Edlesborough Memorial

Hall

Saturdays Bootcamp Fitness, 9-10am, Dagnall Recreation Ground, Josh Thompson 07456 574405

or jtptinfo@gmail.com

Sundays Sunday Worship at 10:30am and 6pm Grace Baptist Church, Moor End, Edlesborough

(across from the post office). Alister King 07572 395687

Sundays Karate for kids & adults, 4-5:30pm, Eaton Bray Villaage Hall, Contact 07500 007779

Monthly

1st Monday Eaton Bray Parish Council Meeting, 7.30pm, The Coffee Tavern (except Jan-2nd Monday)

1st Monday Eaton Bray W.I. Meeting, 7.30pm. Eaton Bray Methodist Church Hall. Contact Margaret

Jones on 01525 220991

1st & 3rd Mon Knit 'n Stitch at Edlesborough Village Hall, 1:45pm to 3:45pm. Contact Heather

(ex. Bank Hols) Westwood (01525 839083)

2nd Mon Film Society, Sep to May, 2pm, Eaton Bray Village Hall, Graham Chappell 01525 220883

1st & 3rd Tues Dunstable & District Orbit (social and charitable) Club meet at Dunstable Rugby Club at

8pm. For details contact 01525 222441 or 01582 755147

1st & 3rd Tues TOTS, St Mary's, Eaton Bray, 1:30pm

1st Saturday St. Mary's Church, Eaton Bray Coffee Morning & Plant Sale, 10:30am - 12 noon

1st Sunday St. Mary's Edlesborough Open Days, 2-5pm, May to September inclusive

2nd Monday SilverLink, 2.30-4.00pm, Grace Baptist Chapel Edlesborough – activities, talks, friendship

& refreshments for the over 60s

2nd Tuesday Dunstable & District Local History Society meeting, 7.45pm, Methodist Church Hall,

Dunstable (opposite Wilkinson)

2nd Tuesday Edlesborough W.I. Meeting, 7.30 pm, Edlesborough Memorial Hall

2nd Wednesday St.Mary's Ladies Guild, 2pm, St.Mary's, Eaton Bray

2nd Wednesday Eaton Bray & Edlesborough Lions Club, 7.30pm, The Coffee Tavern

2nd Thursday CAMEO Coffee, tea & chat, 10am-12noon, Edlesborough Methodist Church

2nd Thursday Sewing & Craft Bee, 7:30pm, Salvation Army, Booth Place, Eaton Bray

2nd Saturday Workshops Dynamic Yoga 9.30-11am £10 Eaton Bray Coffee Tavern, Keira 07936

693696

3rd Thursday Edlesborough Parish Council Meeting, 7.30pm, Memorial Hall

3rd Sunday Lunch club 11.30 to 2.00pm, Eaton Bray Village Hall, Chris Hewitt 222288

Last Saturday Coffee Morning, 10:30-12 noon, Edlesborough Methodist Church

Other Regular Events

7th Beds Area Narrow Gauge Model Railway Club Meeting, 11.30am-4.30pm, Eaton Bray

Village Hall

12th Leukaemia Research Coffee Morning, 2 Dunstable Road, Dagnall 10.30am. All welcome.

13th Eaton Bray Methodist Church Cafe Community, 11am-1pm

16th Dagnall and Kensworth Friendship Club - Bangers and mash lunch at 1.30 pm in the

Village Hall, followed by Bingo

Village Diary October 2013

One Off/Annual/Irregular Events

2nd & 16th Tots, 1:30-2:30pm, St. Mary's Eaton Bray

6th Luton Gospel Community Choir at St. Mary's Eaton Bray, 7:30pm, Tickets £7.50, children

free. Box Office: 01525 222283

13th Musical Memories by Dagnall Choir, 7:30pm, Little Gaddesden Village Hall, Tickets £8,

01525 220189

24-26th Sing for Fun, 2-4pm, St. Mary's, Eaton Bray

27th 26th Village Hall Quiz, 7pm, Eaton Bray Village Hall, £9 per person, Book: 01525 221411

28th Great Edlesborough Halloween 5k Fun Run, 1pm, Edlesborough Green



EATON BRAY PARISH COUNCIL Neighbourhood Plan



The Consultation finished in June and I would like to thank everybody who attended the two village meetings and those who commented upon our Draft Neighbourhood Plan. The majority of comments supported our Policies and CBC made several helpful suggestions.

All responses to the consultation have been recorded and passed to our planning consultant who prepared a summary / analysis and proposals for changes to our Neighbourhood Plan Policies (these are the 14 Policies in our Pre Submission Plan).

We are currently summarizing our activities over the past 3 years and writing a Consultation Statement whilst our Planning expert is making amendments to Policies as needed. The next stages are:-

- Agree changes within the Steering Group
- Seek agreement from Eaton Bray Parish Council
- Submit the final documents to CBC who must approve our Plan before proceeding
- CBC appoint an independent Government Inspector to review our Plan
- If approved there will be a referendum. Each parishioner registered to vote on the electoral register will be given the opportunity to vote Yes or No in a referendum to be held later in the year or early in 2019.

We hope that you found this update useful, this and other documents are posted on the Parish web site www.ebpc.co.uk and follow the link to Neighbourhood Plan.

Send your comments to the Parish Clerk at www.ebpc.co.uk

Thank you.



Heidi Head, Parish Clerk & RFO

Email: clerk@ebpc.co.uk - Telephone/Fax: 01525 221464 - Website: www.ebpc.co.uk Office Hours: Tuesday/Thursday/Friday 09:30-13:30hrs [messages can be left on answerphone]

Follow Eaton Bray Parish Council on Facebook and Twitter Keep up to date with what is going on in the parish





EDaN Community Transport

Peter Williams: 01442 842506

Village Hall Bookings

To book your local village hall for an event please contact the following: **Northall**: Lorna Cubbage Tel: 07857 318696 Email:northallvhbookings@gmail.com

Eaton Bray: Norman Lee Tel: 07975 797202

Email: bookings@ebvh.co.uk Website www.ebvh.co.uk

Dagnall: Elizabeth Coates Tel: 01442 842550

Edlesborough Memorial Hall: Penny Pataky, Tel: 01525 229358

Email: manager@edlesborough-pc.gov.uk

Police Contact Numbers...

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Bedfordshire Police (Eaton Bray)

Leighton Buzzard Police Station/Kathryn Horgan: 01582 473411

Typetalk: 18001 01582 473418

Email: LPT.LeightonBuzzardLinslade&Rural@bedfordshire.pnn.police.uk Thames Valley Police (Edlesborough, Dagnall & Northall)

PCSO Jackie Dodson Mobile: 07800 703 524 Email: NHPT@thamesvalley.pnn.police.uk

Defibrillator Locations

These units are registered with the Ambulance Services. To access them, please phone 999. You will be given the access code and the location of the unit will be confirmed. The defibrillator is easy and safe to use. The units can be found on the outside walls of the following locations:

Dagnall: Red Lion Public House
Eaton Bray: The Coffee Tavern
Edlesborough: Edlesborough Memorial Hall
Northall: The Swan Public House



Helpline: 07930987064

Manned phone hours: 9am to 5pm, Monday to Friday

(An answering service is available for out-of-hours calls)

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10.00am PARISH SUNG HOLY COMMUNION

On Third Sunday of each month:

10.00am – WORSHIP FOR EVERYONE a shorter, less formal service for families. (For anyone wishing to attend a service where Holy Communion is offered, there is a Family Communion at 10.30am at All Saints' Church, Dagnall, where visitors are assured of a warm welcome).

WEEK-DAYS:

Tuesday: 2.00pm TOTS (Tots on Tuesdays) (2nd & 4th Tuesdays)

Wednesday: 10.00am Holy Communion

EVERYONE WELCOME AT THESE SERVICES



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| See website for timetable | 10.30 – 12.00 Surnames N - Z |
| THURSDAY 8th NOV | WEDNESDAY 7TH NOV |
| 12.30 – 2pm | 12.30 – 2pm All welcome |

Following national advice - this flu season we will be offering specific vaccines according to age. This has caused some issues re delivery times; therefore we ask that you check our website or surgery doors for confirmation of the above clinics nearer the time to confirm supplies are available.

Don't forget, when you receive your flu vaccine at your GP surgery, we will also check if you have any other vaccines and checks due.



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All pregnant ladies

All children aged 2 & 3years at GP surgery

ildren, in school years Reception & 1 to 5, will be vaccinated at school

We would appreciate it if you could come at the above times in order to MINIMIZE YOUR waiting time. However, if you are unable to come at the allocated time for your surname, please feel free to attend any of the appropriate clinics above

Eaton Bray with Edlesborough Parish News

Vicar: Rev'd Joy Cousans

The Vicarage, 11 High Street, Eaton Bray - Tel: 01525 220261 Church Warden & Pastoral Matters: Catherine Hayden (01525 220527)

Reader: Gordon Gray (01525 220136)

Website: www.stmaryseatonbray.org.uk Facebook: St Mary's Eaton Bray

As I write this we have just enjoyed a weekend of music. On Saturday the new series of 'Strictly' saw the celebrities being matched up with their partners and taking to the dance floor for the first time. It was also the Last night of the Proms in the Royal Albert Hall with the wonderful 19 year old saxophonist Jess Gillam making her last night debut. On Sunday I led a Songs of 'Praise service in St Mary's Church Edlesborough (the church on the hill) which was a great opportunity to worship in that ancient building and to sing some much loved hymns together.

Music is such an important part of life. Singing is something we can do anywhere whether it is singing in the shower or joining with others in a group. It is more than just a bit of fun and has been shown to have many benefits. Singing has been scientifically proven to improve oxygen levels in the blood and to increase the flow of serotonin, the so-called 'feel good' hormone. Signing with a choir has the added benefit of interactivity. There is the social side, the chance to make new friends and to learn a new skill. And there is the sense of achievement when all that practice comes together and produces a performance to be proud of.

At St Mary's we are hoping that you will join us for 'Sing, Sing, Sing' during October half term. It is open to children from year 2 and above and parents and carers are invited to stay if they want to join in. The group will meet in St Mary's Church on High Street from 2pm until 4pm on Wednesday 24th, Thursday 25th and Friday 26th October. If you are not able to come to all three sessions, don't worry-you will still be welcome to come along. It is all free and there will be tuition for those who are new to singing. Refreshments (juice and biscuits) will be provided.

