

Focus

May 2010

Envelope inside!



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THE FOUR VILLAGES MAGAZINE

**EATON BRAY
EDLESBOROUGH**

**NORTHALL
DAGNALL**

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19th to 22nd May



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and
Thursday**



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or Haddock.
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homemade beer
batter with chips,
peas and tartare
sauce.**

Focus - The Four Village Magazine

Magazine Committee

Joint Editors: George Crutcher - 7 Summerleys, Eaton Bray 221637

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Copy for publication to the Editors or one of the following by the **10th of the month:**

Kevin Cabbage - 'Larums', Eaton Bray Road, Northall

Val Barrow - 3 Chestnut Close, Dagnall

Focus accepts no responsibility as to the accuracy or content of any advertising or articles published in 'this' magazine neither do they reflect the opinion of members of the Committee.

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Focus would like to remind contributors that the deadline for articles is the 10th of the preceding month

Police Contact Numbers...making neighbourhoods safer together **Bedfordshire Police (Eaton Bray)**

General Assistance (Recommended Number) 01234 841212

Leighton Buzzard Police Station/P.C.Viv Dady 01582 473418

P.C. Viv Dady Mobile 07506 745133

Typetalk: 18001 01582 437418

Email: SNT.Leighton-Rural@Bedfordshire.pnn.police.uk

Thames Valley Police (Edlesborough, Dagnall & Northall)

General Assistance: 0845 8505505

PC Jared Levens Mobile 07773 398 727

PCSO Jackie Dodson Mobile 07800 703 524

PCSO Chris Baker Mobile 07974 973 866

Email: WingSouthNHPT@thamesvalley.pnn.police.uk

Village Hall Bookings

To book your local village hall for an event please contact the following:

Northall: Lorna Cabbage, Tel: 01525 220361

Eaton Bray: Norman Lee, Tel: 01525 222831

Dagnall: Elizabeth Coates, Tel: 01442 842550

Edlesborough Memorial Hall: Beverly Sage, Tel: 01525 229509

Village Diaries May 2010



Weekly

Mon-Fri (term time)	Eaton Bray Pre-school, Eaton Bray Lower School, 01525 220468
Mon-Fri (term time)	Dagnall Under 5's, Dagnall Village Hall, 9.30-12 noon, Mrs Ann Tobin 07816 358342
Mon-Fri (term time)	Edlesborough Under 5's Pre-School, Edlesborough Memorial Hall, Sue 01525 222199
Mon-Thu (term time)	Totternhoe Pre-school, mornings, Totternhoe Memorial Hall, Ellie Deeley on 07913 529574
Mondays	Pilates, 10.45am, St.Giles Church Hall, Totternhoe, Lisa: 01582 412426
Mondays (term time)	2nd Eaton Bray Brownies, girls 7- 10 years, Edlesborough Memorial Hall, 6 - 7.30pm, Sarah 01525 229194
Mondays	Dagnall Community Choir, All Saints Church 7.45 – 9.45pm
Tuesdays	Line Dancing, 1.30-3p.m., Eaton Bray Village Hall, Lyn Stubbs 220731
Tuesdays	Baby's First Cafe (Support for Breastfeeding mums), 10.15 - 11.45 am, Pitstone Memorial Hall
Tuesdays	Pilates, 10-11am, Eaton Bray Village Hall, Nicky Roussou 07861 161680
Tuesdays	Totternhoe Baby & Toddler Group, 9.30-11.30am, Totternhoe Village Hall, 07986 730922
Tuesdays	Northall Toddler Group, 9.30am-11.30am (10am-12noon Summer School Holidays Only), Northall Village Hall, Naomi 01525 376575/07977 564449
Tuesdays	Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall, 01582 620576
Tuesdays	Yoga, Dagnall Village Hall 7.45 – 9.15pm
Tuesdays	Coffee Morning, Bring & Buy, Table Top Sale, 10-12noon, Salvation Army Hall, Booth Place, Eaton Bray
Fortnightly	Cheeky Monkeys Under 5's Playtime, 1:00pm - 2:45pm, Eaton Bray Village Hall, Contact Louise on 07784 165259
Weds (term time)	Pilates, 7.15pm, Northall Village Hall, Lisa: 01582 412426
Wednesdays	Egyptian Dance Class, 7–8.30pm at Eaton Bray Village Hall. Contact: Soraya 01525 853360
Wednesdays	Northall & District Age Concern Wednesday Club, 10am - 3pm, Northall Village Hall, Contact Anna 221996 or Julie 220153
Thurs (term time)	Baby & Toddlers Group, Dagnall Village Hall, 12:45 - 2:45pm (12:15 if bringing lunch) Contact Michelle Tel 01442 842 676
Thursdays	Yoga, Northall Village Hall, 11.30am-1pm 01525 377542
Thursdays	Keep fit, 2-4pm, Eaton Bray Village Hall, Mrs Johnson 220304
Thursdays	Kfa Body Moves 40+, Fitness through movement, exercise & dance. 8-9pm, Edlesborough School, Pat 01582 668735
Thursdays	Baby & Toddler Group, Salvation Army Hall, Booth Place, Eaton Bray, 9.30-11.30am
Thursdays	Keep Fit Edlesborough School, 8pm Tel: 01582 668735
Thursdays	Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208
Thursdays	Grace Baptist Church (by the Post Office) Bible Study in the rear hall 7.00p.m. for 7.30p.m.-9.00p.m. all welcome, Antony Coles, 01582 967173.
Thursdays	Karate, 7-9pm, Eaton Bray Village Hall, Brian Bates 07958 348086
Fridays	Tap & Ballet Classes, JoAnn Latus School of Dance, 4-8pm, Eaton Bray Village Hall, 01582 620576
Saturdays	Jazzercise, 9.30-10.30am, Eaton Bray Village Hall, Angela Veryard, 01525 715208

Village Diaries May 2010

- Saturdays Drama Class for Children, 10.35am-12.35pm, Eaton Bray Village Hall, Claire Casey, 07792 508591
- Sundays Grace Baptist Church (by the Post Office) prayer time in the rear hall, 9.30-10.00am, all welcome, Antony Coles 01582 967173.

Monthly

- 1st Monday Eaton Bray Parish Council Meeting, 7.30pm, The Coffee Tavern
- 1st Monday Eaton Bray W.I. Meeting, 7.30pm, Eaton Bray Village Hall, Contact Sheila Beal on 01525 221185
- 1st & 3rd Monday Knit n Stitch. 2pm-3.30pm. Edlesborough Methodist Chapel. Opp The Green. Knitting, crochet & needlecraft. Tel Wendy 07908 828414.
www.wendy-poole.co.uk
- 1st & 3rd Tuesday Dunstable & District Orbit Club meet at Dunstable Rugby Club at 8pm. For details contact 01525 222441 or 01582 755147
- 1st & 3rd Sunday Grace Baptist Church (by the Post Office) meeting for Worship, 3pm, all welcome, Antony Coles 01582 967173
- 2nd Tuesday Toddlers' Church, St Mary's, Eaton Bray, 2.00pm
- 2nd Tuesday Dunstable & District Local History Society meeting, 7.45pm, Methodist Church Hall, Dunstable (opposite Wilkinson)
- 2nd Tuesday Edlesborough W.I. Meeting, 7.30 pm, Edlesborough Memorial Hall
- 2nd Wednesday 8.15pm Healing Service in St Mary's Church
- 2nd Thursday CAMEO Coffee, tea & chat, 10am-12noon, Edlesborough Methodist Church
- 3rd Thursday Edlesborough Parish Council Meeting, 7.30pm, Memorial Hall
- 3rd Sunday Lunch club 11.30 to 2.00pm, Eaton Bray Village Hall, Chris Hewitt 222288

Other Regular Events

- 2nd Beds Area Narrow Gauge Model Railway Club, 11.30am-4.30pm, Eaton Bray Village Hall. Visitors welcome
- 8th Cafe Community, 10.30am-12.30pm, Eaton Bray Methodist Church
- 12th & 26th Bingo, Dagnall Village Hall 8pm
- 14th Leukemia Research Coffee Morning, 2 Dunstable Road, Dagnall 10.30am. All Welcome
- 18th Over 60's, Mystery Outing

One Off/Annual/Irregular Events

- 1st EDaN May Day Festival, Edlesborough Green, 12 - 4pm
- 8th The Open Band Concert, St Mary's Eaton Bray, 7.30pm, Tickets £6, 01525 221556
- 8th Totternhoe Fete, Recreation Ground, 11am-late
- 9-15th Christian Aid Week
- 15th Edlesbray players, Spring into Summer, a revue, 7.30pm. Eaton Bray Village Hall, Tickets: £7.50. Box Office 01525 222283
- 19th Dagnall Village Hall AGM 7.45pm All residents welcome
- 19th Eaton Bray Men's Group Talk: 'Dunstable - The Town at the Crossroads' at 7:45 p.m, Eaton Bray Methodist Church, Entrance £2.
- 22nd EDaN Classical Music Concert at St Mary's, Edlesborough, 7.30pm, Tickets, Alan: 01525 221926
- 23rd Cheddington Bowls Club Open Afternoon, Recreation ground, 2-5pm
- 29th, 30th & 31st St Mary's Church, Pitstone Festival of Art and Flowers. 29th 2-6pm, 30th 11am - 5pm, 31st 11am - 6pm

Edlesborough Post Office

Summerleys, Edlesbrough, LU6 2HH

Opening Times

Monday	09:00 - 17:30
Tuesday	09:00 - 17:30
Wednesday	09:00 - 13:00
Thursday	09:00 - 17:30
Friday	09:00 - 17:30
Saturday	09:00 - 12:30

Closed for lunch 13.00 - 14.00

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Eaton Bray Village Hall 100 Club Winners - March 2010

73	Dave Fensome	£100
45	Pat Moreton	£25
177	Michelle Young	£25
31	Chris Banks	£25
89	Win Hicks	£25

Drawn on 16th Mar 2010 at Eaton Bray Lower School. Please direct any correspondence to Ross Bagni, 71 Bower Lane, Eaton Bray, Bedfordshire, LU6 1RB, Telephone: 01525 221411.



Dunstable & District Local History Society

**Tuesday 11th May, 7.45pm
Exile in the Chilterns**

Jean Yates and Neil Rees recount the war-time exile here of King Zog and the Albanian Royal Family.