There will be the opportunity to sing at the 10am service on Sunday 28th October. Again, if you are not able to make that date, you will still be welcome to join in during the week. There will also be the chance to sing during the Christmas period. If you need more information or would like to tell us you are coming, please contact Gordon Gray at gordon@gordongray.plus.com

I have sung in choirs at school, at church and at work and I love that sense of creating something together which transcends the sum of its parts. There is also the challenge of learning new music as well as the

joy of revisiting familiar favourites. Conductor Sir Andrew Davis praised the power of music in his speech at the Last Night of the Proms. 'It makes us smile, it makes us weep, it brings us closer to each other. We live in a world that all too often seems dominated by division. In times like these, music inspires, consoles, heals and gives hope. It has the power to unite us in beauty and in spiritual strength.' With every blessing for a music filled autumn,

∠Joy, Vicar of Eaton Bray with Edlesborough





FIREWORKS EXTRAVAGANZA

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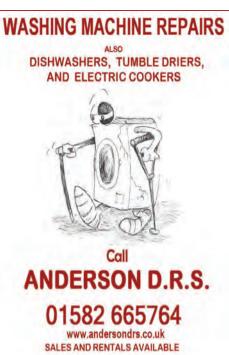
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Northall Village Hall has a Super New Kitchen

If you don't live in Northall you probably haven't been aware of all the activity surrounding the Village Hall during the past couple of months. It has been an exciting time with lots of vans and men coming and going and a great deal of sawing, drilling, and hammering.

The kitchen at Northall Village Hall was always a bit on the small side and so in February and March the outer shell of an extension was built. but we had to wait until the summer break to complete the job. The Hall closed for the Summer on July 19th and the builders moved in.

Dead on time, on September 3rd, the Hall Committee were delighted to open the Hall

again for bookings with a brand new, extended and completely refurbished kitchen which boasts beautiful cream furniture, new electric appliances, and - wait for it!! - a commercial dishwasher with a 2-minute or 3-minute cycle time which makes it ideally suitable for hirers using the Hall. We have a lot of people to thank for our lovely new facility. Mick Reilly, our amazing builder and his team who worked so hard - and so late - making sure that everything was ready on time. Our funders, without whom the project would have remained a dream - WREN; AVDC/VAHT Community Chest and Northall Village Hall. And finally, the members of the Kitchen Project Team on the Hall Management Committee who had the vision and worked so hard over the past 5 years to achieve it.

We hope that you were able to join us on 29th September for our Open Day when we invited our hirers and neighbours to come and see the new kitchen.

WREN is a not -for-profit business that awards grants for community, biodiversity and heritage projects from funds donated by FCC Environment through the Landfill Communities Fund.



Karl Jenkins' The Armed Man comes to Milton Keynes Theatre

Don't miss this opportunity to hear Karl Jenkins' acclaimed composition The Armed Man: A Mass for Peace, in Milton Keynes Theatre, on Sunday 14th October, at 7.30 p.m.

The Danesborough Chorus is joined by Bedford Choral Society to perform this 20th century

Eve McGrath (soprano) and Naeem Mahmood (muezzin). Milton Keynes City Orchestra accompanies the performance and also opens the programme with the glorious Serenade for Strings by Antonín Dvořák.

"The Armed Man was commissioned by the choral classic. The choirs welcome soloists Royal Armouries Museum for the Millennium celebrations," explains the conductor, Ian Smith. "Using a wide range of texts, beginning with the 15th century folk song L'homme armé, Jenkins weaves an astonishing anti-war tapestry, from the dark menace of war to the bright hope for peace in a new millennium, interwoven with threads of reflection"

The texts include extracts from the Catholic Mass, the Islamic call to prayer, Hindu and Japanese sources, the Bible and famous literary works. The Armed Man is a powerful and universal message to all, describing the descent into, and terrible consequences of, war. It examines conflict through the ages, including an especially poignant movement that reflects



the aftermath of the bombing of Hiroshima in World War II The work ends with optimism, declaring 'Better is peace than evermore war', and a moving,



unaccompanied setting of words, beginning 'God shall wipe away all tears', that is taken from the Book of Revelation.

Jenkins' famously accessible music incorporates every mood and style, with military marches, Gregorian chant, dancing tunes, catchy rhythms and a few theatrical touches. It is especially effective when performed live and a perfect choice in this year that commemorates the centenary of the end of World War I.

Tickets: £20, £17, £15 and £10, with £5 off all prices for under 18s. Available from Danesborough Tickets, tel. 01908 583460 or Bedford Choral Society Tickets, tel. 01234 781421. Please note: extra fees are payable if you buy tickets from Milton Keynes Theatre Box Office.

Edlesborough W.I.

I am pleased to report upon another very enjoyable meeting at our institute. In August we

celebrated our 90th birthday. We started with a glass (or two) of ice cold Pimms, accompanied with skewers of mixed fruit and mint. After this. we all created (or tried) a flower arrangement of our own design in a tea cup, or a vessel of a similar size. Judging by all the noise, chatter and general laughter at the same time, it was a much enjoyed activity. The flowers, greenery and oasis etc. were all provided from Institute friends.

Our delicious 90th birthday cake, made by member Pauline, was sliced through in the time honoured way by our eldest member, Doreen. Hopefully we will have some photos to prove this.

The evening was rounded off as usual with Sue Parker

members enjoying a well-earned "cuppa" and even more chatter amid the colourful and delightful arrangements. It was a very pleasant way to spend an evening amongst our friends. That is what it is all about!

We are now looking forward to our Autumn meetings as follows.

October 9th - Our annual birthday dinner (members only) when we are waited on by local caterers plus entertainment. Always a jolly event. November 13th - A talk upon Women in W.W.1 December 11th - Our annual meeting followed by a festive supper and entertainment.

2019 is looking "very rosy" as a varied programme of events is already planned.

Ladies, you are very welcome to come and "try us out".



Edlesborough Parish Council News

Including Edlesborough, Dagnall and Northall

Christmas Wreaths in Edlesborough

Paulette Taylor has kindly agreed to organise the sponsorship and hanging of the Christmas Wreaths in Edlesborough this year. Last year's sponsors will be offered the opportunity to sponsor a wreath again. Any parishioner or company wishing to sponsor a wreath should contact Paulette at paulette.taylor@btopenworld.com

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The Great Edlesborough Fun Run 5

The Great Edlesborough 5k Fun Run will be taking place on Sunday 28th October at 1.00pm. It will start at Edlesborough Village Green. The Fun Run will raise funds for new play area equipment on Dagnall Recreation Ground. A children's 1k fun run is also being organised too!

- There will be a raffle, a cake and refreshments stall as well as a Wagyu BBQ by Marbled Meats!
- Places on the Fun Run are limited to 100, so be quick. Suggested voluntary entry donations:
- Adults: £10, Children: £5, Kids 1K Fun Run £2

Please note no new entries will be accepted on the day, this is a pre-registration event only. For more information about participating or being a volunteer please contact the organisers on: 07762 151364 or edlesboroughrunners@hotmail.com

Hedge Cutting

The parish council asks parishioners to ensure that the planting around the boundaries of their properties does not cause a danger or inconvenience to others.

Hedges, trees and shrubs must not overhang a highway or any other road or footway to which the public has access to so as to endanger or obstruct the passage of vehicles or pedestrians, or obstructs or interferes with the view of drivers or vehicles or the light

from a public lamp, overhangs a highway so as to endanger or obstruct the passage of horse-riders.

Buckinghamshire Best Kept Village Competition

Edlesborough once again entered the Bucks Best Kept Village Competition. Unfortunately the village did not win. The judges made the following comments & awarded marks as follows:

<u>Cemetery/graveyard</u> In excellent condition in spite of being a very difficult area to maintain because of the steep slope. Grass nicely cut, steps and handrails good and pleasant seating in shady areas.

<u>Common, green, playing field</u> A lovely area. New trees appear to be thriving and 10 plenty of seating available. The hedge along the road side is a bit overgrown, and needs cutting back when the season is right.

<u>Children's play area</u> Very good, well fenced and good to see the children's roundabout has been replaced.

Nature conservation area No comments

<u>Village hall, community centre, church hall</u> Clean and tidy, with attractive flower troughs. Considerable work has been done to improve the appearance of the Scout Hut. A little more effort to the planting at the front would finish the job nicely.

<u>General environmental features</u> Attractive flower troughs around the village, and good to see the "There but not there" soldier silhouettes as part of the "Lest we Forget" project.

<u>Areas around shops</u> Exterior of some premises is grubby and cobwebby and weeds need clearing. The bin outside Premier would benefit from a wash. Untidy bins and pallets spoil the area.

Areas around pubs Default mark 3

Notice boardsNotice boards are tidy and up to date.5War memorialAppears a bit neglected. Needs to be swept and litter removed. Some flower pots/7troughs would enhance the area.Overall appearance, lack of litter, community effortGenerally tidy in most areas. The fenced11

Overall appearance, lack of litter, community effort Generally tidy in most areas. The fenced off area around what appears to be a demolition site is overgrown and perhaps could be better screened. Cycle racks on the corner of Brook Street are a good addition.

Total marks 85

5

The Parish Council would like to thank the Council contractors; MW Agri Ltd & Mr Darren Pearce, the EDaN Beautification Team and Litter Pick volunteers for all the effort and time they put into looking after and improving the village. Additionally the Council thanks all parishioners who take the time and care to look after the village; this may be by picking up stray litter, reporting vandalism to the clerk, reporting fly tipping or potholes to Bucks CC, ensuring the frontage of their properties are neat and tidy, or through other small day to day actions that often go unnoticed. Thank you.

Remembrance Day Service

The Act of Remembrance will take place at The Church of St Mary the Virgin in Eaton Bray on 10:30am – 11:30am on Sunday 11th November.

Bus stops and bus shelters The bus shelter was in good repair and litter free.

Streetlights

Please report failed streetlights in Edlesborough, Dagnall and Northall to the Clerk for repair. When making a report please ensure you provide the Clerk with the information displayed on the lamp post.



Allotments

Edlesborough Parish Council currently has vacant allotments. Anyone wishing to take on an allotment should contact the Clerk. Fees are £2 per pole and plots range in size from 5-10 poles.

Speedwatch

The EDaN Traffic Management team are looking for volunteers to help with their new Sentinel device. If you have an interest in slowing down traffic in the villages or are concerned about Road Safety, please contact Cllr Alan Williams on 07828 398371.