**Methodist Church Hall, Dunstable
Visitors always welcome**

NORTHALL & DISTRICT AGE CONCERN

Annual General Meeting

Tuesday 8th June

at 7.30PM

Coffee Tavern, Eaton Bray

**Interested members of the public
are very welcome to attend**

Eaton Bray Cricket Club 100 Club Winners

March 2010

£100	Martin Quinn	No. 66
£25	Celia French	No. 96
£10	John Abraham	No. 48

April 2010

£25	Edna Quinn	No.68
£10	Eric Pratt	No.18

Eaton Bray Cricket Club is kindly sponsored by F.A. Hawkins and M&M Properties

NORTHALL BAPTIST CHAPEL

Chapel Lane, Northall

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For more information contact: Steve and Helen Orchard 01525 373106

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invites you to

Eaton Bray
Methodist
Church

Café Community

Saturday 8th May 2010
10.30am to 12.30pm

Join in, relax, drink, snack, have fun,
explore the journey of faith with us
Come on in! You'll love it!
Children's Activities

A decorative graphic with a blue border and musical notes. It features a golden trumpet on the left, a green musical note icon, and a black piano on the right. The text "CALLING ALL LOCAL MUSICIANS!" is written in purple. Below the text, there are three circular illustrations: a man playing a guitar, a man playing a double bass, and a man playing a saxophone. The background is white with musical notes scattered around.

**CALLING
ALL LOCAL
MUSICIANS!**

We are looking for local jazz, pop, folk, and rock singers to perform in the 'EB Festival' music tent at this year's carnival. This should be a really entertaining day and hopefully will raise lots of money for Carnival funds. If you would like to take part in a great music event on Saturday 3 July 2010, please telephone 01525 220535 for more information about auditions.

Three circular illustrations of musicians. The first shows a man in a blue t-shirt playing a guitar. The second shows a man in a blue shirt playing a double bass. The third shows a man in a red shirt playing a saxophone. They are all set against a light blue background with musical notes.

Churches Together would like to invite you to

A concert by a group of professional Christian musicians

Face2Face

who perform a wide variety of music, including classical, rock, jazz, pop, ballads and opera

at Eaton Bray Village Hall

on Saturday, 17th July at 7.30 pm
(Doors open 7.00 pm)

The evening will include a ploughman's supper
(please bring own drinks and glasses)

Tickets: £12.50 and £10.00 (for over 60's)

CD's will be available for purchase

For tickets contact: Chriss (01525 222288) or Debbie (01525 221482)

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SPRING INTO SUMMER a revue

Saturday 15th May 2010
at 7.30pm - Doors open 7.00pm

Eaton Bray village hall

Tickets £7.50 including Supper.



Bring your own drinks & glasses

Box office opens Mon 5th April: 01525 222283



Eaton Bray Lower School

Summer Fayre

Saturday 19th June

12.00 – 2.30pm



Make a date to come along for a fun day out at our Summer Fayre.

There's loads to keep all the family entertained including:

- Adult's and children's tombola
- Bric-a-brac stall
- Sponge throwing
- Refreshments and barbeque stall
- Photo opportunity with a famous character
- Space hoppers
- Cake stall
- Grab-a-bag
- Face painting
- plus loads more....

Everyone's welcome whether you have children at Eaton Bray or not.

Please come along to help support our school.

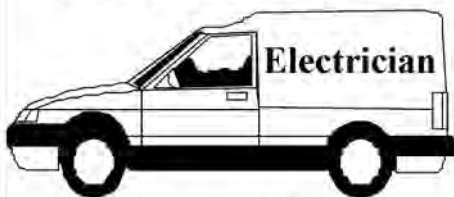
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Save the Date

Saturday 19th June 2010

All the fun will start
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DAGNALL
Day @ The Park



Saturday 8th May 7.30p.m.
St Mary's Church, Eaton Bray

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Sunday 13th June

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Eaton Bray Men's Group
(men and women welcome)

Dunstable: The Town at the Crossroads

A talk by Paul Heley

7:45 p.m.

Wednesday 19th May 2010

Eaton Bray Methodist Chapel

**Entrance £2
including tea and biscuits**

Contact John Digby (01525)375229



EDaN

Classical Music Concert

Edlesborough Church

Saturday 22nd May

7.30pm

Including the "Hunt" String Quartet by Mozart and the Quintet for Clarinet and strings by Weber as major parts of this attractive evening of chamber music

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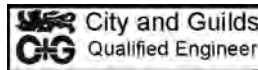
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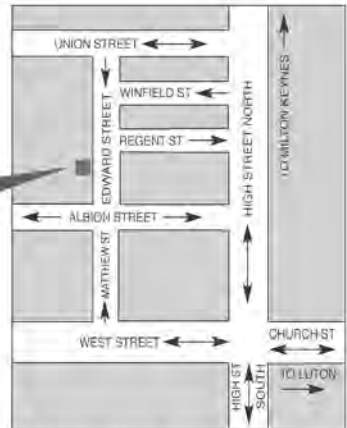
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Fish & Chip Night

*Thursday evening is Fish & Chip night, either takeaway or eat in.
Fish of the day in Norma's crispy batter with chips, takeaway £4.95
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Dagnall News

Over 60's

On April 20th our speaker was Geoffrey Travis. His talk from his time as Custom Officer was most interesting, the subject being 'Have you anything to Declare'. In the month of May our meeting will take place on the 18th. The details of this meeting will be revealed at our meeting on April 20th. and we are certain the surprise will be worth waiting for.

Dagnall School

Yoga Lessons

My name is Soraya Allison and I have been teaching yoga to children at Dagnall School for nearly 3yrs. I have been doing yoga for about 15yrs and still remember how amazingly calm I felt after my first class. When my children were little I noticed how they naturally moved into yoga postures, downward dog, squatting, sitting between the heels in hero and always with the most amazingly straight backs. They were my inspiration to start teaching yoga and it is a joy to spend so much of my time doing yoga with children. We head off on magical adventures and as we use our imaginations and weave our bodies in and out of postures I know I am passing on a gift to the next generation. Tools to help keep their bodies supple and strong, breathing techniques to calm them and most important, time to be still and quiet. I am now doing an adult evening class at Dagnall Village Hall on a Tuesday evening 7:45pm until 9:15pm hoping to bring these same gifts to parents.

If you would like to try Yoga, just turn up at Dagnall Village Hall on a Tuesday evening starting at 7:45pm or for further information on the yoga classes contact: Soraya Allison 07789 546795 or email soraya.allison@yahoo.co.uk.

Dagnall Village Hall Committee AGM

The Annual General Meeting of the Dagnall Village Hall Management Committee will take place on Wednesday 19 May 2010 at 7.45pm.

All residents of Dagnall aged 18 and over are welcome to attend and eligible to vote. The following officers of the committee will be elected:

Chairperson

Secretary

Treasurer

Bookings Officer

Anyone wishing to stand for election to one of the offices may obtain a nomination form from the secretary (telephone 842129).

Village organisations currently represented on the committee are Dagnall Church, Dagnall School, Dagnall Under Fives, Dagnall Over 60's and Dagnall Gardeners' Society. These organisations are invited to appoint a person to the committee as their representative. Any village clubs or societies not currently represented on the committee are welcome to attend the meeting in order to seek the opportunity to appoint a person to the committee as their representative.

Please do make the effort to attend the AGM – it's your village hall and you have an opportunity to influence how it is managed.



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i: onBucks www.ionbucks.info

Find out the facts about crime in your Neighbourhood

The website is designed to be easy to navigate and provide you with neighbourhood specific news, events, crime & incident figures and maps. Some figures are even displayed at postcode level so that you really know what is going on in your local area.

How i: on Bucks can help you:

- Display crime and incident figures for your neighbourhood in charts and tables
- See how many crimes or incidents occurred in your postcode
- View a map of crime or incidents for your district
- Change which crime or incident type you want to know about
- See where police stations, fire stations and hospitals are located
- View links to other useful and relevant webpages ranging from crime reduction advice to how to report anti-social behaviour
- Download documents relating to how the Buckinghamshire

To contact the i: on Bucks team please call 01296 382825.

Your police and local council working together to deal with local concerns about crime and disorder in Buckinghamshire.

All Saints, Dagnall - Services in May 2010

Sun. 2nd May	9.00 pm	Eucharist
	10.30 am	Morning Service
Sun. 9th May	6.00 pm	Evening Service
	10.30 am	Morning Service
Sun. 16th May	6.00 pm	Eucharist
	10.30 am	Family Communion
Sun. 23rd May	6.00 pm	Evening Service with Holy Communion
	10.30 am	Family Service
Sun. 30th May	6.00 pm	Sung Eucharist
	10.30 am	Informal Worship
Sun. 30th May	6.00 pm	Eucharist

Sunday School meets each Sunday at 10.30 am.



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Edlesborough Parish Council News

(including Edlesborough, Dagnall and Northall)

At the April meeting the Parish Council were very pleased to welcome Mark Taylor who has been co-opted onto the Parish Council as representing Dagnall Ward.

Water Leak, A4146 Leighton Road, Northall

Buckinghamshire County Council has removed the Willow tree roots from the drainage system and the drains will be jetted in due course.

Speed Limit Review – Area 13

The consultation period began on 31st March and will last for 6 weeks until 14th May 2010. Parishioners are advised to attend Public Consultation meetings, dates of which will appear on the Notice Boards, or to respond to a questionnaire which can be completed online via www.buckscc.gov.uk/haveyoursay

Play Around the Parishes.

The dates of the visits to Edlesborough, Dagnall and Northall were referred to in the April issue of Focus which should have had “Further information will be on the Notice Boards nearer the time” at the end which, due to a publishing problem, this was put at the end of the Water Leak report.

Village Freighter

The Freighter will be visiting the villages of Edlesborough, Dagnall and Northall on the following dates and times:

Edlesborough	-	Tues 18th May 12 noon – 3.30pm in the Memorial Hall car park
		Tues 23rd Nov 7.30am – 11.00am in the Memorial Hall car park
Dagnall		Tues 18th May 7.30am – 11.00am in Dagnall Village Hall car park
		Thurs 18th Nov 7.30am – 11.00am in Dagnall Village Hall car park
Northall		Wed 21st July 7.30am – 11.00 am in Northall Village Hall car park
		Wed 24th Nov 12noon – 3.30pm in Northall Village Hall car park

The relevant notices will be put on the notice boards as soon as received..

Dates of Parish Council Meetings

The Annual General Meeting will take place on Thursday 20th May at Edlesborough Memorial Hall commencing at 7.30pm followed by the Parish Council Meeting.

The General Purpose Committee meeting for July will be held on Thursday 1st July at Edlesborough Memorial Hall commencing at 7.30pm

The date of the July Parish Council Meeting has been altered to Thursday 22nd July 2010 commencing at 7.30pm at Edlesborough Memorial Hall. There will be no August meeting.

Memorial Hall & Pavilion Car Parks

The Parish Council would be pleased to hear views from parishioners regarding the article in the April issue of ‘Focus’ for the possibility of lockable gates/barriers to be installed in the car parks.

Allotments

One or two allotments remain available in Edlesborough. Please contact the Clerk for further information.

Litter Bin posters

The Parish Council has acquired a number of posters requesting motorists to ‘Kill

their speed' which can be stuck onto the green refuse bins. These will be distributed on a first come, first served basis and are available from the Clerk.

Edlesborough Village Sign

Council have approved the design of the sign which will be on display on the Green for the May 1st celebrations.