Potholes, Road Issues & Rights of Way

Any parishioners that have concerns about a Highways issue should report their concerns to Transport for Bucks via the Bucks CC website: www.buckscc.gov.uk/services/transport-and-roads/report-a-problem/tell-us-about-a-highways-problem/

Future Meetings

The next Edlesborough Parish Council Meetings will take place as follows:

- Northall Village Hall, Thursday 18th October 2018.
- Edlesborough Memorial Hall, Thursday 15th November 2018.

The meetings will commence at 7:30pm.

All Parishioners are welcome to attend all Ordinary Parish Council meetings and may ask questions, raise issues and give suggestions during the Open Forum before the formal start of the meeting. The full minutes of the Parish Council meetings are available to view on the website or from the Parish Clerk.



St Mary's Village Carnival 2018

www.stmarysvillagecarnival.com

Well, we gathered on Edlesborough Green for the 2018 Carnival; it was very hot and England had a World Cup football match against Sweden that started at 3pm, both factors contributing to the attendance on the Green being much lower than usual. Because of the heat we had to cancel the Dog Show and the display by Appledown so it was pleasing to see that most dogs had been left at home in an attempt to keep them cool.

Despite the heat and the football those who were there had the usual wonderful time. The villages looked fantastic – more people than ever, it seemed, had put up decoration and all that bunting creates such a great atmosphere. And so many houses had been dressed to the theme of 'Games' – I hope you went around the villages before or after the football to enjoy them; I wept with delight!

On such a hot day it is vital to have plenty of help in order to spread the workload, especially at the end of the day when otherwise the faithful few would be working late into the night. This year we were blessed with lots of tremendous helpers. The Friday logistics run has never been done faster, key tents and marquees were erected by 8am, another record. The Carnival Organisers – what a magnificent team - worked throughout the day to deliver perhaps our most efficient Carnival ever. I wept for joy a second time when I saw more than half a dozen fresh bodies seemingly, simultaneously marching across the Green to help with the strip-down – the cavalry had arrived. Everything was packed away and the Green locked by 7.30pm – my grateful thanks to all who worked so hard behind the scenes.

The income from the Carnival is inevitably down but we are, fortunately, relatively resilient to external factors so, despite the heat and the football we are able to donate what, in the circumstances seems like a remarkable £12,000 to local good causes. The Organisers met on 5 September and will make the following donations:

| St Mary's Fabric Fund | | | |
|--|------|-----------------------------|------|
| Cancer Care and Haematology Unit, Stoke Mandeville | | | |
| 1st E Bray & Edlesborough Scout Group | | | |
| Curtain Call | £100 | Dagnall School | £150 |
| Dagnall Under Fives | £100 | Dagnall Village Hall | £100 |
| Defibrillator maintenance | £150 | Dunstable Air Cadets | £100 |
| East Anglia Air Ambulance | £75 | Eaton Bray Methodist Church | £75 |
| Eaton Bray Parish Council | £150 | EB Academy | £225 |
| Edlesborough Parish Council | £200 | Edlesborough School | £225 |
| Expedition - Louis Moore | £50 | Horses helping people | £50 |
| Leighton First Responders | £75 | Musical Monkeys Playgroup | £100 |
| Leighton & Linslade - Macmillan Cancer Support | | | £150 |
| Pitstone and Ivinghoe Museum Society | £100 | Riding for the disabled | £50 |
| Salvation Army | £100 | Slapton bell restoration | £150 |
| Taskers Row Social Club | £100 | Totternhoe Lower School | £200 |
| | | | |

24

The Organising Committee is already turning its attention to next year's Carnival, which will be held on 6th July. Local social media was used to obtain suggestions for next year's theme which will be "Village Life". To all the stallholders who bore the burden of this summer's heat with lower than expected returns I can only hope we get calm and overcast weather next year and no significant competition from other events. We always need more helpers – I would be delighted to hear from anyone who would like to be involved next year. We need someone to work with businesses to arrange advertisements for the Programme and someone to coordinate all the behind the scenes workers, the marshals, logistics team, the road closure team etc. The time will soon come for me (and others of a similar age) to step down from our roles on the Organising Committee, so over a transition period of two or three years we need to identify people who can take on some of the mostly straightforward, tasks. That transition began this year when we welcomed three new members to the Organising Committee, all of whom made an excellent contribution to the event.

Finally, I want to say "Thank you" for all the pleasure Carnival gave to me and to so many people this year - the sights, the sounds, the sense of community and togetherness, the tears of joy. Do contact me on 220136 if you feel you could contribute to the Organising Committee or would like to help next year.

Eaton Bray Cricket Club 100 Club Winners August 2018

£25 Del D No 119 £10 Colin Campbell No.70 Eaton Bray Cricket Club is kindly sponsored by Meadow Marquees and Houghton Insurance.



Appledown's Rescue Dog of the Month

Pretty little Staffy Jessie Wallace was born in 2017. Jessie is a girl who just likes to have fun! She bounces along on her walks and her happiness is catching. She is very affectionate and eager to please. Jessie will need a home with active owners who are willing to continue her training. She could probably live with a male dog pending introductions, other pets unknown. Jessie cannot live in Luton.

If you can offer Jessie or any of our other dogs a forever home, please phone the kennels any day between 10 am and 4 pm for more details, or visit us. Please note that there are restrictions on rehoming dogs to families with

children under seven years of age. Full details of the rehoming process can be found ... on our website. Join our Facebook group to see more photos of Jessie and other dogs awaiting homes.

Appledown Rescue and Rehoming Kennels Harling Road, Eaton Bray LU6 1QY

Call 01525 220383 or e-mail: appledown.kennels@btinternet.com

Website: www.appledownrescue.co.uk

Follow us on Facebook, Twitter & Instagram!!

Damsons in Distress? Yes, but...

Would you like to help to survey the parish of Eaton Bray as part of the Orchards East project which has attracted Lottery Heritage funding? The aim is to survey every parish in East Anglia, Hertfordshire and Bedfordshire to see what has been lost and what remains, and what state the survivors are in.

Orchards are very important as part of our culture, agricultural economy and landscape in Britain. If long established, and especially if there is a pond or stream in the orchard or nearby, an orchard may also be very important for its biodiversity. If you are interested, please contact Colin Hall on 01582 720539 or email hall.colin@gmail.com

Eaton Bray is renowned for its wonderful orchards, particularly orchards of damsons, variously known as Aylesbury prunes or Shropshire prunes. However, many of the orchards that once existed have disappeared, often to housing developments, with only a name sometimes as a relic, such as The Orchards or a suggestive house name. On the other hand, extensive traditional orchards with many mature fruiting trees remain on the edges of the village.

I should explain that I am no expert on orchards. I was drawn irresistibly into the project because I am a beekeeper: bees and orchards go together, surely. I live in Luton, but when I went to the briefing for Bedfordshire volunteers, it became clear that there was no-one immediately available to survey Eaton Bray which is one of the important parts of the county for us.

It has been very rewarding to visit the parish in many ways. My wife and I have been treated with kindness and a friendly welcome despite our improbable-sounding mission. But it would be great if local people would come in on the project. You will have much more knowledge and awareness of the area. Note though that you do not need to be an expert on fruit trees and orchards.

The title Damsons in Distress comes from a survey of Eaton Bray done for the Wildlife Trust in 2005. However, we have been especially inspired to come across three cases where the owners have re-established the orchards with new plantings, some of which have been suckers of traditional damsons, as well as a wide variety of other fruit.

One of the aims of Orchards East is to promote the creation of new orchards that may contain traditional or very local varieties, especially community orchards for everyone in the neighbourhood to enjoy, helping to bring people together. These can be helped by Lottery funding, with specialist advice available if needed and trees sourced from the East of England Apples and Orchards Project (EEAOP).



Dunstable & District Local History Society 9 October, 7.45pm

The Annals of Dunstable Priory

The first complete translation into English of the annals, a unique year-by-year account of local and national affairs written here between 1210 and 1300, is to be launched as a hardback volume in November. Publication of this translation by David Preest has been prompted by the local team behind the recent "Medieval Dunstable" project. Stephen Williams, who has watched work on the translation unfold, tells the story behind this publishing coup.

Methodist Church Hall, Dunstable Visitors always welcome £2



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Dagnall Community Choir

of a busy few months for the choir. We are looking forward to our concert on Saturday 13th October.

which takes place at Little Gaddesden Village Hall, from 7.30pm. Entitled "Musical Memories", this will be a showcase of some of our favourite classical and popular songs, and we are sure will be a fun and entertaining event. Tickets are £8.00 each available from the Box Office on 01525 220189, from choir members, or on the door. We would love to see you there!

Please see our poster in this magazine for all the information, or take a look at our website www.dagnall-community-choir. co.uk.

In November we are pleased to be partaking in events to commemorate the centenary of the end of WW1, and in preparation for this, we have been learning some songs from the era. As usual we will be at the Poppy Prom in Eaton Bray on Saturday 10th November – this is always a excellent night of music and remembrance, and we will be performing once again alongside the South Beds Concert Band, and a guest soloist.

The following evening, Sunday 11th welcome extended to all.

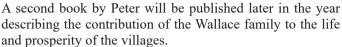
October makes the start November, we will be in Tilsworth, taking part in the "Battle's Over" event at Tilsworth and Stanbridge Community Hall. This is part of a nationwide day of commemorative events, paving tribute to those who were killed or wounded in battle. There is lots more information about events throughout the country on the "Battle's Over" website at www.brunopeek.co.uk. And the following month of course, it's Christmas... Our Christmas concert takes place on Sunday 16th December at Dagnall Village Hall, so please put that date in your diary too!

So there's plenty going on for Dagnall Community Choir, and of course, choir members also get to enjoy our fun and lively Monday evening rehearsals each week as well! All of us would agree that singing in our choir really is a great experience, and studies have consistently shown that singing helps to relieve stress and promotes wellbeing.

We would love to share that feeling with others, so if you have been considering joining us, then please don't hesitate! Come along to Dagnall Church on a Monday evening, 7.45pm. There's no audition required to become a member, or a need to be able to read music – just a warm

"EATON BRAY - NOW & THEN" BY PETER MAYNE

To celebrate the 800th anniversary in 2019 of St Mary's, Eaton Bray, Peter Mayne and his family have prepared two follow-up books. The first, entitled "Eaton Bray - Now & Then" is filled with descriptions and old photographs of the village from Peter's personal collection with photographs of how the village is today, together with photographs from the St Mary's Church Archives illustrating the dilapidated state of the church and its repair in the late nineteenth century.



and prosperity of the villages.

St Mary's is very grateful to Peter and his family for the work and years of knowledge and research that has gone into these publications; especially since the income from "Eaton Bray - Now and Then" will be donated to St Mary's.

Copies of these publications (which will make ideal Christmas presents) will be on sale, priced £5, from the NISA village stores in Eaton Bray and from St Mary's Church at monthly Coffee Mornings (10.30-12 on the first Saturday each month), at Music@ St Mary's concerts, or after the 10am service on any Sunday or Wednesday morning.



Central Bedfordshire

A Second Chance for Unwanted Items



Our reuse shop at our new Thorn Turn Household Waste Recycling Centre is open for business. The shop, which is open seven days a week from 9am-5pm including bank holidays, sells those items taken into our recycling centres which can be reused.

The reused items contribute to the overall amount of waste that's reused, recycled and composted in Central Bedfordshire.

All items for sale have been collected either directly from the Thorn Turn site near Houghton Regis, or from one of our other waste recycling centre sites in Ampthill, Biggleswade and Leighton Buzzard.

The range of reusable materials being sold include bicycles, bags, luggage, soft furnishings and furniture (with valid fire safety labels), children's games and

toys, along with sports equipment including golf clubs and bags, CDs, DVDs, books, clocks, pictures, mirrors, garden furniture and tools.

Residents who want to donate an item should let a staff member know at any one of our waste recycling centres. All items must be in good condition and safe to use. These items will then be taken to the Thorn Turn reuse shop.

Front Row Theatre Group

Front Row are pleased to announce their next production, a comedy by Peter Gordon, entitled "Secondary Cause of Death", the sequel to our previous performance of "Murdered to Death". It is now 1939, and storm clouds are gathering over Europe. Having inherited Bagshot House, Colonel Charles Craddock has converted the property into a hotel for the discerning visitor. Soon Inspector Pratt arrives once again at Bagshot House, bearing grim news for Colonel Craddock. And where does the flambovant thespian Cardew Longfellow fit into the picture? When Joan Maple's sister Cynthia arrives to stage a murder mystery evening, it's long not before Pratt's visit turns into a chaotic nightmare as the bodies pile higher than ever! If you thought that Murdered to Death was funny, just wait until you see this one!

The production will run from Wednesday 21st November to Friday 23rd November.

PLEASE NOTE THE CHANGE OF DATES FOR REASONS BEYOND OUR CONTROL By kind permission of Josef Weinberger FRONT ROW presents



Secondary Cause Of Death

A Comedy by Peter Gordon

Wednesday – Friday, 21 - 23 November 2018 7.30pm Eaton Bray Hall

Come and enjoy an evening with your local theatre group, Front Row, as they re-visit Bagshot Hall for the weekend....



Licensed bar from 7.00pm Tickets £7.00 Box office: 01525 222283 Opens: 1st October

Box office opens 1st October. Call 01525 222283 to book your tickets.



We started our fourteenth season on Monday 10th September. We meet in Eaton Bray Hall at 2pm on the second Monday of each month between September and the following May. This season, members have chosen the following programme.

Darkest Hour Dunkirk Finding your Feet The Zooeepers Wife

The Gurnsea Literary and Potato Peel Pie Society

Victoria and Abdul Paddington Bear 2 Goodbye Christopher Robin Film Stars Don't Die in Liverpool

New members are always welcome and can be assured of a warm welcome, if you think you might like to join us, you can come for a trial visit for £4 which will be deducted from your membership fee if you join us.

More information and a brochure can be obtained from Graham Chappell on 220883 or visit our website at: http://www.eatonbray.com/cinema/

Or, just come along to one of our films. It makes a nice afternoon out and we serve Tea and Biscuits after the film with time for a chat.



EATON BRAY PARISH COUNCIL





HIGHLIGHTS OF THE MINUTES

A full/detailed copy of the minutes for Eaton Bray Parish Council can be found on our website. A hard copy of the minutes can also be viewed on the Parish Council's notice board at The Coffee Tavern.

Meeting of Eaton Bray Parish Council Held on Monday 2nd July 2018 from 7:30pm at the Coffee Tavern

Vacancy - Parish Councillor

Eaton Bray is a great place to live and its residents have the opportunity to shape its development by contributing towards the ongoing activities overseen by the Parish Council. If you are able to contribute and have an interest in the parish roads/speeding/Speedwatch, then please have a chat

with any of the existing Councillors or contact the Parish Clerk.

Central Bedfordshire Council (CBC)

Cllr Ken Janes, email kwjanes@hotmail.co.uk / 07767-496823

CBC Website: www.centralbedfordshire.gov.uk / CBC Email: customers@centralbedfordshire.gov.uk / CBC Customer Services: 0300 300 8301

Bedfordshire Police:

Eaton Bray Police contact: Sergeant Liam Mitchell, Community Policing Team/ Leighton Buzzard - Email: liam.mitchell@bedfordshire.pnn.police.uk

• For general Police contact/enquiries: Non-emergency call 101 / All emergencies

Neighbourhood Plan:

Residents - keep your eyes on the Parish Council web site/facebook - for updates. Parish Council website: https://eatonbray.com/news/tag/Neighbourhood-Plan

Bower Lane Cemetery

 Markers are being fitted at the beginning of each burial row in the Cemetery to ensure Cemetery visitors, grave diggers are able to locate plots and keep an accurate record for plot numbers/details.

• Sponsoring a Memorial Bench: The Parish Council has dealt with enquiries regarding sponsoring memorial benches within the parish. For those who may be considering sponsoring a bench and are unsure of the cost (costs may vary slightly depending on supplier/delivery/plaque/engraving) the expected cost to you would be around £500. If you are interested in sponsoring a bench, then please contact the Parish Clerk for more details.

Parish Council Meeting Dates: Held in The Coffee Tavern / 1st floor, from 7:30pm (unless otherwise notified)

*Monday 1st October 2018 *Monday 5th November 2018





Sing! Sing! Sing!

for fun this half-term

Wednesday to Friday 24 to 26 October, 2 - 4pm

St Mary's Church, Eaton Bray

- ► For children in Year 2 and over, parents / carers invited to stay and join in
- ► Free instruction & refreshments
- ► Opportunities to sing at Christmas and to celebrate our 800th anniversary we are hoping for special visitors!
- ► Contact gordon@gordongray.plus.com or vicar@stmaryseatonbray.org.uk for more information

Dagnall Community Choir present



Musical Memories

A Selection of Classical and Popular Favourites

Little Gaddesden Village Hall
Church Road, Little Gaddesden, HP4 1NX

Saturday 13th October, 7.30pm

Tickets £8.00 Box Office - 01525 220189

Join us for



Singing, stories, making things, colouring and refreshments

All babies, pre-school children and parents/ carers welcome
At St Mary's, High Street, Eaton Bray

Tuesday afternoons 1.30-2.30pm
September 18th
October 2nd & 16th
November 6th & 20th
December 4th

For more information www.stmaryseatonbray.org.uk







Christmas Gift Fair

11 - 3pm 10th November 2018

A beautiful selection of gifts including Christmas decorations, jewellery, food, homeware and more...

The Gateway Conference Centre,
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FREE PARKING

Entrance £3 / Concessions £1.50





Christmas Carol Concert

Sunday 2 December 2018

at the Village Hall, Eaton Bray



4pm FREE ADMISSION

NB. For health & safety, and fire regulation reasons tickets are required.

These can be obtained free of charge from
hilary.chadwick@salvationarmy.org.uk:

Tel: 07932 057490: 01525 222087

A collection will be taken for Keech Hospice Care (Children's Hospice)

The Salvation Army, Eaton Bray Corps, Booth Place, Eaton Bray, LU6 2DR

A Church & Registered Charity no. 259322

Local Church: Envoy Hilary Chadwick, The Salvation Army, Eaton Bray Corps, Booth Place, LU6 2DR; Telephone: 01525 222087; 07932 057490; Email: hilary.chadwick@salvationarmy.org.uk

Keech hospice care









SUNDAY 28th OCTOBER

1.00pm EDLESBOROUGH GREEN

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WAGYU BBO - MARBLED MEATS RAFFLE

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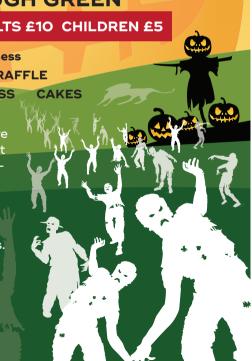
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Volunteers & marshals needed! If you'd like to support us with this, please get in touch.

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Music at St Mary's

Music concerts this Autumn at St Mary's Church, Eaton Bray

Saturday 6th October, 7.30pm Luton Gospel Community Choir

This Gospel Choir has had huge success, featuring on both local Radio and national TV.

This should be an evening of fantastic music and enthusiastic singing.

Tickets from the **Box Office 01525 222283** price £7.50, (children FREE)

Saturday 10th November, 7.30pm St Mary's Annual Poppy Prom

An evening of popular music from 'The Festival of Remembrance' and 'The Last Night of the Proms' featuring Dagnall Community Choir, the South Beds Concert Band and soloist Karen Logan.

Tickets from the **Box Office**, **01525 222283** price £12.50 – order yours soon, before all the seats are sold



EATON BRAY PARISH COUNCIL









Are you concerned about traffic issues in the Parish?
How about helping to co-ordinate a Speedwatch group?
Would you like to get involved in making a safer environment for everyone?