Car Parking

Following a problem with a car parked immediately across the entrance to the Edlesborough Memorial Hall, thus preventing access for hirers, motorists attending activities held on the Green are respectfully requested to take into consideration that access to the Memorial Hall and entrances to neighbours' driveways should always be left clear at all times.

'Kissing Gate'

The Council have requested a quotation to replace the 'Kissing Gate' by the roundabout on the Green adjacent to the High Street with a self-closing gate to make it easier for wheelchair users and children in pushchairs.

Lin Sargeant – Clerk to Edlesborough Parish Council – Tel: 01525 220859

E-mail: parish.council.clerk@edlesborough.gov.uk

Website: www.edlesborough.gov.uk

Edlesborough Memorial Hall Booking Secretary: Beverly Sage – Tel: 01525 229509

**Edlesborough
Parish Council Meetings
3rd Thursday of every month
7.30pm Memorial Hall
Next meeting: Thurs 20th May 10**

Important Information from Thames Valley Police

High Speed Train Meetings:

Following recent High Speed Train meetings within the Bucks area, Thames Valley Police have some concern over meetings that have recently been held in either local Village Halls / Public Halls whereby the attendance far exceeds the maximum capacity. This has led to a large number of people being left outside angry that they cannot enter and participate in the meeting resulting in police being called because of the potential for disorder.

We would ask those persons connected with Village and Community Halls within Buckinghamshire to ensure when an organiser requests to hire a venue for such a meetings that they have considered the number of people that could potentially attend and to be mindful of the maximum number of persons that can safely be accommodated at the venue.

We would also point out the dangers of owners of Village and Community Halls allowing excessive numbers within such buildings and that it is the responsibility of the organisers of such meetings to ensure they manage those attending with a view to the Police not having to be called to deal with potential disorder.

The intention of this request is to avoid police being called to such meetings which adversely effects the operational capability of our normal day to day response. It is not intended to stop venues being hired for such meetings.

Should you have any questions please do not hesitate to contact our Operational Planning Department on 01296 396210



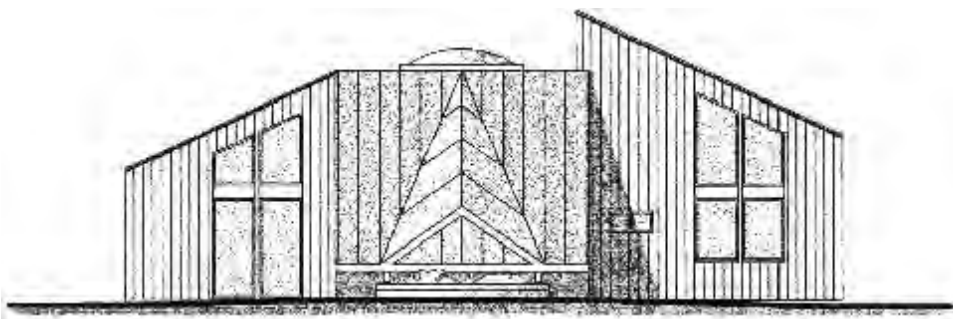
Eaton Bray Lower School

TOP MARKS!

The opening paragraph from the OfSTED inspection report, after their October 2007 visit, said this about EBLs:

"Eaton Bray Lower is an outstanding school. It modestly evaluates itself as good with some outstanding areas, but it is better than this. Its self-evaluation is correct in identifying strengths and areas for development. It provides an outstanding quality of education and care for its pupils and excellent value for money. Staff work exceptionally well in partnership with parents and the community for the benefit of all pupils. Pupils' enjoyment of school is impressive. The supportive parents are delighted with all aspects of its provision. Leadership and management are outstanding. The headteacher's vision for a school at the heart of its community is shared by the highly committed staff and excellent governors. This is set to become more firmly realised with the building of a new nursery with facilities for the local community and visiting professional from children's services."

Please come and visit our friendly village school. Phone 01525 220468 or email eaton@deal.bedfordshire.gov.uk



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Healthy School

Eaton Bray Cricket Club

During a sunny Saturday in early April, The Rye Gardens was transformed from a uninviting, soggy meadow into a cricket ground by Mick Flecknell's band of mostly willing helpers. The day was supposedly an event for ECB sponsors 'NatWest' to get involved in local cricket, but only marketing tee-shirts arrived at the ground, and not the promised extra pairs of hands. Despite this, a full quota of players made sure that the ground was ready for its first fixture on 17 April, versus British Airways.

Eaton Bray Cricket Club is fully prepared for the coming season, with two Saturday teams competing in the Four Counties League. The club has again entered the national village Cup competition, having failed miserably last season. This year Eaton Bray has been drawn at home to Wormley on Sunday 23 May. The club is looking forward to the fixture as it sees it as an opportunity to flex its muscles against some stronger opposition, and the winner of the tie knows it is only another seven matches until the final, at Lords! Spectators are warmly welcomed to attend this fixture, with likelihood of a barbecue afterwards.

Outdoor cricket practice is now in full swing on Wednesday and Friday evenings. The club is always encouraging of new players and can accommodate extra playing or non-playing members. If you would like to get involved please contact Ian Jones on 07956 340888.

MJ



Cheeky Monkeys Under Fives Playtime

We hope all our children and their parents enjoyed the Easter break! We have now been back at the village hall for a few weeks and have enjoyed all sorts of craft activities. We are looking forward to lots more fun activities, including seed sowing, summer pictures, nature paintings and ice creams!

If you are a new parent and need to get out with your baby, why not come along and meet us soon, we now have a great baby corner, safe and enclosed, well equipped with soft toys, Moses basket, play pen and everything your baby could want! Toddlers have plenty of push button toys, puzzles, dressing up and play figures and older children enjoy chalk boards, painting, home corner, work bench and much more. We are a friendly mother and toddler group, which meets each Wednesday during term time at 1pm in Eaton Bray village hall. No booking is required, just turn up! The hall is very spacious and bright - a great place to let your child loose with painting, playdough and chalk, just the things that you may not want to do in your own home! You can even let us clear the mess up at the end!

Entrance fees are only £1.50 per adult, £1 per child over one and 50p per child under one. Tea and coffee is served at 1.45pm, when the children sit down for a drink and a biscuit. We are especially grateful for all the extra cakes and cookies that parents have been bringing with them!

Don't forget we will be closed on 2nd June due to half term, reopening on 9th June. Cheeky Monkeys is run by three volunteer parents, Sarah, 07904 348113, Louise, 07784 165259 and Sue, 01525 222387. For enquiries please contact anyone of us. We look forward to welcoming you. All information is on our website, www.cheekymonkeys.btik.com.

Eaton Bray with Edlesborough Parish News

Vicar: The Revd Roger Chapman

Pastoral Matters: The Revd John Heffer, 35 Pebblemoor, Edlesborough (220618)

Church Wardens: Chris Banks (221556) and Peter Bennett (221284)

I can remember wondering, when I was younger, why it was that week after week in church services we would say ‘Sorry’ in our Confession when, whilst not necessarily leading a totally blameless life, I was doing what I felt was the best I could to ‘love my neighbour’.

But as I’ve grown older I’ve come to realise that Jesus’ understanding of what was meant by my ‘neighbour’ was rather more demanding than I had realised. He once told a parable, Matthew 25: 31-45, that well and truly shocked those who heard it and is just as telling today. Some people know the story as ‘The parable of the sheep and the goats’, others as ‘The final judgement’.

In the parable Jesus identifies two sets of people. To one set of people he said “I was hungry and you fed me, thirsty and you gave me a drink; I was a stranger and you received me in your homes, naked and you clothed me; I was sick and you took care of me, in prison and you visited me.” The other set of people, Jesus said, did none of those things.

The parable reports confusion in both groups – ‘When did we see you hungry, thirsty, a stranger, naked, sick, in prison?’ they said. Obviously neither group could recall having seen Jesus in distress, but Jesus’ startling retort was “I tell you, whenever you did (or didn’t do) this for the least important person, you did it for me”. Jesus turns upside down the idea of ‘neighbour’ – not just the person who lives next door but any person, anywhere, and especially those who are the most vulnerable and most in need. On that sort of scale I recognise that there definitely are times when I have, in the words of one of our Confessions, seen the ill-treatment of others and have not gone to their aid; when, through the actions of governments and big business, I have condoned evil and dishonesty and failed to strive for justice. It is too easy for us to turn a blind eye to the suffering inflicted on the poor peoples around the world so that we in the rich nations can live the comfortable lifestyles to which we have become accustomed. The church talks a lot about the hope of life after death, but many of the world’s poorest peoples get little chance to experience life before death.

Well, this month there is no excuse for turning our back on the world’s poorest people, for the week from 9-15 May is Christian Aid Week This is our opportunity to help people around the world to keep hope alive, through helping with the house to house collections or simply by being generous in our giving.

Please don’t ignore the cries of the world’s neediest people.

Gordon, Reader at St Mary’s Eaton Bray

Parish of Eaton Bray with Edlesborough

As a result of the ongoing uncertainty concerning our Vicar’s health and eventual return to Parish duties, temporary arrangements have now been put in place with the help of the Diocese of St Albans to provide additional support for this parish and its inhabitants.

Canon Christine Farrington, a retired Priest resident in Redbourn, has agreed to assist us for the foreseeable future, and to support the work of St Mary's and All Saints' churches.

She will become a key point of contact for parish queries and to advise and assist those who are involved either in parish pastoral mission – such as sick or bereavement visiting – or in outreach or contact with those outside the family of St Mary's.

The Revd John Heffer will, of course, still be closely involved in the day-to-day life of the church and it is hoped that the new arrangements will benefit and support his pastoral work.

Churchwardens

Services at St Mary's Church

SUNDAYS :

8.00am HOLY COMMUNION

10.00am PARISH SUNG HOLY COMMUNION

On Third Sunday of each month:

10.00am – WORSHIP FOR EVERYONE a shorter, less formal service for families. (For anyone wishing to attend a service where Holy Communion is offered, there is a Family Communion at 10.30am at All Saints' Church, Dagnall, where visitors are assured of a warm welcome).

WEEK-DAYS :

Tuesday: **2.00pm** Toddlers' Church (2nd Tuesday)

Wednesday: **10.00am** Holy Communion

EVERYONE WELCOME AT THESE SERVICES

St Mary's Parochial Church Council Meeting, 11th March, 2010

The members of the PCC continue to pray for Revd Roger Chapman and his family. Canon Malcolm Grant has invited members of St. Mary's to attend a service to celebrate the 40th anniversary of his ordination. This is at All Saints' Church, Leighton Buzzard on Sunday, 23rd May 2010 at 9.15 am.

The APCM will be held in Eaton Bray Village Hall on Tuesday, 20th April. The first part of the meeting to elect Churchwardens will start at 7.45 pm. The AGM itself will start at 8.00 pm. There will be vacancies for new members of the PCC. Nominations are invited from Church members; forms can be obtained from the secretary.

The Fairtrade breakfast attracted a steady flow of people and raised £139.

Attention was drawn to forthcoming events as follows: a review by the Edlesbray Players on 15th May, a Christian Aid concert on 16th June and a concert by Face2Face on 17th July.

The Parish Office will no longer be manned on Friday afternoons.

There will be a service on Ascension Day, 13th May, at 8.00 pm led by Revd John Heffer.

There is a proposal that a volunteer from Careforce could be employed to work in all seven parishes of the North Chilterns Group, This proposal has been accepted by the PCC and will be developed over the coming year.

Church Mouse



Thames Valley Police Update

Here is the latest Wing South Neighbourhood update from Police Community Support Officer (PCSO) Christine Baker.

Recent news

On Wednesday 10 March we held a 'Have Your Say' meeting at the Café in the park in Wingrave. If you were unable to attend this meeting but have an issue you wish to discuss with us do contact us via 08458 505505 or email us at WINGSOUTHNHPT@thamesvalley.pnn.police.uk

The CoP Card scheme which all Year 6 pupils at Edlesborough, Cheddington, Wingrave and Brookmead Schools are participating in started on 22 March. This is a police and community scheme that is running in all Buckinghamshire schools and involves pupils being involved in community activities. Each child will have to collect stickers to place on their cards. Stickers are awarded for completing tasks, challenges or attending events.

Neighbourhood Action Group (NAG) information

Speeding - PCSOs Dodson and Baker used the Speed Indicator Device (SID) to access speeding in Winslow Road Wingrave. The results showed that there is a problem here and the neighbourhood team will be returning soon with the speed gun.

Parking - It was discussed and agreed that areas across the Wing South neighbourhood would be researched to see which streets were having big issues with parking and at the next NAG meeting it could be decided how to best tackle these issues. Still under review.

Fly-tipping – The car park at Pitstone Windmill has now been cleared of all rubbish and signs have been erected informing people not to fly-tip or leave valuables on display.

Fly-tipping costs council tax payers and private land owners in Buckinghamshire:

- up to £1 million per year to clean up.
- it also costs us all a poorer environment.

In Buckinghamshire the **Illegal Dumping Costs** campaign (run jointly by the local councils as the Waste Partnership for Buckinghamshire and supported by Thames Valley Police) brings those costs back to the dumpers themselves:

- Over 135 offenders have been convicted in Buckinghamshire since 2006 at a rough average of one every 10 days.

This has helped change the fly-tipping problem in the county from a run away 10% annual increase ten years ago, to a one third reduction since 2003. Nearly half of all convictions have resulted from evidence supplied by eye witnesses to the offence:

If you believe you are witnessing someone fly-tipping, please take and write down the vehicle registration number and report what you have seen as soon as you can to:

- The Waste Partnership on **0845 330 1856**
- by email to **illegaldumpingcosts@buckscc.gov.uk** or
- on line at **www.recycleforbuckinghamshire.co.uk**

Illegal dumping often results from a waste producer (including householders) paying casual callers to remove their waste without making the required checks to ensure that

the waste carrier is legally authorised to remove the waste.

To check that the waste carrier is authorised, please

- call the Environment Agency on 08708 506 506 or
- check on line at www2.environment-agency.gov.uk/epr/

The publicity campaign promotes that we must all (even at home) do all we can to ensure that the waste carrier is authorised. It has been the law since 2005 and **if we don't make sure we are using a registered carrier** (please keep a record of who they are and how they may be contacted or their vehicle number) **then we risk a fine if our waste is dumped illegally by that person.**

Help us prevent fly-tipping.

See it... report it... call 0845 330 1856

Offenders brought to justice

On 7 March, a 19-year-old male from Leighton Buzzard was issued with an £80 pound fine for possession of cannabis in Northall.

On 20 March, Jessie Loveridge aged 31 from Repton Close, Luton was charged for breaking into a vehicle in the car park at Ivinghoe Beacon, Ivinghoe.

On 25 March, a 34-year-old male from Albert Road, Luton was arrested and charged for possessing cannabis on the Marsworth Road, Pitstone.

Crime statistics

For more information about the crime figures in the Wing South area please visit <http://maps.police.uk/>

At the time of writing this newsletter the official crime figures for March are not available however I will comment on the crimes we know about at this time. There were six theft from vehicle offences reported, three of which were in the beauty spot car parks. There were no robberies and one attempted house burglary. We had seven burglaries to out buildings which is a reduction of three burglary offences from February. From the statistics we have to hand we expect a reduction in crime this month which is good news.

Anti-social behaviour

In Cheddington this month we received a report of two cars racing up and down the High Street. One resident in Pitstone had eggs and oranges thrown at their front door whilst another in Wingrave had pasties and other food smeared over their car. Another Wingrave resident heard a knock on their door and when they answered it they discovered fishing line tied to it and several young people were heard running away. The reel was left behind and is now being kept at Wing Police Office. If you are missing a fishing reel please get in touch with us.

We have also received several calls from Wingrave about young people playing football in the street. This has been happening mainly in the evenings when residents are home from work and expecting a relaxing evening. There are good facilities in the village for playing football and we would ask parents to ensure their children use these and not the streets where the constant bouncing of balls disturbs other residents.

Steer clear of car crime across Aylesbury Vale

If you're thinking of taking advantage of the sunny weather with a walk in the Buckinghamshire countryside, don't let thieves spoil it for you.

Although vehicle crime in the Vale is one of the lowest rates across the entire Thames

Valley, AVDC and Thames Valley Police are asking residents to spare a thought for car security when visiting beauty spots in the coming months.

The misconception is that by parking in the middle of nowhere, possessions will be safer but the truth is that a quieter setting provides the perfect opportunity for a thief. Don't give thieves an easy opportunity. Follow the steps below to protect your car and valuables....

- Securely lock all doors and shut windows and sunroofs, even if you're leaving your car for just a few minutes
- Don't leave anything on display in your car, even a coat can be tempting
- Take all valuables with you – do not leave them in the glove box, in the boot or under the seat, this is the first place a thief will look

For a car air freshener or a 'no valuables have been left in this car' sign please call into customer services at Aylesbury Vale District Council, 66 High Street, Aylesbury or visit the AVDC desk at the Buckingham Centre, Verney Close, Buckingham. Information is also available at www.aylesburyvaledc.gov.uk/communitysafety If you are unable to travel due to a disability, please contact the Council on 01296 585615 and we can arrange to post the item.



Council and Police working together to reduce crime and disorder.

Up and coming events

The Local Area Forum is being held in the Memorial Hall, Edlesborough on Thursday 29 April. A drop-in session will be held before the main meeting between 5pm and 6pm. Members of the public are encouraged to call in and speak to their neighbourhood policing team.

Annual parish meetings are being held in Edlesborough on 15 April; Marsworth on 20 April and Pitstone on 27 April. The Wing South neighbourhood team will be represented by either PCSO Chris Baker or PC Jared Levens who will give an annual police report for each village.

We will be holding a 'Have Your Say' meeting on Saturday 17 April between 10.30am and 12.30pm at the coffee morning at All Saint's Church, Dagnall. All residents across the Wing South area are invited to come and "Have their Say" and speak to their local policing team. We would particularly like to see local residents from Dagnall so that they can inform us of any issues that are concerning them at this time. A similar meeting will be held in Cheddington on Monday 24 May at 7pm in the Methodist church schoolroom.

These meetings are an ideal opportunity for local residents to speak to their local police officers and PCSOs about any local issues. No appointment is necessary, just turn up and speak to your local officers. Further meetings will be publicised locally and on the force website at www.thamesvalley.police.uk.

If you want any advice or would like to contact the neighbourhood team you can call us on the police non emergency number 0845 8 505505 or email WingSouthNHPT@thamesvalley.pnn.police.uk. Please note this email address cannot be used to contact Thames Valley Police to report crimes or for any urgent matters. Alternatively you can visit the force website at www.thamesvalley.police.uk to view information on your neighbourhood.





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Wednesdays
1:00pm to 2:45pm
(During term time)
Eaton Bray Village Hall

Cheeky monkeys

under fives play time

£1.50 per adult / £1.00 per child / 50p under 1yr

creative play singing
stories baby corner
craft julec & biscuit
tea or coffee and more!

Come along, make new friends and join in the fun!



Edlesborough Under 5's

Monday - Friday	9.25 am - 12.00 noon
Tuesday & Thursday	12.45 pm - 3.15 pm
Tuesday Lunch Club	12 noon - 12.45pm

"The quality of teaching and learning is good. Children are actively involved in their learning, play independently and are assisted by staff to develop their confidence." "Group times at all sessions were very positive experiences for all the children and enjoyed by all present." "Children of all ages have the opportunity to develop their skills in all areas, supported by a dedicated staff team." "Children are encouraged to make choices and decisions throughout the day, supported by a staff team that know them well."

These are just a few of the comments made in our fifth OFSTED Report (March 2008 - available via our website). The report reflects the high quality of learning on offer to all children at Edlesborough Under 5's and highlighted the quality of teaching by the staff. We are currently operating a waiting list for 2 to 4½ year olds. If you would like to pop in for a look around, please phone Tracey on 07854 939226 between 9am - 12 noon, to arrange an appointment. A warm welcome awaits you.

**For registration details or to place your child on the waiting list,
please phone Sue Pickering on 01525 222199**

"We are an Equal Opportunities Employer" www.edlesboroughunder5s.org.uk

Let There Be Music!

Our community choir, now officially called “The Dagnall Community Choir”, is beginning to produce recognisable music.

Stuart Harding, our revered Choir Master and chief entertainer (when a member recently asked about their notes he remarked “Notes notes? We don’t worry about notes here”) is slowly knocking us into some sort of shape and on the odd occasion, when we all get our parts right at the same time, we make an amazing sound.

We are learning songs from popular shows, Oklahoma, Cats, Les Miserables, West Side Story, Fiddler on the Roof etc. and are now preparing for our first public “performance” at the EDaN Arts Festival planned for May with not a little trepidation.

We have become a fairly large Choir but will always welcome more. If you are looking for an uplift (and who isn’t these days?) there is no finer way than singing.

We meet every Monday in Dagnall Church, (by the roundabout), at 7:45 until 9:45pm with a short break for tea. Geoff Ward 01442 843515 or Val Lumley 01442 842214 will be pleased to handle any enquiries.

Edlesborough Under 5’s - Easter Egg Hunt

Our village Easter Egg Hunt was a fabulous success with the weather thankfully staying dry. The clues covered a wider area this year including the Ford, The Bell pub and the Eaton Bray triangle. This gave everyone plenty of exercise and worked up good appetites for the tasty refreshments available at the memorial hall at the end, including the very popular bacon rolls.

The colouring competition was judged by Claire from Edlesborough Stores & the winners were Alex Colclough for age 2-4, Harry Stanbridge for age 5 and Bryony Sweeby for ages 6-7

The winners’ pictures are displayed in the shop. There were no pictures from anybody aged 8+ so we changed the age bands.