BECOME A PARISH COUNCILLOR

The Parish Council is nine members of the public

Being a Parish Councillor in Eaton Bray Parish gives you a real opportunity to make a difference to the community



Interested? Please contact the Parish Clerk – contact details below

You can also view our website for more details



Heidi Head, Parish Clerk

Email: clerk@ebpc.co.uk - Telephone: 01525 221464 - Website: www.ebpc.co.uk
Office Hours: Tuesday/Thursday/Friday 09:30-13:30hrs [messages can be left on answerphone]





EATON BRAY SPEED WATCH



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October at the Grove

Film

Christopher Robin - 1 Oct The Spy Who Dumped Me - 8 Oct Inside Out - 10 Oct A Beautiful Mind - 10 Oct

Encore Screening

Soft Cell: One Final Time -1 Oct King Lear - 22 Oct Funny Girl - 31 Oct

Live Screening

Mayerling - 15 Oct

Stick Man - 3 - 4 Oct There Was An Old Lady Who Swallowed A Fly - 21 Oct Bing Live - 3-31 Oct

Children's Theatre

Musicals

This is Me – The Greatest Variety Show -12 Oct Spamalot - 19-20 Oct

Theatre

Jamie Raven: Making Magic - 23 Oct

Live Music

Beatlemania - 5 Oct Emerald Storm - 6 Oct Carpenters Gold - 7 Oct Abbamania - 11 Oct Bye Bye Baby - 13 Oct

Faith: The George Michael Legacy - 14 Oct

The Matt Monro Story - 24 Oct The Johnny Cash Roadshow - 25 Oct The Magic of Motown - 26 Oct The Little Mix Experience - 27 Oct

Ticket prices vary; for more information or to book, call the Box Office on 01582 60 20 80 or visit the website at www.grovetheatre.co.uk.

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Northall Baptist Church

200 years and still going A little Church with strong local links

Serving our Lord Jesus Christ – Hebrews 6 verse 10 says, 'God is not unjust. He will not forget how hard you have worked for him and how you have shown your love by caring for other believers'. This is what Edna Ward has done all her life. A Church is made up of people, rather than the building. Although it's good to have a warm, dry, comfortable place to meet and worship, there is no Church without people. Many will remember Edna who lived until recently just a few doors down from the Church in Northall. Edna willingly had many jobs and is now sorely missed - she went to live with her son in Derbyshire but has recently moved into a Care Home near Ashbourne. Edna used to open up the Church on Sunday mornings, take any post in, read the meter and regularly made lovely cakes for us all - her occupation had been as a cook. Edna was well known in the village as well. She had been part of the local walking group, was a valued member of the scrabble group - even when she was getting forgetful, she could remember great words and she was also one of those who had the inspiration for the Northall Village Hall helping to raise funds and being on the Committee until a few of years ago.

Edna always contributed to congregation

services, sometimes reading a poem – she even had some poems published. She has also taken Sunday School. Edna was always so welcoming to anyone in the village and anyone visiting the Church.



We felt her huge spontaneous and very enthusiastic welcome when we visited her in the Care Home during August. We were worried that she might not remember us but when she caught sight of us, she threw her arms around us in welcome. It was lovely to see Edna again and see that she was being well cared for. Edna is really missed in our Church but if you would like to visit us at the Church, you'll still get a warm welcome. Our Sunday morning service is at 11am. Come and join us, you'll get a warm welcome.

For those interested in the history of Northall Baptist Church, a free copy of the booklet, Rebels in Green Pastures can be supplied or downloaded from our website: http://northallbaptistchurch.org/

 Ruth Cox Tel: 07791 425625



Sun. 14th Oct.

All Saints' Church, Dagnall

Services in October 2018

Sun. 7th Oct. 9.00 am Eucharist

10.30 am Morning Service
10.30 am Morning Service with Holy Communion

Sun. 21st Oct. 10.30 am Family Eucharist Sun. 28th Oct. 10.30 am Family Service

Sun. 4th Nov. 9.00 am United Service for the Festival of All Saints

Sunday School meets each Sunday at 10.30 am except when there is a Family Service.

Give Me The Time----

The Story of a Quilt

The largest quilt show in Europe is held at the NEC Birmingham each year and there are roughly 15 categories to choose from to enter your quilt in, including some for young quilters and school entries. It's a show I have entered every year and spend three full days there each year with friends. My quilts have won numerous awards including 3rd, Judges Choice and Highly Commended but this year was different.

I had a phone call on Wednesday 8th August and a very excited lady called Sarah, told me that my entry for The Quilters Guild of the British Isles had won me First Prize. I was so amazed, suddenly I wasn't thinking straight and didn't quite know what to say. Sarah asked me if I would be at the prize presentation the following day. I was going to travel to the show on Friday and stay till Sunday, but now I needed to think of booking another night at the Hotel and travelling the next day. Luckily I managed to extend my booking at the Hotel and Peter took me to the NEC on 9th.

I was presented with my Certificate and £1500 by an executive from BERNINA, they were the sponsors of this category. I was also filmed giving an interview for the BERNINA website and for promotional purposes.

The inspiration for the design of the quilt was the Guild Challenge title, STITCHING IN TIME. I gave this some thought and was doodling one morning (as you do!). I found myself drawing the letter Q on a post-it note, it made me think of the circle part as the clock face and the "tale" of the Q as a possible quilt draped through the clock face. Within a few days I had a few rough sketches and knew where I was hoping to go. The next step was to draw the design out full size and I stuck four sheets of flip chart paper together and drew a huge circle and another smaller one inside, and lines flowing out to represent the quilt and its folds. The background area on the quilt is made up of 3" half square triangle, the clock and numbers are appliqued on and the circles have cording couched around the edges. The biggest and most challenging part of the quilt was making the "quilt" in the clock out of hundreds of 1" cut squares (each one ending up only ½" when sewn together). To achieve the folds I made each section up separately and added a facing on the edge of each section that overlapped another. Each section was then hand stitched in place. This quilt was machine appliqued but the rest of the hanging was hand quilted. The title of the quilt is GIVE ME THE TIME ---



--. The writing embroidered in the centre area of the clock reads GIVE ME THE TIME AND I WILL MAKE YOU A QUILT.

There were a number of times that I nearly gave up on this quilt but I had a picture in my mind of how it would look if finished and after a few days on other things I went back to the work and I am delighted with the result.

The quilt will be on display with other first prize winners at the Knitting and Stitching shows in London and Harrogate and I should have it back home before Christmas.

LOCAL HERALDRY

BY JOHN HOCKEY

In this series, we take a look around local towns and villages to find interesting and unusual heraldry.

GREAT GADDESDEN



Halsey Memorial

griffin's heads.

Church of St. John the Baptist in Great Gaddesden is a monument to the Right Honourable Sir Thomas Frederick Halsey, 1st Baronet, 1839 – 1927. The Halsey family have been landowners in Great Gaddesden since the 16th century and Sir Thomas became a Justice of the Peace, a Conservative MP and a member of the Privy Council. Considering he lost both his mother, father and a brother in a shipwreck when he was just 15, this must be considered no mean achievement.

The coat of arms has the 'red hand of barony' (= a

Just by the entrance to the Halsey Chapel of the lovely

The coat of arms has the 'red hand of barony' (= a Baronet*) in a small escutcheon or shield placed top left. This is surmounted by a *helm* (helmet), and the fact that it is facing us and is open gives the clue that Sir Thomas was a Baronet as different ranks of nobility have different helmets. There is some *mantling* (elaborate cloth which used to protect armour in the sun) carved in wood and above all, the *crest*. And what a gruesome looking crest it is – a forearm holding a griffin's claw. The claw is what is known heraldically as erased, that is torn off leaving

Just a note about crests. Often you will hear people talking about a 'family crest'. There is no such thing. I quote from no less a body than the College of Arms, the organisation responsible for all things heraldic in England. "It is a popular misconception that the word 'crest' describes a whole coat of arms or any heraldic device. It does not. A crest is a specific part of a full achievement of arms: the three-dimensional

a ragged edge. This treatment is also applied to the main *charges* on the Halsey shield, i.e. the three

* The rank of Baronet was created by James I in 1611. It was below the rank of Baron but above a knight. A key feature was that this new rank was to be hereditary – and all for the payment of £1095 (in 1611!)

Next time: Hemel Hempstead

object placed on top of the helm."



Halsey Arms





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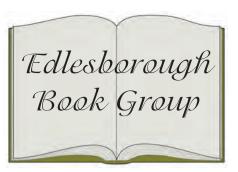
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MILLIONS by FRANK COTTRELL BOYCE

Originally written as a screenplay for a film in 2004, Millions was published simultaneously as a novel, which went on to win the Carnegie Medal. One of our book group members, who is a teacher, recommended the book to us. She thought that, although it was categorised as a children's book, it could be enjoyed on a deeper level by adults. We have read similar children's books that cross over this line, namely The Boy with the Striped Pyjamas and The Snow Goose and enjoyed them, so we decided to read Millions for our August selection.

The narrator of Millions is Damian, aged seven, living with his father and brother Anthony. He is grieving for his mother who has died recently and finds solace in his belief in God and all the saints, who he studies obsessively. From his narrative, we gather that he is a very bright little boy struggling, not only to find an explanation for the loss of his mother, but also acclimatising himself to the move to a different house and a new school. Quite a stretch for a little boy and understandably he is finding it difficult.

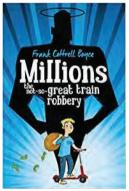
One day, as he is daydreaming in a hideout he has built by the railway line, a bag containing a large amount of used bank notes lands at his feet. Damian believes it to be a gift from God, but it is in reality part of the proceeds of a train robbery, thrown from the passing train to be collected later by one of the gang. Damian confides in Anthony and the

brothers proceed to try to do good with their windfall. However, they find that it is not so easy to dispose of large amounts of banknotes without arousing suspicion. The book then follows their often hilarious exploits involving deals with their school friends and various schemes to benefit both themselves and their community.

There is a lot of humour in the book, but it also deals with other more serious issues for example, greed, temptation and the corruption that can overcome even the most decent of people when large sums of money are involved.

Our group all enjoyed the book and agreed that, although the age group for which it is recommended is 10-13 years, we felt that the older age group would understand the book better and get more from it. The book is well written and easy to read. Damian's

telling of his story conveys both his intelligence and innocence beautifully and we are moved by this little boy's struggle to deal with the major changes that are happening in his life.



St Mary's 100 Club

The lucky prize-winners are:

Aug 2018

1st prize – Teresa Ledger 2nd prize – Alan Brook 3rd prize – Victor Courtice

Sep 2018

1st prize – Samantha Palmer 2nd prize – Linda Wheeler 3rd prize – Barbara Collier

Chilli and Ginger Baked Camembert (and three other variants)

The main theme ofWeekend my Kitchen programme is that food needn't complicated. he Great flavours, fresh cooked produce. simply - that's what it's all about. And what could be simpler than bunging a camembert in the oven and eating



Place the camembert into a camembert baking dish (a round clay ramekin is perfect).