Winners of other activities were:

Guess the weight of the Easter cake (1750g) - Maddy Mead

Guess the name of the Easter bunny (Blair) - Grace Blackmore

Guess number of eggs in jar (70) - James Carr

A big thank you to everybody involved for all their help & support.



Eaton Bray Methodist Church

We have now held two Cafe Community Saturday mornings and the response has been encouraging. The freshly brewed coffee, the smell of bacon in the air, the friendly chatter, the live music and the busy children’s activities corner have all contributed to make this a special time for our Chapel.

Our thanks go to everyone who has helped in any way and especially to all the village folk who have come along and supported us. Our next CAFE COMMUNITY will be on SATURDAY MAY 8th from 10.30 am until 12.30pm. If you have not yet tried it, come along and see what its all about.

**Eaton Bray
Parish Council Meetings
1st Monday of each month
7:30pm The Coffee Tavern
Annual Parish Meeting: Mon 10th May
Annual General Meeting: Tue 11th May
Parish Council Meeting: Mon 7th June**

TOTTERNHOE FETE

on the Recreation Ground

To be opened by **DAN MAGNESS**

Keepy Uppy World Record Holder*

Enquiries for Stalls

Tel: 01582 476887 or 07989 421069

Email: fete@totternhoecc.org.uk

ATTRACTIONS:

- Heart FM Radio (hosted by Babs)
- Rodeo Bull & Bouncy Castle
- Gladiators & Human Bungy Run
- Fun Dog Show (any dog welcome)
- Craft & Bric-A-Brac Stalls

- Bowling & Golf Games
- Five-A-Side Football
- Coconut Shy
- All Day Hog Roast & BBQ
- Bars & Food Stalls
- Real Ales
- Local Displays in Main Arena
- Drawing Competition Gallery
- Live Jazz Band 6pm till 9pm

• And Much More... **11am till late**



SATURDAY 8TH MAY 2010

* Subject to professional engagements

**WOULD YOU LIKE TO TRY BOWLING?
COME ALONG AND HAVE A GO**

**OPEN AFTERNOON
AT**

CHEDDINGTON BOWLS CLUB

SUNDAY 23 MAY - 2.00 PM to 5.00 PM

RECREATION GROUND, HIGH STREET, CHEDDINGTON



FREE TUITION

**WE WILL PROVIDE ALL EQUIPMENT INCLUDING BOWLS
SO JUST BRING A PAIR OF FLAT SHOES - TRAINERS WILL BE FINE**



ALSO - A SAUSAGE OR TWO OFF THE BBQ!!

News from Terry Jones

The new high speed rail route

You will be aware of the Government's proposals for the high speed rail route, which would cross parts of the Chilterns AONB where various options are being explored to lessen any environmental impact. The route would leave London via the Ruislip area, making use of an existing rail corridor. It would then cross the Chilterns in the Aylesbury direction, partly in tunnel before following the route of the A413 past Wendover, passing to the south west of Aylesbury.

AVDC held a Special Council Meeting on 14th April to consider their response to the consultation on the Exceptional Hardship Scheme. They believe that the rail route would be extremely damaging to the Vale.

Waterside Theatre

By now you will be aware that the new Waterside Theatre is due to open in Aylesbury on Tuesday 12th October with the Northern Ballet's Swan Lake, something not to be missed. Future shows will include Evita, Joseph and the Amazing Technicolour Dreamcoat, and the pantomime will be Cinderella. Tickets will be available on 0844 871607.

Cash help for village businesses

Aylesbury Vale District Council is hoping to boost the number of rural businesses taking advantage of grants available to help protect the future of everyday services. Administered by the council, the Vital Villages grant scheme provides funding for projects such as physical improvements to premises, the purchase of equipment to enhance services, marketing activities and staff training.

Grants of up to £5,000 are currently available. Applicants must be able to show how the project benefits their community and be able to fund half the costs of the project themselves. For example a grant of £5,000 was awarded to the North Marston Village Shop Committee to help towards setting up a community shop. Residents have been without a local shop since 1984 and the nearest supermarket is some distance away.

For more information about the Vital Villages grant criteria and eligibility, call Mena Caldbeck on 01296 585657, email mcaldbeck@aylesburyvaledc.gov.uk, or visit www.aylesburyvaledc.gov.uk/vitalvillages

Nominate your Village Pub of the Year

If you'd like to nominate your local for the 2010 Aylesbury Vale Village Pub Competition, go to our website or look out for nomination forms in your local pub. There are a number of categories you can nominate for, so whether your local is a true community pub, great for families, a fantastic gastro pub or just an all round great place to visit be sure to nominate them. Go to www.aylesburyvaledc.gov.uk/pubcomp or call (01296) 585165. Nominations close on 30 April 2010.

Want to join the voluntary pub judging panel? Email leisureservices@aylesburyvaledc.gov.uk or telephone (01296) 585165 and state in less than 40 words why you would be a valued addition to the panel.

Make a Splash without Flashing the Cash

More and more people are enjoying fun and fitness at their local pool thanks to the work of Aylesbury Vale District Council and organisations in Aylesbury Vale. For

those 60 and over there's the opportunity to enjoy free swimming (conditions apply) until 1 April 2011 and for those adults looking to learn to swim, develop their technique or try a fun water-based activity, the Make a Splash programme provides a wide range of opportunities available at specially discounted prices. See below for more information:

The Aqua Vale Swimming & Fitness Centre, Aylesbury (01296 488555) www.aquavale.com Swan Pool & Leisure Centre, Buckingham (01280 817 500) www.swanpool.org

Aylesbury Vale Community Chest

Project Grants up to £25,000 continue to be assessed three times a year, the next closing date is 9th July 2010. Microgrants up to £1,000 are reviewed every month. 250 grants have been awarded to local voluntary and community groups since the fund launched in March 2007.

The next round of Three Year Revenue

Funding from the Community Chest launched on 5th April 2010. Funding is accessible for any charity, community group or social enterprise providing services to residents of Aylesbury Vale. This is a two-phase application process for funding up to £25,000 per year from 2011-14.

In the first round covering 2008-11, seventeen organisations applied, and nine grants ranging from £7,500 - £25,000 per year were awarded. Phase I applications are due in by 11th June 2010. The 3YR funding stream will not reopen until 2013 (for funding from 2014-17), so please ensure eligible organisations in your area don't miss this deadline.

For further information about any of the grants available or to add your name to the waiting list for a 3YR application pack, please contact the Community Chest grants officer, Sarah Rothwell, 01296 585634, srothwell@aylesburyvaledc.gov.uk

Would You Like To Help Families With Young Children?

Barnardo's Support 4 Parents offers families a helping hand at a time when they are experiencing difficulties. We need volunteers who are warm, supportive and know what family life is like with young children. We ask that you visit a family on a weekly basis for 2-3 hours following an initial training course. To find out more, please call 01494 521189/442910, email nina.coles@barnardos.org.uk or visit www.barnardos.org.uk

Terry Jones,

AVDC Councillor for Edlesborough, Northall, Dagnall, Ivinghoe Aston

Email tjones@aylesburyvaledc.gov.uk, Telephone 01296 630062 Mobile 07884121657

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Eaton Bray Lawn Tennis Club



The new tennis season is really hotting up with the first of our competitive matches against other clubs in the South Beds league having taken place in late April. We have particularly high hopes of success this year, not because the Men's D team have been training especially hard; far from it in fact, unless training includes long nights of liquid relaxation in the White Horse and an unhealthily large number of chicken curries with extra poppadoms. No, our hopes are based on quality, youth and dramatically increased skill sets. Just like University Challenge, but without Paxman. We have ourselves a new coach! Not the old 52 seater charabanc variety that lumbers painfully from A to B, but a young, single seater, nimble footed type by the name of Sara Leavy. She arrives courtesy of Nick Boys who remains 'head' coach, just like Len Goodman is 'head' judge, but he can't play tennis. Mind you, have you ever seen Nick on a dance floor? Altogether now – 'He is not graceful - graceful he is... not'! Let's have a look at the old scoreboard. I'll clear this place.

Those of you up on the tennis scene may have already heard of Sara. She's been playing tennis since the age of four and has represented the county continuously over the years, and started playing for the ladies teams at the age of 12. That's the full Ladies teams, not the 12 and unders! She has been county number one in her age group since she was eight. That's even better than the captain of our Men's D team 😊. Sara has played at club, county and national levels and at the age of 18 was given a full scholarship to America at the University of Tennessee at Martin. In the four years Sara spent in America she consistently played in the top two positions on the team for both singles and doubles. In 2006 she was awarded Freshman of the Year in the Ohio Valley Conference and in 2009 she was Athlete of the Year at her University. As a coach, Sarah started at the age of, yes you've guessed it, 12, where she was a tennis assistant at Linslade Tennis Club. Sara has experience of coaching children and adults of varying standards and for the last 3 years has coached at a summer tennis camp at the University of Pepperdine in Malibu, California.

As you can imagine, we're extremely lucky to have secured the services of Sara, and with the long hot summer days approaching (well in Spain anyway) there can be no better time to 'come back to tennis'. Or even try it for the first time, so you can play along in your head whilst watching Wimbledon. It'll be nice to see you, to see you nice! Keep an eye out for details of our annual Play Tennis Day up at the courts on Saturday 19th June. This is a free tennis taster session for both adults (who are higher, higher) and children (who are lower, lower), members and non-members, so bring along as many friends and family as you can muster; we'll have spectacular offers available for any new members joining on the day! There'll be lots of fun tennis related good games good games, activities, competitions such as Fastest Serve and Longest Rally against the Coach (you must manage more than two, as you get nothing for a pair, not in this game), free giveaways, hopefully some tennis equipment and clothes for sale, plus our famous BBQ (I'm in charge, and there'll be up to 48 menu options)! Our ball machine may make a special appearance too... so come along and have some fun for a few hours, even if just to sit in the sun with a burger and chips (bring your own chips...)

More details of other events to come soon, including our Club Final's Day in September, more Round Robins, and another Quiz Night on Saturday 23rd October. The fun just never stops at EBLTC...!

For any further information about the club, including when we get together for our social tennis sessions up at the School Lane courts, or our various activities, you can visit our website at www.ebltc.org.uk; Alternatively please call Chairman Bernadette Hillman on 01525 222531, Coach Sara Leavy on 07561 571578, or if they're all out and I'm not out at my Bruce Forsyth Appreciation Society meeting, me, Andy Cross on 01582 477114. Thanks for being such great readers; you're so much better than last month's.

Edlesborough School Contributions



Year 3 and Year 4 Romans Work

Year 3 and Year 4 pupils at Edlesborough School have spent the Spring term studying the Romans. They enjoyed dressing up as Romans for a Roman Day and meeting the soldiers of Legion XV111. The children have also visited Verulamium Museum at St Albans and experienced handling Roman artefacts. Much of their literacy has been linked to the Romans.

Extracts from a persuasive leaflet for the Roman Baths by Alex Sibley, Year 3 **The Caldarium**

Visit our cleansing, cleaning caldarium! Do you need a clean? Do you need a soothing hot bath? Come to our scorching Caldarium, the perfect, hottest Caldarium in Rome! You will sweat so much you will feel like you have been flooded by water. Our slaves for the Caldarium will rub you with oil and scrape you with the strigil to perfection. You will definitely be amazed by how hot it is, it will clear out all the dirt still left in your pores as they open out.

The Frigidarium

Visit our fabulous, freezing Frigidarium! Want something refreshing? Then come to our last bath, the super frigidarium! Make yourself at home, the slaves will look after you. Have a swim. It is the coldest room ever, no other place is colder! Don't stop and look at it, just jump in. Feel it refresh you.

Extracts from information writing about Roman Soldiers by Ocean in year 4 **Weapons**

Roman forts were defended by ballistas, these were huge catapults that fired iron bolts. The Roman soldiers had all kinds of weapons, the biggest weapons they had were siege towers, battering rams and catapults. The smallest weapon they had was a dagger which was like a mini sword.

Duties

In their spare time Roman Soldiers had to clean their weapons. This had to be done regularly. If they were late for work they had to clean the lavatories (that was given as a punishment).



Highlights Of The Meeting For Eaton Bray Parish Council

Held in The Coffee Tavern on Monday 12th April 2010 at 7:30pm

Central Bedfordshire Representative/s

Ward Cllr Marion Mustoe wanted to raise the awareness of Dog Wardens, who work for Central Bedfordshire; they can be contacted/called upon by residents to patrol areas of concern with regards to dog nuisance. Residents need to call the main Central Bedfordshire Council enquiry line 0300 300 8632 and then ask for the Dog Wardens for this area. Ward Cllr Ken Janes reported a number of fly tipping incidents in the parish recently and asked that if residents see any incidents of fly tipping to contact Customer Services at Central Bedfordshire Council on 0300 300 8000 who will then deal with the matter accordingly.

Police Report

There have been 13 recorded crimes for the month. PC Dady wanted to remind all residents that they can view Crime Maps for the area on the Bedfordshire Police Online website:

<http://maps.police.uk/view/bedfordshire/central-bedfordshire/leighton-buzzard-rural/eaton-bray-totternhoe>

Miscellaneous Items

Ransom Strip/Mill End Close – The Parish Council were asked if they were in receipt of documentation confirming the named contact regarding this land. The Clerk confirmed that to date no such letter/documentation has been received and will make further enquiries to those involved for documentation showing legal ownership/representation for this land.

Speed Limits - The Clerk confirmed she is in communication with Central Bedfordshire Council as to the processes required for the implementation of speed limits/restrictions on the village roads.

Golf Signs/Litter Bins at School Lane Recreation Ground – The Parish Council are looking into placing signs at the entrance to the recreation ground (Wallace Drive entrance) stating NO golf, NO horse riding, NO motorised wheeled vehicles. A litter bin located near the car park is poorly situated and needs to be located to a more suitable location. The Parish Council is looking at a more suitable location for this bin to be sited within the recreation ground.

Future Eaton Bray Parish Council Meeting Dates

- (1) Annual Parish Meeting: Monday 10th May 2010, 7:30pm at The Coffee Tavern
- (2) Annual Meeting of Eaton Bray Parish Council: Tuesday 11th May 2010, 7:30pm at The Coffee Tavern
- (3) Parish Council Meeting: Monday 7th June 2010, 7:30pm at The Coffee Tavern

Parish Council Website: www.ebpc.co.uk

A full copy of the minutes for Eaton Bray Parish Council can be found on our website.

Contact Details For Eaton Bray Parish Council/Clerk

Office Hours: Tuesday/Thursday/Friday 09:30-13:30hrs [messages can be left on answer phone]

Parish Office: 20 Good Intent, Edlesborough, LU6 2RD [Tel 01525 222601/Email clerk@ebpc.co.uk]

Classical Music Concert at Edlesborough Church

May 22nd 7.30 pm



I hope you saved the date! The EDaN team is pleased to confirm the first concert in the EDaN Festival of the Arts initiative for the villages. This classical concert will include the "Hunt" String Quartet by Mozart and the wonderfully romantic Quintet for Clarinet and strings by Weber as major parts of this attractive evening of chamber music.

Jenny Nelson - clarinet

Edward Davies and Gillian Secret - violins

Robert Secret - viola

Julian Metzger - cello

The concert, part of the popular Aylesbury Vale 'Music in Quiet Places' programme for 2010, will commence at 7.30 pm on Saturday 22 May at St Mary the Virgin Church, Edlesborough. This is a ticketed event and tickets must be purchased in advance.

Tickets may be obtained from your local ticket agent in Edlesborough, Alan Williams Tel 01525 221926 (cash or cheques only please!) or email ajrwilliams@hotmail.com for a copy of the booking form. Tickets are £7.50 for adults and £3.00 for under 16s. Tickets may also be obtained from the booking office in Aylesbury using credit cards on 01296 585210, or by returning the booking form from the back of the programme (that you may come across in various AVDC locations) to AVDC Leisure, 66 High Street, Aylesbury, Bucks, HP20 1SD.

Tickets are limited so don't delay! Please support this event. You will be supporting EDaN, Aylesbury Vale Arts and the aims of the Churches Conservation Trust as well as having an evening of fine music. We hope to hold more music events at the church in the future catering for different interests.

St Mary's Ladies Guild

Members and visitors joined together on Wednesday 14th April and were welcomed by Deirdrea.

The afternoon's devotions were led by Jenny Hewett and birthday cards presented to Celia, Joan Thorne and Chris Biggs.

Deirdrea then talked through the outstanding business items, before introducing the speaker, Christine Horn, who would demonstrate 'arranging Spring flowers'.

Christine showed various smaller arrangement incorporating stunning flowers and foliage, textures and colours, style and focal points, evidence of a talented lady. There were many oohs and aahs as each completed arrangement was shown. Christine was thanked by Deirdrea and presented with a gift and thank you card by Marjorie Mann. A 'Spring Special' themed tea followed, which was greatly enjoyed by all, then the flower arrangements were raffled, with a delighted response from those who won them (and envious glances from those who did not win).

The next meeting to be held on Wednesday 12th May at 2.00pm, will be spent enjoying afternoon tea at the home of Joan Chappell, with the speaker being Jenny Moody of the Luton Ladies Refuge Centre. There will be a raffle and bring and buy stall.

Any queries please contact Deirdrea on 210426.

The Soldiers, Sailors, Airmen and Families Association

The Soldiers, Sailors, Airmen and Families Association, SSAFA Forces Help, the oldest of our military charities, reached its 125th anniversary on 13th February 2010. It was founded in 1885 to support the second expeditionary force to Egypt. Over the course of more than a century SSAFA has adapted and evolved to meet the changing needs of our armed forces and their families, not least in incorporating the RAF soon after the end of World War I.

As the number of fatalities and serious injuries sustained in Afghanistan, the latest of more than twenty military conflicts since WWII, continues to rise, SSAFA still plays a vital role in helping service families to come to terms with loss and life-changing injuries. Our two Norton Homes allow injured troops to spend time with their loved ones away from the hospital environment, giving them the chance to enjoy something akin to normal family life together - dining, watching films, short outings, talking and planning for the future.

Other forms of support include teams of social workers and health professionals, respite homes for families in difficulty, a housing advice service, holidays for disabled children. Anyone with any length of military service, however long ago, and any of his or her dependants, qualifies for help throughout their lives.

SSAFA shares responsibility for this national provision with other military charities, including some, such as the Royal British Legion and Help for Heroes, with very high profiles SSAFA's unique, if lower, profile contribution is in the direct contact between our volunteer caseworkers and individuals in difficulty. Caseworkers are expertly trained in the specific knowledge and skills needed to respond sensitively to a wide range of problems, whether practical, financial or emotional, and to secure appropriate help.

Teams of caseworkers are located in every county and city area in the United Kingdom. In Buckinghamshire, we currently have about 45 caseworkers who handle some 350 to 400 clients a year and probably help more than that because relief for one person very often means relief for other members of the family. SSAFA Bucks is here for Buckinghamshire people.

We need help - in three ways:

1. More clients. Despite our constant publicity we suspect that there are more people in our communities who would qualify for help but who do not come forward. Any help from readers in bringing our service to the attention of potential clients would be much appreciated.
2. More volunteers - for casework or for other roles in publicity, fund-raising, counselling or general help as a home visitor - would be welcome.
3. Donations supporting the work of the Bucks team would be gratefully received.

Cheques should be made payable to SSAFA Forces Help Bucks and sent to Edward Pepper, 7 Horn Street Winslow, Bucks MK18 3AP

For all other queries please call 01844 218349, in confidence.

John Lambert, Publicity Officer, SSAFA Bucks





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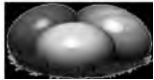
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Our Easter Egg hunt raised £450! A huge thank you to all who helped to make it such a success.

Thanks for all the CANS! CANS! CANS! And more CANS please!

We are still collecting aluminium cans which we can recycle for cash. Please put in the collecting bins at Janes shop in Edlesborough or at the Village Store in Eaton Bray. Every single can helps! If you have larger quantities then please get in touch and we will collect them from you. (N.B. Pepsi cans are not aluminium so unfortunately we can't use them!)



We can also recycle used printer and toner cartridges, mobile phones and PDAs and would welcome any unwanted gifts, raffle prizes or bric-a-brac. If you leave us a message on jamboree@centreboard.net or 07966 201852 we will arrange to collect items from you.

We are running a refreshment stall at Garden Scene in The Rye most weekends in May. Enjoy a hot drink and something to eat while you browse for your spring plants.



We will be at the Festival on the Green in Edlesborough on 1st May with a Teddy Tombola and at Totternhoe Fete on 8th May. Look out for our stall and come and speak to us to find out more.



Thank you for your continued support.

*Matthew Johnson, Miguel Garcia, James Tate,
Gemma Johnson, and Cody Plaats*



Edlesborough W.I.



At the start of our recent meeting a card was read from Peter, Linda Green's partner, thanking us for the donations to the charities in memory of Linda, and offering any help he could give us in the future.

Our speaker was Zena Dickinson, whose talk was on the history of Luton Hoo. She started to work there in 1985 in a very old fashioned office which was one of many divisions. Money was badly needed in the upkeep of Luton Hoo. As an example, Zena said that in her office there was one very dated typewriter to share between two ladies. Zena gave a history of the house, during which time it had many owners and also money problems. Some years ago she was asked to 'look after' the house for a year which, in fact, ran into eight years. During this time a number of films were made there, including Four Weddings and a Funeral. Zena helped to set up the arrangements, which provided a large amount of money for Luton Hoo. She remembers seeing many of the stars during the filming, particularly during lunch breaks, etc.