Place on the middle shelf of the oven and allow to cook for around 25-30 minutes, or until the camembert appears oozy. Leave to cool slightly and serve

with lots of crusty bread.

it, hot and melting, with crusty French bread? This month's recipe is actually four recipes in one - four original takes on the classic baked camembert. All created by a talented young chef, Jake Moxham, who co-owns the Oliver and Hare in Leighton Buzzard and the Axe and Compass in Heath And Reach. My personal favourite is the chilli and ginger, just because it is so surprising, but all of these are lovely.

250g Camembert 15g root Ginger 1 tsp chilli puree or sauce 1/2 fresh chilli

Serves 2

Pre-heat the oven to 180C/ Gas Mark 4 Make 2 parallel cuts into the top of the camembert, approximately 4 centimetres long and 3 centimetres apart.

Glaze the top of the camembert with chilli puree or chilli sauce.

Grate the ginger root evenly over the top of the camembert using a fine grater and allow any juice to drip onto the camembert.

Slice the fresh chilli into small pieces and spread evenly over the top of the camembert. For extra heat you can also insert pieces into the cuts already made.

Variations:

Rosemary (the classic one)

Simply insert two sprigs of rosemary into the slits and bake as above.

Garlic and Rosemary

As above with the rosemary one, but add two peeled garlic cloves into the slits as well.

White Wine and Pear

Make the slits in the camembert. Glaze the top of the cheese generously with wine. Very thinly slice a 1/4 of a pear and place the slices on top of the cheese. Glaze with extra wine and bake as above.

Hear wonderful Nick recipes on Coffer's Weekend Kitchen every Sunday morning on BBCThree Counties radio at 11am. You can also join Nick every weekday afternoon at midday for brilliant local guests with great stories to tell and all the music you want for your early afternoon.



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The South Pennine Cycle Way

136 miles from Derby to Settle - National Cycle Network Route 68 with Angela and Christine



Angela and Christine, Opera House Buxton

After my delayed start I was pleased to meet up with Christine at St Pancras for a good journey to Derby. On arrival we found Route 68 and somewhere to buy a picnic lunch. Through the town centre and soon out on to quiet lanes into open countryside to Ashbourne and the busy traffic free Tissington Trail. Enjoyed an ice cream enroute and on reaching the end found ourselves on rough bridleways, joining up with tarmac and then again on a bridleway high over Derbyshire moorland for a steep descent into the lovely spa town of Buxton. The next morning we faced a challenge. Most of the off road routes are rideable, not so the one outside Buxton. The tiny tarmac lane got steeper. This soon

disintegrated into a rough stone track which only a full bore mountain bike could cope with. Luckily, later the tarmac returned. We cycled on through Whaley Bridge. stopping for coffee at New Mills before a descent into Glossop. Our route now changed to NCN 62, part of the Trans Pennine Cycle Trail. Not well signed so with a little help from Christine's phone app: maps.me we found our way to Hadfield to pick up the lovely traffic free Longdendale Trail to the Woodhead Tunnels. Here the bridleway ascent on to the moors is short and extremely steep so we took our panniers off to make it a little easier to carry our bikes up to the Dark Peak moorland, then returning to the road at Dunford Bridge and eventually a descent into Holmfirth. After lovely stroll around Holmfirth and dinner at local Italian, we slept well.



Route outside Buxton

We had been warned of the outrageous climb out of Holmfirth – so we just walked. We had hoped now at the top we might stay there, not so, it soon drops down to Melham and another up and over to Slaithwaite. A lovely ride round Scanmmonden Water reservoir that lies next to the M62 to find a tunnel to take us under the motorway and on to Barkisland for a picnic lunch and then to a steep descent to Sowerby Bridge where we decided to join the Calder Navigation to Hebden Bridge. Here we completed a very long and steep uphill pushing our bikes to get to the cobbles through Heppenstall and to our route taking us over moorland passing Widdop Reservoir and moor, our first real taste of remote uplands, and descent into Colne. Here, due to lack of/poor signage, Christine consulted her maps.me again so we eventually found the lovely route taking us through Alkincoats park and on to Kelbrook for our last overnight stay.



Settle Station for train home

Next morning we cycled to Barnoldswick and onto the Leeds & Liverpool Canal, then to Gargrave for a welcome break at the well known"Dalesman Teashop" and the beautiful scenery of the Yorkshire Dales. Quiet roads take you past Airton to a relatively steep climb onto the moors above Settle and then of course a steep descent into the this busy town for our train home.

To sum up this was a great experience - serene tow paths, some hard climbs, lots of walking up hills, signs of our proud industrial heritage and world class scenery.

Notes: not suitable for roadbikes.

Phone app Maps.me proved very helpful.

We cycled about 40 miles per day, last day 22 miles.

Other routes I have cycled, mostly independently, include:

The Way of the Roses, Sea to Sea (C2C) The Reivers Route, Hadrians Cycleway, The Cinque Ports route. Coast and Castles(South) Lon Las Cymru (North and South) Celtic Trail East, The Lancashire Cycle Way, Suffolk Coastal Route, The North Sea Cycle Route(6,000Km, linking seven countries together, is an unbroken signposted route which follows the coast line of the North Sea.)

For more information on the National Cycle Network (NCN) and Regional Routes visit www.sustrans.org.uk



Faton Bray Methodist Church

August opened with a moving Communion service led by our

minister, Rev Nigel Bibbings. He took as his theme: "The miracle that matters is the miracle of faith". Only if we are true to our faith can we sustain our life together as a strong and healthy church. As is usual in August we shared services with neighbouring churches and were made very welcome by Edlesborough and Kensworth Methodist congregations. After a long absence we were delighted to welcome back Rev Jenny Spouge to lead our first September service, a Communion. She asked us to identify the rules and principles which govern our lives and challenged us to think how we might hold to these in the times where we are surrounded by dreadful events and

people in desperate need. She reminded us that every act of kindness; a smile; a word of encouragement; a donation; warm hospitality is a bit of the Gospel. We must cherish our gift of life and 'carry it to the streets'.

Dates for Your Diary

Dunstable Salvation Army Band Concert Saturday Oct 6th 7pm

Café Community

Saturday Oct 13th 11am – 1pm Saturday Nov 10th 11am – 1pm

We will be delighted to see you if you join us for a cup of tea/coffee and/or a light lunch.

Social Afternoons

Weekly on Thursdays 2pm – 4pm Chat, meeting friends, games, refreshments. All Welcome.

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What: Fitness4Fun with Kay Where: Edlesborough Memorial Hall

When: Every Friday, 10:00-11:00 am



The Burden and Heat of the Day

Often in the heat of the summer just gone I was glad I did not have to work outside in the

sun, day after day, as many did - road workers, builders, farmers, etc. I watched as harvesting began in the fields behind our close in those last hot days of July. Nowadays, I'm told, many high tech farm vehicles have air-conditioned cabs, but not so long ago virtually the whole village would turn out to help bring in the harvest by hand through the heat of long summer days.

Doing the brunt of the work at its hardest is said to be 'bearing the burden and heat of the day'. *Under the Burden and Heat of the Day* is the title of a painting by the Ballarat born Australian artist David Davies (1864-1939). Google it and you'll see that it shows two men, one offering the other a drink, under the blinding heat of an Australian summer day at noon. The expression comes from one of Jesus' parables (those stories of everyday things with a spiritual meaning).

This parable is about a farmer hiring daylabourers to work in his vineyard. He agrees a day's wage with those he hires first thing. Through the day he finds others still waiting for work and hires them too -finishing with a group who only worked for an hour. Starting with those hired last, the farmer then paid each group the wage he had agreed with those he hired first. They complained, saying they had "borne the burden and heat of the day" (Matthew 20:12, AV). The farmer, however, said that he'd treated them fairly and they had no right to complain about his kindness to others.

The parable is about God's grace - the kindness he shows to us who deserve

nothing from him. Unlike the workers in Jesus' parable, none of us can say that God owes us anything. We have all lived in the world he made



as if it belonged to us and not to him. As the Bible says, "All we like sheep have gone astray; we have turned - every one - to his own way." (Isaiah 53:6, ESV) God's grace is shown in that he gives the same forgiveness of sins and eternal life to all who genuinely turn from living for themselves to believe in his Son, Jesus Christ, and to live for him. Whether they do so early in life or late makes no difference.

As we celebrate harvest, let us be thankful to God, who shows kindness to all by providing us with food, and be thankful too for those who bore the burden and heat of the day to gather in the crops.

Grace Baptist Church Edlesborough

Pastor: Timothy Reynolds gbcepastor@gmail.com Secretary: Alister King gbcesecretary@gmail.com

Weekly Activities

Sunday Services

10.30am Morning Worship6.00pm Evening Worship

2nd Monday

2.30pm SilverLink for over 60s

Wednesday

10.00am Caterpillars Toddler Group 7.30pm Bible Study & Prayer Meeting

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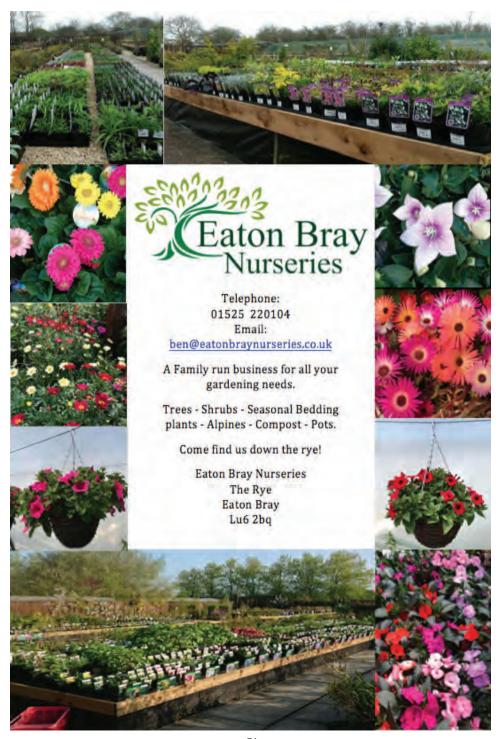
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National Back Care Awareness Week

National Back Care Awareness Week runs from 8 - 12 October and is a promotional campaign by BackCare, the charity for healthier backs. St Judes Clinic in Leighton Buzzard will be holding free 10-minute back advice chats during this week. Their friendly team of Chartered Physiotherapists can suggest suitable exercises, give tips on back pain management and a range of useful, free leaflets are also available. If you need treatment, you can also take advantage of a 10% discount when you book an initial physiotherapy assessment.

Back pain research is constantly changing – here is St Judes' advice on how to tackle back pain and reduce your chances of it recurring.