From 1997-99 the house was closed with only Zena and Keith, the gardener, in attendance. In 1999 it was bought and refurbished as a hotel and, up to the present time, the transformation appears to have 'saved' the old building. Wedding receptions, conferences and afternoon teas provide some of the attractions now.

Later in the month twenty-five members went to see "Calendar Girls" at Milton Keynes Theatre, and thoroughly enjoyed this amusing play.

Finally, a number of us attended the Group Meeting at Cheddington, when we were treated to some historical anecdotes by a lady who acts as a guide during tours of London.

Val Harris

Eaton Bray 7th Beer Festival

Friday June 4th and Saturday 5th June

Who would have thought, when we held our first Beer Festival back in 2004 with just 12 barrels of Real Ale and a Cider and Perry, that we would get to where we are today! We are, this year, having 30 barrels of Ale, 2 types of Cider (5 barrels) and 2 Perrys. It is our hope that with an extra 5 barrels of beer and more cider, over last year, we will not sell out prior to closing time on Saturday!

We are doing the usual things, on Friday, great music from around 8pm, Saturday afternoon a Children's magician, so bring the family down, see the show and then enjoy the sun (it has been booked for both days) whilst sipping a beer and overlooking what can only be described as the best view of any hall in Bedfordshire (or should that now be Central Beds?).

In the evening more fantastic music to while the time away.

If you are getting hungry then we will be doing superb burgers and sausages from Hines the Butchers, along with jacket potatoes and other goodies.

And if you don't drink the real stuff, we can offer lager or wine. If you are driving we have plenty of soft drinks, which will also suit the younger generation.

For full details please see our advert.

We hope to make this year even better than the previous 6!!

Remember this event is to raise money for the continued improvement of the hall and especially the carpark.



Thoughts on 11th April 2006

I am angry, I am cross,

Why me? I'm at a loss,

To explain the reason

I'm racking my brain,

What did I do to be in so much pain?

I exercised regularly, ate all my greens,

Didn't drink, didn't smoke,

(except in my teens)

Had three healthy children

who've children of their own.

All I do now is just sit and groan.

It hurts to stand, it hurts to lie down,

The pain's in my leg, my ankle, my toe,

The cause is a disc in my backbone

Yet it's the only part the pain leaves alone.

The solutions an op, so there's a way to go

Before I'm pain free, here's hoping it's so.

(the operation took place in May 2006)

Update on 11th April 2010

I really was in a mess,

Couldn't drive, couldn't garden

I truly wasn't happy you can guess.

I'm no longer in pain,

the operation a success,

I beg everyone's pardon for being a pain

I truly am happy again.

I came across this jotting when I was doing some much needed turning out, the coincidence of the date, made me get on my computer and update the 'poem'.

Anon





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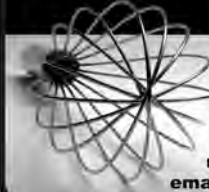
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Edlesborough Book Group



A Spot of Bother by Mark Haddon



Mark Haddon's first novel, 'The Curious Incident of the Dog in the Night-time' won the Booker prize and had been read and enjoyed by most members of our group. Consequently our expectations of his second book, 'A Spot of Bother' were rather high. The story concerns George and his family. At first glance, an ordinary family in the throes of an unexceptional situation: a family wedding. But, as the book progresses, each member of the family proves to be in a personal crisis, thus adding to the chaos of the forward planning of the wedding.

George, the head of the family, is newly retired and terrified of what appears to be a aimless existence stretching ahead. He discovers his 'spot of bother,' a lesion on his thigh which he wrongly assumes to be cancerous. This promotes thoughts of, and fear of death, triggering a breakdown. Around him, his family concentrating on their own concerns, are blissfully unaware of his trauma. His daughter is worried about her choice of groom. His wife is being unfaithful with one of his ex colleagues and his son hesitates to bring his boyfriend to the wedding, unsure how that will be received.

A Spot of Bother is darkly funny. It is very easy to read and at first seems lightweight, with short chapters and switches of viewpoint. As you read on, however, there are many observations of family life that are sharp and ring very true. The book deals with mental breakdown and homosexuality and raises a lot of social issues. We thought it a good book for a group to read and discuss. Most of our members rated it highly: although not as highly as Mark Haddon's debut novel.



Some comments from our recent Ofsted report (Jan 09):

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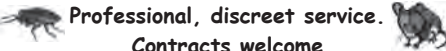
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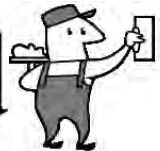
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Spring into Spring!



It's that time of year again when there is a notable increase in the activity of the Great British Runner matched only on a year to year basis by the Pre-Wimbledon fever that sees the local tennis Courts packed with enthusiasts!

Running or walking bring all kinds of gains from improved fitness to feeling positive, as the feel good chemicals kick in and let us not forget that satisfaction of achievement. Plus some of the running gear looks pretty cool too!

At the risk of stating the obvious though, when it comes to running, your feet are the most important asset for your success, in more ways than you think.

Take the big toe, for example, it likes to have freedom to bend up and down against the long bone just behind it. When it doesn't, it can contribute to back ache and other pains in the lower limb.

Inside the ankle is a bone that takes all the twists and turns of the foot and passes them up the leg. It too, can get stuck and make us feel that things just seem a "bit stiffer" or may contribute to muscles functioning poorly. They all affect smooth running.

A Podiatrist or Physiotherapist can check your running/ walking pattern to make sure you are using your feet correctly. They can advise on appropriate exercise, mobilise stiff joints and tight muscle tissue or suggest customised insoles/ orthotics to assist you in gaining smooth, injury- free, motion. Of course, corns, callouses, nail problems and blisters can create havoc with your running too and that is where a chiropodist can help.

So book an appointment with your local foot team today and put the spring back into your step!



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Please Support Iain Rennie

London Marathon and John O'Groats to Lands End Cycle Challenge

My future son-in-law, Mark Bastick will be running the London Marathon on 25th April and the next day will be cycling from John O'Groats to Lands End, hoping to complete within 2 weeks, cycling approx 80miles per day!!

Mark is running and cycling for The Iain Rennie Hospice in memory of a very dear friend of ours. Mark has fully funded both events and all sponsorship money will go straight to Iain Rennie.



If you would like to sponsor Mark you can do so online at:
www.uk.virginmoneygiving.com/markbastick or email markbastick@hotmail.com or kathybovington@hotmail.com
Marks mobile no. is 07766302646 if you prefer to call or Kathy's tel no 01442 842796 or 07790537032 to pledge your support.

By the time you read this article Mark will have completed the Marathon and be in the middle of the cycling. It's not too late to sponsor him and would give him the extra push he would need right now to keep going if I could tell him that people are still sponsoring him.



All donations however small would be very very welcome.

Thank you for taking the time to read this article and I will update you on the amount Mark raised and how things went in a future issue of Focus.

Best wishes

Kathy Bovington (on behalf of Mark Bastick and Iain Rennie)



St Mary's Village Carnival 2010

www.stmarysvillagecarnival.com

CARNIVAL 3rd July 2010

The Carnival will soon be upon us once again, here are a few bullet points to make sure you don't miss out!

- **The Carnival theme** for this year is – “Inventions” – So come and join the procession as anything associated with Inventions and Inventiveness; let your imagination run wild.
- **Decorate your house** as part of the Carnival Theme and brighten the route as the procession makes its way through the villages.
- **Can you provide any help to the carnival?**
For example:
 - Prizes, of any sort, for the various raffle and tombola stalls.
 - Items for the silent auction.
 - Can you assist with transport or provide the use of a lorry or van?
 - Can YOU provide help on the day of the carnival at any of the many charity stalls, even for a few hours?
 - Contact Gordon Gray on 01525 220136
- **Charity Stalls** - If you want to book a charity stall at the Carnival, call Chris Banks on 01525 221556.
- **Classic Cars** - If you have a classic car you would like to dust off for all our pleasure, call Roger Wilkinson on 01525 221137.

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9-15 May 2010 A WAY WE CAN CHANGE THE WORLD

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1. Around **300,000 volunteers** give their time to deliver envelopes door to door and put on events. We are part of this movement for change.
2. We are joining with more than **20,000 churches** in an unparalleled act of Christian witness to our communities – showing we care about justice and poor people.
3. In over **50 years** Christian Aid has grown an amazing heritage, together with over **600 partners** in over **50 countries**, fighting the scandal of poverty.
4. Christian Aid has a vision – **an end to poverty**. By being part of this week we're not only funding life-changing projects, we're helping tackle the root causes of poverty – helping too change the world for good.
5. **Money for nothing!** Every taxpayer who signs a Gift Aid declaration, on an envelope, is giving Christian Aid 28% extra – making even more development work possible in the world's poorest countries.
6. Christian Aid has successfully campaigned on 'dropping the debt' reform and trade justice. Christian Aid week helps world – wide **structural change** to take place.



POVERTY – LET'S END IT !

Christian Aid

A big thank you to all our collectors – who really try to cover all of our streets and roads.

However, if you are missed and would like to contribute please contact **Catherine Hayden EB 220527**, or **Richard Stroud EB 221086**, who will be happy to collect any envelopes.

Christian Aid

Yes we are back!

See you on the 16th June, 2010, at 7pm

Where?

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Concert

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Dagnall Alpacas
Photo taken by John Hockey

Deer at Ashridge
Photo taken by Linda Postawa



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A NEW KITCHEN

A new kitchen is often one of the largest purchases many of us make after our home or perhaps a dream car! The choice of styles, layout and equipment is endless and bewildering. Often we have an idea of what we would like but are unsure of how to achieve it.

It was over ten years ago that Rosie Graham recognised this and started to use her expertise as a designer to start her own small business, Kitchens by Design. Since then her attention to detail and truly personal service has left hundreds of home owners glad they chose to use her help and knowledge to achieve their dreams.

Kitchens by Design can supply and install your dream kitchen. A phone call to arrange an initial consultation and could start the ball rolling. Quotations are provided free of charge and you will not be subjected to any sales pressure!

Call Rosie on
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07768287393.

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Open mornings in 2010 are on February 12th, May 28th and October 15th but the Headmaster is always pleased to meet parents and prospective pupils.

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Dagnall Weather Station (AONB)

March has been another month of contrasting conditions, with the first half of the month cold and dry with 9 days below zero, down as low as -6.4°C and by the 18th of the month we had only had 3mm of rain. The second half of the month the spring came with temperatures of 17.5°C and with the warmer air from the southwest the barometer dropped and we had rain every day for the rest of the month.

The Dagnall weather station is now live on the web with 15 minute updates from approx 0800-2200 hours each day. <http://myweb.tiscali.co.uk/dagnallweather>.