- The spine is a strong, stable structure and although most people will experience back pain during their lifetime, it is very common and rarely dangerous. However, if you experience any of these symptoms you should contact your doctor:
 - Back pain associated with a high fever and sweating.
 - Difficulty passing urine or having the sensation to pass water that is not there.
 - Loss of sensation during intercourse and numbness/tingling in your genitals or buttocks area.
 - Loss of bladder or bowel control or power in your legs.
- You seldom need a scan and it can do more harm than good - perfectly normal changes in the spine can cause people to avoid exercise and movement which they should be doing to get better.
- 3. Avoid bedrest, stay in work and gradually resume normal activities studies now show prolonged rest and inactivity for people with low back pain actually leads to higher levels of pain, greater disability, poorer recovery and longer absence from work. Avoiding aggravating activities in the first few days of back pain is ok but gradually returning to your usual activities is important in aiding

recovery.

- Don't be scared to move, holding yourself in rigid postures can be counter-productive.
- 5. Exercise and activity reduce and prevent back pain start slowly and build up both the amount and intensity and make it something you enjoy.
- 7. Surgery is rarely needed—for some conditions surgery can help the leg symptoms but, on average, the results for back surgery are no better in the medium and long term than non-surgical interventions, such as exercise.
- 8. Get good quality sleep aim for 7.5 8 hours a night.
- 9. You can have back pain without any damage or injury – a combination of physical and psychological factors can cause back pain such as avoiding movements, being overweight, feeling down, tired, stressed or lack of sleep and exercise. Each factor can increase pain and understanding when and why this happens, can help you get back in control.
- 10. If you are troubled by persistent back pain, physiotherapists provide expert advice, guidance and treatment for back pain and show you ways you can reduce your chances of future episodes. To book a free advice chat or initial physiotherapy assessment, please ring St Judes on 01525 377751 and quote "Back Care Week." Cannot be used with any other offer.



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Eaton Bray Cricket Club

14/7/18

At New City we batted first but could only muster 177-

8. Only contribution coming from Jaco Jacobs with 73 N/O. We bowled pretty well but in the end lost by 3 wickets. Best bowling was Chris Maynard with 2-18.

The 2s took a bit of a tonking at home to St Andrews who made 258-8 despite a good performance from Ollie Sirett who took 4-26.

We were never going to get there and fell 105 runs short.

15/7/18

The Sunday side saw a loss for the first time in over a month posting 176 all out. Lutonian eased to victory by 7 wickets.

21/7/18

Availability meant that the 1st X1 sent a weakened side to Elstow who scored 249-6 batting first. Chris Maynard again in the wickets with 3-64.

35 from top scorer was not enough and we were bowled out for 143.

Although the 2s lost heavy at home to Westcroft it was a very game performance. Chasing 290 with Mark Moss 3-34 and DK 3-68 we batted well.

Lee Gauntlett with 49 and the called out of retirement Del D'Archambaud 37 and Andy Gypps 25 n/0 gave stout resistance but it was colt Charlie Hosking who stole the show with 57 N/O to get us to 209-3.

22/7/18

Another loss for the Sunday side. Batting first we fell for 179 with Russell Bennett 49 and Jaco Jacobs 41. Some good bowling from Jamie Osborne with 3-21 was not enough to see us home and we lost by 3 wickets.

28/7/18

It was more of a 2nd X1 side than a 1st 19/8/18 that travelled to Olney who scored 196- We couldn't make it the perfect weekend

5 James Flecknell with 3-43 We chased well and at one time looked the winners until we fell away and ended 181 A/O. James Flecknell putting in a good all round performance with 46.

The 2s had to forfit due to availability.

29/7/18

In the middle of the biggest heatwave since 1976 the Sunday game was rained off at Luton.

11/8/18

We were a bit off colour at New Bradwell with dropped chances costing us as we attempted to chase their 261-7. The rain came after James Flecknell 65 Rob Oakes 64 and Wes Hosking 51 made a fist of it but we ended on 246-8 being called off by the umpires with 3 overs to go and 15 needed.

A bit of a makeshift side took the field for the 2s against Amptill Town who made 236-6. DK with 3-40. In reply we posted 141-5 as colts Charlie Hosking 29 and Thomas Maynard 22. We fell short by 95 but it was a good effort in the circumstances.

12/8/18

Batting first against Amptill we scored 197-3. Andy Norris 105 and Phil Spicer 49. We bowled very well as we ran out winners by 38 runs. DK 2-33

18/8/18

A good day all round as we posted 187-9 against Great Horwood. Wes Hosking 87. In reply James Flecknell 4-5 and Jamie Osborne 3-17 had the opposition 66 all

Batting first at North Crawley we made 167-7 with Russell Bennett scoring 61. Ian Jones 5-15 and DK 3-32 had Crawley 155 all out.

as we were bowled out for 100 at Caddington. Marc Flack 31. Short story was we lost by 6 wickets.

25/8/18

More dropped chances allowed Norh Crawley to post 303-6. Despite 77 from James Flecknell we fell 114 runs short.

The 2s fielded another makeshift side and were bowled out for 116 against M K Stallions. In a game played in very good spirit M K knocked off the runs in 16 overs.

26/8/18

It rained at Blunham

1/9/18

A cracking finale at the Rye as the 1s had to bat with 9 men due to a delay at a Spanish airport and at bit of a mess at Luton. Batting first Bray were in a spot of bother at 51-5 but a Captains knock of 77 and 50 not out for Nick Pearson saw us to 217-6. M K were always up with the rate but 3 wickets in the last over with the scores tied made for a great finish.

Not the best wicket at West Oxley where the 2s were bowled out for 160. The wicket didn't seem to bother the hosts as they ran away with it by 7 wickets.

2/9/18

The end of season party may have affected the performance on Sunday as we struggled to 103 all out. Marc Flack 28 Dave Callen 14 (Didn't attend the party). Queens Park made the runs in 25 overs but not before a maiden club wicket for Marc Flack

So comes to an end a bit of an up and down season. The 1st X1 needed results to go their way in the last game and in the end finished half way in Division 1 of the FCCL but a long way off the pace.

The 2nd X1 were 2nd bottom in FCCL Division 6 but as we stand will not be relegated. This could change over the winter. Many of our problems this year

was down to availability although we had a good size pool of players. On the plus side around 5 of the colts played senior cricket and didn't let us down.

The Sunday side were much improved finishing 4th in Beds League Division 6 with 7 wins from 14 games played.

The season maybe over on the pitch but work will begin mid September to prepare the wicket for next year. A decent turnout is also expected for the Club Dinner.

The club would like to thank Meadow Marquees Houghton Insurance and the Focus for their continued support.

Thank you all from Eaton Bray Cricket Club.

The Salvation Army, Booth Place - Weekly Activities



Sunday
Footprints (Sunday School) 9.45-10.45am

Morning Worship 11am Messy Church 3-5pm

(Last Sunday of the month)
Songs of Praise

Songs of Praise 4pm (3rd Sunday of the month from May to Dec)

Tuesday

Coffee Morning

(Alternate weeks) 10-11.30am Music practices (all welcome) 7.30-9pm

Wednesday

Home League 2.30-3.30pm

(Ladies Mtg but all welcome)

Champions Challenge Club (term time)

(Ages 5-10 years) 5.45-6.45pm

Thursday

Parent and Toddler Group

(*Term time*) 9.30-11.30am

Girls' Night Out

(1st Thursday of month) 7.45pm

Sewing & Craft Bees

(2nd Thursday of month) 7.45 pm

Ladies Fellowship

(Last week of month) 7.45pm

For further details please call Envoy Hilary Chadwick, T:01525 222087 / 07932 057490 E: hilary.chadwick@salvationarmy.org.uk

Weighting Game

ZSL Whipsnade Zoo's 3500 animals step up for Annual Weigh-In



A huge-scale operation has been taking place at ZSL Whipsnade Zoo, as keepers coaxed thousands of animals, including parrots, meerkats, turtles and rhinoceroses, to step onto the scales for their annual weigh-in.

As part of their regular check-ups, all creatures great and small, from gargantuan rhinos to feather-light butterflies, have had their vital statistics recorded as a way of keeping track of the health and wellbeing of the 3500 animals at the UK's largest Z00.

Female Asian rhinoceros Behan, one of the heaviest animals at the Zoo.

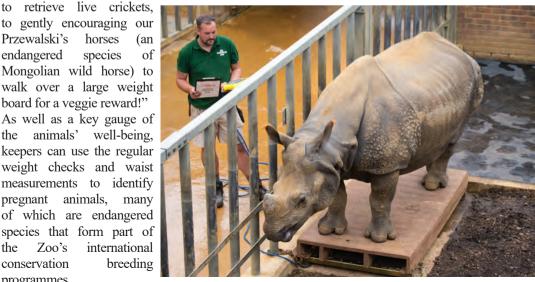
stepped onto an industrial sized weight-board and checked in at over one and a half tons, while the tiny Partula snail, which is extinct in the wild, weighed less than 4mg and required extra sensitive scales to accurately weigh it.

Each measurement is recorded into the Zoological Information Management System (ZIMS), a database shared with zoos around the world, helping zookeepers compare important information on thousands of endangered species.

Zoological manager Matthew Webb said: "All of our animals at ZSL Whipsnade Zoo have regular check-ups and are monitored daily, but the annual weigh-in is an opportunity to make sure the information we've recorded is up-to-date and accurate.

"With so many animals that are all so different from one another, our keepers have to come up with creative tactics to entice them onto the scales, from getting meerkats to clamber onto tiny scales

Przewalski's horses (an endangered species ofMongolian wild horse) to walk over a large weight board for a veggie reward!" As well as a key gauge of animals' well-being, keepers can use the regular weight checks and waist measurements to identify animals, pregnant many of which are endangered species that form part of the Z00's international conservation breeding programmes.





Get Jitters with the Critters

Boo at the Zoo week at ZSL Whipsnade Zoo Saturday 20 October – Wednesday 31 October 2018

For hairy, but not too scary, Halloween fun, families can trick-or-treat themselves to a magical trip to ZSL Whipsnade Zoo, for special October half-term event, Boo at the Zoo.

From Saturday 20 to Wednesday 31 October, the animals and people alike will be celebrating all things spooky, with a fang-tastic day out for the whole family to enjoy.

Fearless families can step into the Super Natural Neighbours experience, to discover the weird and wonderful creatures that live on our doorsteps. Any child who has ever heard an eerie cry from outside or a strange rustling from the kitchen cupboard will love learning about the fascinating animals that make these Night-time Noises. Explore the Creepy Kitchen and gaze into the Pungent Pond, before meeting some not-so Frightening Friends.

Kids can experiment with Creepy Crafts, make Menacing Masks or carve their own Petrifying Pumpkins, as well as transform into black cats, spiders and other Halloween creatures with the help of the Zoo's Fearsome Face Painters. For under 5s, follow the scarecrow and his friends down to the farm for some Magic and Mayhem fun and games.

Animal-lovers can experience a whole host of interactive, terrifying talks and devilish demonstrations that will amaze even the cleverest little monsters. Get to know the Zoo's owls

in a special Owloween Encounter, and find out how elephants created the cyclops or what butterflies have to do with the Day of the Dead at a whole series of Monster Mythbusters talks, running all day.

ZSL Whipsnade Zoo's Boo at the Zoo is dead set to be a spooktacular day out. Join in the fun from Saturday 20 to Wednesday 31 October, and book your zoo tickets online now at www.zsl.org



Say 'aaah'!

Endangered Tiger Cubs' First Health Checks

Whipsnade Zoo's team of vets have performed health checks on eight-week-old endangered male Amur tiger cubs, Dmitri, Makari and Czar, with the help of zookeepers, within the tiger enclosure at ZSL Whipsnade Zoo. While seven-year-old tigress mum Naya and dad Botzman enjoyed breakfast in their den, vets were able to safely enter the tiger family's main enclosure,



where they checked the cubs' eyes, ears and teeth, and gave them routine vaccinations.

Team leader Donovan Glyn said: "This was such a wonderful moment for the keepers here at ZSL Whipsnade Zoo, not only having the incredible privilege of seeing these beautiful cubs up close, but helping our vets assess Dmitri, Makari and Czar, who are all doing really well.

"The cubs weighed in at about 8kg (17lb), and it's amazing to see how much they've grown in the couple of months since they were born. You do have to be very mindful of that when you're going in to give them vaccinations – they're not quite like little kittens anymore - but we're an experienced team that has the cubs' welfare as our number one priority, so we were able to keep them calm and content throughout the process."

The cubs were born on Saturday 23 June, only 121 days after seven-year-old tigress Naya was introduced to male mate Botzman as part of the European Endangered Species breeding Programme (EEP), which works with zoos across the continent. A fourth cub sadly had to be put to sleep by vets due to poor health.

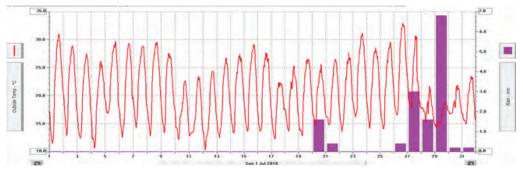
Dagnall Weather Station (AONB) Weather Conditions for July & August 2018

Elevation: 450 ft - Latitude: 51° 50' 13" North - Longitude: 0° 33' 34" West July 2018

July: The hot and dry weather we had in June continued into July and it wasn't until the 20th of July that we saw rain again, making 29 continuous days of dry sunny weather. On the 1st, the temperature reached 31.2°c and we continued with temperatures in the mid to high twenties until the 26th/27th when we topped 30°c again; maxing out at 33.2°c, which sparked thunder showers and the temperatures dropped. Although we recorded rain on ten days, it only amounted to 14.2mm, just over ½inch; 25% of the average ten year rainfall.

| | High | Date/Time | Low | Date/Time |
|---------------|-----------|-----------------|-------------|---------------|
| Temperature | 33.2°c | 26 July 15.30 | 10.4°c | 12 July 04.00 |
| Mean Temp | 20.5°c | Dominant Wind: | E | |
| Humidity: | 94% | 6,11,21,29 July | 26% | 5 July 17.00 |
| Barometer: | 1025.6 mb | 9 July 01.30 | 1001.0mb | 28 July 08.00 |
| Wind Speed | 35mph SW | 28 July 16.00 | Months avg. | 3.3 mph |
| Wettest Day | 29 July | | 6.81mm | 0.268 ins |
| Monthly Rain: | Total | July | 14.2 mm | 0.559 ins |

The plot shows the high temperatures throughout the month & small amount of rainfall



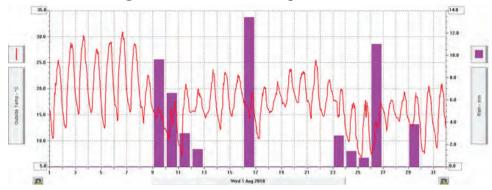
August 2018

August: The first week of August continued the warm and settled theme with the highest temperature of 31.6°c on the 6th. On the 8th, it became cooler and unsettled with rain recorded on four consecutive days. The temperature rose slightly in the middle of the month but dropped again to 18°c for the last week, which was around average for August. Gardeners welcomed the 13.4mm of rain we had on the 16th, making a monthly total of 54mm, but that was still only 71% of the average rainfall.

| | High | Date/Time | Low | Date/Time |
|---------------|------------|-----------------|-------------|-----------------|
| Temperature | 31.6°c | 6 August 16.00 | 6.7°c | 25 August 06.30 |
| Mean Temp | 17.4°c | Dominant Wind: | W | |
| Humidity: | 95% | 3-5-26 August | 32% | August 15.00 |
| Barometer: | 1024.0 hPa | 5 August 01.00 | 1001.7 hPa | 26 August 19.30 |
| Wind Speed | 34 mph S | 26 August 15.00 | Months avg. | 3.9 mph |
| Wettest Day | 16 August | | 13.41 mm | 1.756 ins |
| Monthly Rain: | Total | August | 54 mm | 2.126 ins |
| Yearly Rain: | Total | 8 Months | 417.7 mm | 16.445 ins |



August 2018 - Plot shows Temperature & Rain



Station News: For weather data 24 hours a day, updated every 15 mins, visit: www.dagnallweather. co.uk. If anyone has a question, comment or wishes to contact me please email: david@dagnallweather.co.uk or telephone: 01442 843883. Dagnall weather now has an app for your ipad & iphone! Just go to the apple store, search for Wunderstation and follow the instructions to Dagnall Weather Station. Now updated every minute.



Nigel's Thoughts

Methodist Minister

Dear Friends, As Summer slowly gives way to Autumn with its characteristic 'nip' in the air,

it is only natural to ruefully look back over long, hot, glorious days and wish that we could hold onto the season for a while longer. Yet this season of autumn also has much to commend it. I love the changing colours of foliage all around us and the fruitfulness of this time. It seems as though nature provides us with a 'final fling' of splendour before the muted greyness of winter.

We have so much to be thankful for, the rhythm of the seasons and the many blessings that they bring our way.

The constant and unconditional love of God who is always seeking us out is also made known to us at this time of Harvest.

Jesus revealed the glory of love that gives itself away when he said that "unless an ear of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds" (John 12 v 24).

We know that this is true of the seeds sown that grow to produce the grain ingathered at Harvest time. It can undoubtedly be true as we offer our love and stand in solidarity with those who have lost everything and can no longer reap a harvest, due to war, drought, flood, earthquake, or other disaster.

It is also true in the life of Jesus who gave himself for our fruitfulness, for our flourishing, in order that we may know God's love for us personally.

So enjoy this time and remember the words of John Wesley:

"Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can, As long as ever you can."

God bless You!

∠Nigel

The Benefits of Gratitude

We often talk about it beginning to feel like autumn when the nights start to draw in and temperatures start feeling

cooler but there are two separate dates which could be said to mark the start of autumn in calendars. One is defined by the Earth's axis and orbit around the sun and the second is a fixed date which is used by meteorologists for consistent spacing and lengths of the seasons.

The meteorological seasons consists of splitting the seasons into four periods made up of three months each. These seasons are split to coincide with our Gregorian calendar making it easier for meteorological observing and forecasting to compare seasonal and monthly statistics. By the meteorological calendar, the first day of autumn is the 1 September.

The astronomical calendar determines the seasons due to the 23.5 degree tilt of the Earth's rotational axis in relation to its orbit around the sun. Both equinoxes and solstices are related to the Earth's orbit around the sun.

While we may not appreciate the night's drawing in and the colder weather, the colours of Autumn are amazing. I love the yellows, oranges, and reds of the leaves along the side of many of our roads.

Autumn is also a time when harvest festivals take place and we give thanks to God for all his provision. We live in a world where we are often bombarded with the negative, so as an antidote to this it is good to have an attitude of gratitude. In fact there are huge benefits of gratitude and thankfulness which have been scientifically proved. Here are 7 benefits:

Gratitude opens the door to more relationships. Showing appreciation can help you win new friends. A 2014 study found that thanking a new acquaintance makes them more likely to seek an ongoing relationship. So whether you thank a stranger for holding the door or send a thank-you note to that colleague who helped you with a project, acknowledging other people's contributions can lead to new opportunities.

Gratitude improves physical health. Grateful people experience fewer aches and pains and

report feeling healthier than other people, according to a 2012 study published in Personality and Individual Differences.

Gratitude improves psychological health. Gratitude reduces a multitude of toxic emotions, from envy and resentment to frustration and regret and reduces depression.

Gratitude enhances empathy and reduces aggression. Grateful people are more likely to behave in a prosocial manner, even when others behave less kindly, according to a 2012 study by the University of Kentucky.

Grateful people sleep better. Writing in a gratitude journal improves sleep, according to a 2011 study published in Applied Psychology. Spend just 15 minutes jotting down a few grateful sentiments before bed, and you may sleep better and longer.

Gratitude improves self-esteem. A 2014 study published in the Journal of Applied Sport Psychology found that gratitude increased athletes' self-esteem, an essential component to optimal performance. Other studies have shown that gratitude reduces social comparisons. Rather than becoming resentful toward people who have more money or better jobs - a major factor in reduced self-esteem - grateful people are able to appreciate other people's accomplishments.

Gratitude increases mental strength. For years, research has shown gratitude not only reduces stress, but it may also play a major role in overcoming trauma. A 2003 study published in the Journal of Personality and Social Psychology found that gratitude was a major contributor to resilience following the terrorist attacks on September 11. Recognizing all that you have to be thankful for - even during the worst times - fosters resilience.

As we consider God's harvest and the beauty of this season let's remember, as the Bible reminds us, that: 'Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.' (James 1:17) and let's discover the benefits of having an attitude of gratitude.



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