If anyone has a question, comment or wishes to contact me please email: davidgkillick@tiscali.co.uk



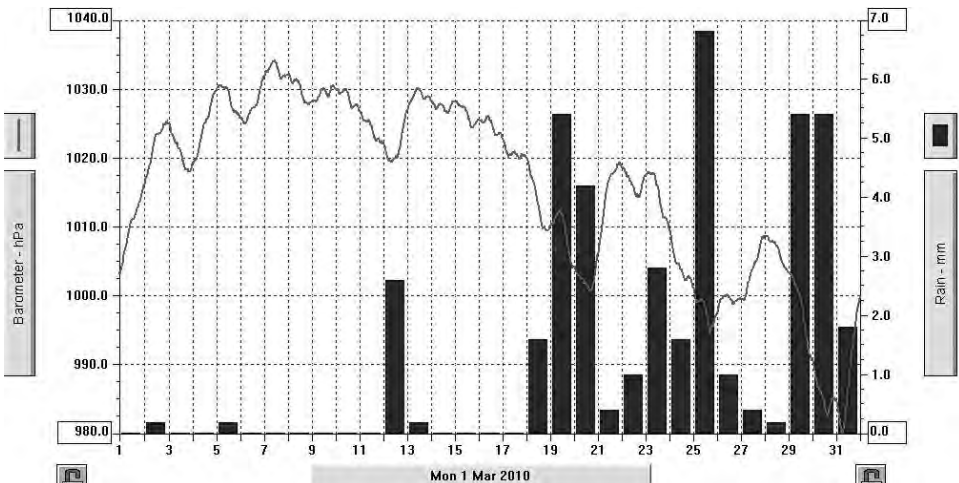
Weather Conditions for March 2010

Elevation: 450 ft – Latitude: 51° 50' 13" North - Longitude: 0° 33' 34" West

	High	Date/Time	Low	Date/Time
Temperature:	17.5°C	24 March 15.00	-6.4°C	7 March 06.30
Mean Temperature	5.7°C			
Dewpoint:	10.8°C	20 March 10.00	-7.9°C	8 March 07.00
Humidity:	100%	5 – 16 – 12 March	61%	10 March 15.30
Barometer:	1034.1hPa	7 March 08.30	980.2hPa	31 March 06.00
Wind Speed	34 mph WNW	25 March 18.00	Months avg.	6.5 mph
Wind Chill:	17.5 °C	24 March 15.00	-6.6°C	5 March 04.00
Dominant Wind:	NW			
<i>Rainfall *T= total rain days and moisture. R= Actual rain</i>				
*Rain Days: 18 (T), 16(R)	Total	Wettest Day 24 March	6.8mm	0.27 ins
Monthly Rain:	Total	March	42.2 mm	1.66 ins
Yearly Rain:	Total	2 Months	173.8 mm	6.84 ins

March 2010

Barometer showing the pressure dropping & Rain fall



Are You Listening, We Need You!

Are you a good listener, non-judgmental and willing to help others? If so you are needed to become a Samaritan and help provide confidential emotional support to anyone feeling down or distressed, including those who may be feeling suicidal.

Samaritans of Luton, South Beds & Harpenden will be holding their next Introductory Day at their Luton HQ at 33 Cardiff Road on Sunday 21st March. The day will start at 10.30 and last until mid-afternoon, and will include details of what it means to be a volunteer and the training involved. Please bring a packed lunch.

The most important thing is to be someone who can listen without prejudice. This might be a skill you don't know you possess. The only other thing we ask is that you do not judge people; we aim to be there for anyone who needs someone to talk to, on the phone, by email or even face to face.

One volunteer describes it like this.

"I like the idea of 'creating a space' from the moment we lift the phone, or at the door when we say "Hello, how are you doing?" That space isn't a physical space, it's an emotional space and it is a safe place for the caller to begin to discuss their feelings for as long as they need.

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We welcome people from all walks of life, and we have disabled access for wheelchair users.

Anyone over 18 who can commit to one shift a week, and one night shift a month is urged to attend.

It might just change someone's life - your own.

For more details phone 01582 720666, or email luton.publicity@samaritanseast.org.uk.



"Activity" - Iceland 2010

Well I returned from my training weekend to Snowdonia safely and in one piece - my fitness levels I'm glad to say were fine in the end... the only disappointment being that we were unable to climb Snowdon itself. Snow levels would have meant using crampons and ice axes to reach the summit - understandably it would have been irresponsible for all us novices to have attempted that! So here's the alternative route for anyone interested: Saturday started at Rhyd Ddu Walked up Y Garn - 633m, onto Mynydd Drws-y-coed - 695m, onto Trum y Ddysgl - 709m. Totals: distance trekked approx 9km, height gain of 580m. Sunday started at Gelliago Walked up to the summit of Cnicht - 689m. Totals: distance trekked approx 6.5km, height gain of 550m.

Less than a week later and the news broke of "Heightening of Activity" <http://www.icelandreview.com/icelandreview/> perhaps a bit too much volcanic activity for some (I thought "great, how exciting") I then spent probably far too long monitoring the situation with my fingers crossed for the trip in July.

Unfortunately the original booking for my trip fell through (not because of the volcanic activity, I hasten to add...) so a lot of my "spare" time has been spent finding

alternatives. I've now booked a slightly shorter trip to Iceland: (but am able to travel later in July therefore requiring less term-time absenteeism:) There shall be no affect upon the total raised for IRHH.

Morale as you may well imagine has been at times pretty low over the last 2 or 3 weeks so in a valiant effort to salvage some training purpose I signed up for the Iain Rennie Hospice at Home Goodnight Walk 2010 which will take place on Saturday 19th June at midnight. Maybe I shall meet some of you there.

Thank you to Ashton Middle School pupils and staff for the "Mufty", total donated to follow.

Donations gratefully received on <http://www.justgiving.com/janetickell> where the most up to date total can also be found - Thank you Jane

STILL WANTED PLEASE

Temporary loan of
Manual treadmill
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fund raising event(s)
in June & July for IRHH
Please contact me on
01525221204
or **jane.tickell@live.co.uk**

Table Corner



For a large gathering, there are very few houses indeed with dining rooms large enough to seat all your friends for a formal plated meal, so a buffet is often an excellent alternative. The key to making your buffet a success is to have easy to serve food (cold dishes would be the easiest) and to present it with some creativity. So here are a few tips to consider for your next event:

1. If possible, set the buffet table up in the middle of the room, so guests can access the food from both sides. This will help with the flow of traffic and decrease the serving time (you do want your guests to talk to one another rather than queue).
2. Try to create as many levels as possible on your buffet table. This is visually more pleasing to the eye than a plain flat surface. You do not need formal stands. Kitchen bowls, garden pots (clean obviously!) or any sturdy alternative can be covered with elegant linens, on which the dishes are then placed.
3. When using different heights, place non-dangerous items such as the bread basket or the salads on the higher levels.
4. Try to have a table that is as colourful as possible. Not all the china needs to match and seasonal flowers in small vases are always very attractive.
5. Place items in a logical order: first the plates, then main course followed by relishes then the napkins and cutlery. This way people have a hand free before they collect the cutlery.
6. If you have enough space, plan a different table for the glasses. Towards the end of the meal, when guests have all helped themselves to a drink, that table can also be used to serve the dessert.
7. Finally and it might seem trivial, don't forget to have a serving implement for every dish!

Bon appétit.

Pascale, The Little Dagnall Catering Company, www.dagnallcatering.co.uk, 01442 842 857

Salvation Sound - May 2010

In the centre of the garden stood a sundial, looking at it one could see writing around the dial, the message was, "I count only the bright hours".

Life is made up of many shades of feeling, when the sun shines it makes us feel happy, and more able to complete our daily tasks, but dull days bring lethargy, depression, restlessness. Some of us are experts at grumbling! Maybe that is because nothing is easier than finding fault. We, perhaps look at people and find fault with those who have erred and yet never remember our own weaknesses and failings.

What a pity it is that we cannot look at Jesus' beauty and be more like him. We like to remember the past when in summer the sun always seemed to shine, with the coming of Easter it was always warm enough for white ankle socks, sandals, summer dresses, and straw hats. A healthy diet, plenty of exercise, sound sleep, early rising, early to bed, no worries, made life seem like one long blessing; but there must have been rainy days. As we grow older we realise that life is not always beautiful, sorrow and sadness come to us and we have to find an inner strength to help us through the days; that strength which comes from God.

Memories then should be of sunshine and showers, we need both to help us to grow. Are we inclined to protest when the rain drips from our umbrellas day after day? Will we complain when the sun beats down mercilessly and our lawns turn brown? Well, probably, yes, but just remember that this is God's world and seasons of renewing and rebirth are necessary for the happiness of all mankind.

"Praise with elation,
Praise every morning
God's re-creation
of the new day".

There are times when we feel that life has given us too many hurts. How often have we stumbled, questioned? These things try our patience and our faith too! but sometimes we need this sort of thing to happen; slowly as we overcome each shadow in our lives we can look back and see the guiding hand of God, the One who holds His children in the hollow of His hand.

"Make no mistake about this... all we are given is good."

James 1 : 16, 17. Moffatt.

The Salvation Army, Booth Place Weekly Activities

Sunday

'Footprints' (Sunday School)	9.45-10.45am
Morning Worship	11.00am
Family Worship	
3rd Sunday in month	10.30am
Songs of Praise	
3rd Sunday in month	4pm

Monday

'Champion's Challenge' Club (Age 5 - 9 yrs)	5.30-6.30pm
Junior Club (age 9+)	
(Term time only)	6.45-7.45pm

Tuesday

Coffee Morning	
Once A Fortnight	10.00 - 12 Noon
Songster and band practice	7.30 - 9.00 p.m.

Wednesday

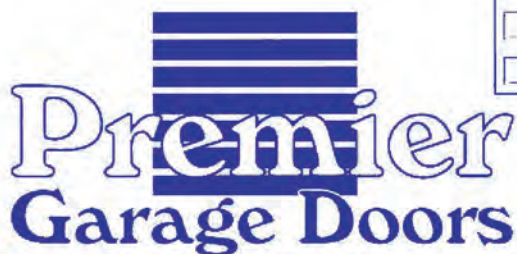
Home League (Ladies Meeting)	2.30-3.30pm
Weekly Bible Study	7.30pm

Thursday

Parent and Toddler Group (Term time only)	9.30-11.30am
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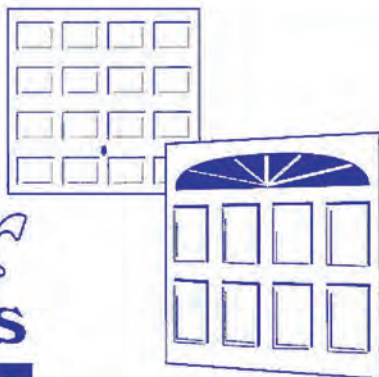
Thursday Evening

Ladies Fellowship	
Last Thursday in every month	7.45pm
For further details please telephone Captains Linda and Ray Charlton 01525 221156	



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